

# MID SHORE WRESTLING CLUB (MSWC) CODE OF CONDUCT

Our mission is to develop resilient athletes and outstanding individuals by fostering discipline, accountability, and courage—on and off the mat. Inspired by the strength and vision of the eagle, our wrestlers rise above adversity, lead with integrity, and serve others with humility. United by a shared purpose, we cultivate a culture of character and excellence, where every challenge is an opportunity to grow.

We depend on the support and cooperation of our families to uphold our values of sportsmanship, integrity, and personal growth.

## 1. Supportive Attitude:

- Encourage your child to enjoy the sport and focus on learning, effort, and improvement.
- Promote a love for the sport rather than focusing solely on wins and losses.
- Trust and support the coaches' decisions and their role in guidingSupport coaches and officials by respecting their decisions

## 2. Respect for All Participants:

- Show respect to all wrestlers, coaches, officials, volunteers, and other families, regardless of team affiliation.
- Refrain from negative comments or behavior toward players, coaches, officials, or opposing teams.

## 3. Positive Involvement:

- Engage positively in your child's wrestling experience, cheer supportively and avoid coaching from the sidelines unless officially assigned.
- Volunteer when possible to support the team and build a strong community.

## 4. Communication & Conflict Resolution:

- Communicate effectively and respectfully with coaches, addressing concerns privately and at appropriate times.
- Avoid public or group messaging, including social media, to voice grievances.
- Encourage open dialogue with your child about their experiences without undue pressure or criticism.

## 5. Sideline, Mat, Tournament Behavior:

- Demonstrate respectful conduct during practices, tournaments, and events.
- Applaud and support all wrestlers, including those from other teams.
- Refrain from arguing with officials, coaches, or other parents during events.

## 6. Safety & Wellbeing:

- Promote a safe and inclusive environment for all participants.
- Report any behavior that threatens physical or emotional safety to a coach.

**7. Respect for Facilities and Equipment:**

- Respect facilities, equipment, and resources provided by MSWC, facility partners, or hosting venues.
- Encourage your child to care for equipment and facilities to promote a clean and safe environment.

**8. Attendance and Responsibility:**

- Ensure your child attends practices, tournaments, and team events punctually and prepared.
- Notify coaches in advance if your child will be absent.

**10. Education and Awareness:**

- Stay informed about club communications, USA Wrestling guidelines, and upcoming events or responsibilities.
- Support community-outreach and educational initiatives that promote the well-being and development of wrestlers
- Support your child in understanding the values of sportsmanship, self-discipline, and team spirit.

**Important Notes**

- Tournament participation fees and travel costs are not covered by the registration fee and are the responsibility of the parent/guardian.
- Registration does not include a singlet, shoes, or headgear. Singlets will be available for purchase through our vendor.
- Financial aid and scholarships are available. Please contact the Head Coach before registration deadlines to request assistance.
- Trophies and awards are funded in part by registration fees and support the end-of-season banquet and celebration of each wrestler's hard work and progress.

**Acknowledgment:**

I have read, understand, and agree to uphold this Code of Conduct. I commit to supporting a positive experience for all athletes, coaches, volunteers, and families involved with Mid Shore Wrestling.

**Wrestler(s) Name:** \_\_\_\_\_

**Parent/Guardian Name:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_