



COVID-19 Positive Test Result – Follow Up Procedures, Updated 11/19/2020

If an individual on a team (player, coach, assistant coach, manager) tests positive for COVID-19, it must be reported to the team's coach, Director of Coaching and the club's designated COVID-19 officer as soon as possible. The positive test result must also be reported to the local/state health department so contact tracing can begin. Below are some important points of information that must be gathered when the positive test result is reported to the club:

- What date did the individual's symptom(s) first appear?
- What date was the COVID-19 test taken?
- What date was the positive test result received?
- What date was the individual last with the team? Training session, scrimmage, game, tournament, team meeting, etc...
- The individual is to self-isolate and is not allowed to attend or participate in any club activities (training session, scrimmage, game, tournament, team meeting, etc...) until the following criteria has been met:
- Individuals who tested positive with symptoms must self-isolate for 10 days from the date symptoms appeared. If symptoms appear after the positive test date, the 10 days begins when the symptoms appeared, and
 - The individual has been fever-free for at least 24 hours without the use of fever-reducing medication, and
 - Other symptoms are improving and no new symptoms appearing*
- *Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.
- Individuals who tested positive without symptoms must self-isolate for 10 days from the positive test date and remain symptom free during that time. If symptoms appear after the positive test date, the 10 days begins when the symptoms appeared.
- Testing negative does not allow the individual to end self-isolation or cut the self-isolation short.

The team will be informed of the situation, without mentioning the individual's name or sharing any other personal information. All other individuals on the team should be monitored closely for 14 days and get tested if any COVID-19 related symptoms appear during that time. Of course, other individuals on the team can get tested without any symptoms appearing and/or for peace of mind. Team activities may continue as scheduled, other individuals do not need to be tested before attending subsequent training sessions and games, provided no COVID-19 related symptoms appear.

For a period of 48 hours before the individual became symptomatic, to the date the individual informed the club of their positive test result, any team that trained or played with, scrimmaged or played against the individual also must be informed of the positive test result.

If an individual on the team (player, coach, assistant coach, manager) comes into close contact or is exposed to someone who tested positive for COVID-19, (the terms "close contact" and "exposed" have been updated to being less than 6 feet apart for a cumulative time of 15 minutes or more, even if wearing PPE) they are to self-isolate and are not allowed to attend or participate in any club activities (training session, scrimmage, game, tournament, team meeting, etc...) until the following criteria has been met:

- 14 days of self-isolation have passed, and
- No COVID-19 related symptoms have appeared.
- Even if an individual tests negative and/or feels healthy, they need to isolate as symptoms may appear 2-14 days after exposure to the virus.
- Testing negative does not allow the individual to end self-isolation or cut the self-isolation short.

Local Health Department guidelines and protocols may supersede any pieces of this document.