

2026 True Team Section 3AAA Meet
Tuesday, May 5th
Rain date: Wednesday, May 6th
Rosemount High School

TIMER & ENTRIES: Bob Ertl (Fast Finish Results) is our official timer for the meet. You will need to declare your true team roster on Athletic.net by **Saturday, May 2nd 8pm.** Changes can be made prior to the meet if needed. We will email you competitor numbers prior to the meet.

<http://www.fastfinishresults.com/>

TRANSPORTATION: Please have the team bus drop you off in the Rosemount Community Center Parking Lot. Teams will take the path down to the Stadium. RHS is in session until 2:30PM. **The buses will need to park in the Community Center Parking Lot (overlooking stadium) until the school lot/142nd St is clear.** Please share this with the bus driver.

SCORING: True Team Scoring – 3 individuals per event

BOYS & GIRLS TEAMS (1-27 individual events) 36-32-28-24-20-16-12-8-4 (Relays)

EXCHANGE ZONES:

4 x 100 Relay

1st exchange: Apple Valley, Jefferson

2nd exchange: Kennedy, Eastview

3rd exchange: Lakeville North, Lakeville South

4 x 200 Relay

1st and 3rd exchange: Prior Lake, Rosemount

2nd exchange: Shakopee

WORKERS: Each SCHOOL must supply 1 (one) adult and 2 (two) students TO WORK an event.

Schools can sign up, first come first choice.

<https://docs.google.com/spreadsheets/d/1W0H087yQ1nFbPgtDU00Pj8E6m4jGiHmJ1QiF0EDotUk/edit?usp=sharing>

*Rosemount is providing 1 official judge at every field event area. Please have your adult worker and 2 student workers check in at their assigned event 30 minutes prior to the start of the event.

ADMISSION: \$7 adults; \$5 students/seniors (cash only)

OTHER

Concessions will be available, there is water at the track, and a trainer will be on site.

Time Schedule

Coaches Meeting: 2:00 @the shed on the north end of the track

Field Events:

2:30	Girls/Boys High Jump (2 pits)
2:30	Girls/Boys PV (2 Pits)
2:30-6:00	B/G long (same pit)-cafeteria style
2:30-6:00	G/B triple (same pit)-cafeteria style
2:30-4:30	B shot/G disc(4 attempts,3 flights)
4:30-6:30	B disc/G shot (4 attempts,3 flights)

Track Events:

3:00	G 4 x 800 relay	1 ht
3:15	B 4 x 800 relay	1 ht
3:30	G 100 HH	4 hts
3:45	B 110 HH	4 hts
4:00	G 100m	4 hts
4:15	B 100m	4 hts
4:30	G 4 x 200 relay	2 hts
4:40	B 4 x 200 relay	2 hts
4:50	G 1600m	1 ht
5:00	B 1600m	1 ht
5:10	G 4 x 100 relay	2 hts
5:20	B 4 x 100 relay	2 hts
5:30	G 400m	4 hts
5:45	B 400m	4 hts
6:00	G 300 LH	4 hts
6:10	B 300 IH	4 hts
6:25	G 800m	3 hts

Girls Teams

Apple Valley
Bloomington Jefferson
Bloomington Kennedy
Eastview
Lakeville North
Lakeville South
Prior Lake
Rosemount
Shakopee

6:40	B 800m	3 hts
6:50	G 200m	4 hts
7:05	B 200m	4 hts
7:15	G 3200m	1 ht
7:30	B 3200m	1 ht
7:45	G 4 x 400 relay	2 hts
8:00	B 4 x 400 relay	2 hts
8:15	Team Awards	

Boys Teams

Apple Valley
Bloomington Jefferson
Bloomington Kennedy
Eastview
Lakeville North
Lakeville South
Prior Lake
Rosemount
Shakopee

*Start time is the same as last year. We will use 2 HJ pits with both genders competing at the same time. Boys PV will take place behind the home bleachers. Girls PV will take place in the infield on the South end of the track. With an 8 lane track we will need 2 heats for relays (4x100, 4x200, and 4x400) and 4 heats for individual events up to the 400m, 3 heats for 800m, and 1 heat for the 1600m and 3200m