

# Westonka Football Passing Academy



## Westonka Football Passing Academy (Entering Grades 5-12)

*(SPECIALIST POSITIONS ONLY - QB, RB, WR, TE)*

The Westonka Football Passing Academy is a 3-day 5-12 grade **NON-CONTACT** football camp that is dedicated exclusively to the specialist positions - QB, RB, WR, & TE. The Westonka Football Passing Academy will help players fully realize their potential on and off of the football field. Whether you're a QB, RB, WR, or TE, the Westonka Football Passing Academy will help you grasp the fundamentals of your position, and basic offensive and defensive strategies to improve, learn, and grow as student-athletes and football players. The Westonka Football Passing Academy will focus on the following components:

- *Quarterbacks: 3 & 5 Step Drops (Shotgun/Under Center), Progressions & Hot Throws, Footwork, Throwing Drills*
- *Running Backs/Wide Receivers/Tight Ends: Stances & Starts, Ball Catching Technique & Drills, Route Running, Releases*

Participants will be grouped by age, position, ability, and experience to allow coaches to progressively teach basic and advanced techniques to best benefit each group. All participants will receive a camp t-shirt.

**INSTRUCTORS:** Varsity Offensive Coordinator Mike Wallace, Varsity Quarterbacks Coach Greg Sullivan, Varsity Wide Receivers Coach Ryan Rank, & Guest Coaches

**EQUIPMENT NEEDED:** T-Shirt, Shorts, and Cleats or Tennis Shoes

### Entering Grades 5 - 8

Tuesday - Thursday, July 18-20

10:30am - 11:45am

MWHS South Fields

\$65

### Entering Grades 9- 12

Tuesday - Thursday, July 18-20

10:30am - 11:45am

MWHS South Fields

\$65

