



# The Torch

SYC Weekly Digest

August 16, 2022

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## SYC House of Speed - Nationals



What another spectacular season for the VA House of Speed (HOS)! Over 19,000 athletes from across the country competed this year in the Outdoor National Track and Field Junior Olympic Meet. The Top 8 in each event and age group qualified as All-Americans and received medals.

[Read More Here](#)

## OPEN REGISTRATIONS

### ANNUAL SPORTS

[Soccer Developmental Academy \(DA\)](#)  
[Track House of Speed Tryouts](#)

### FALL SPORTS

[Fall Cheer](#)

Fall Flag Football  
Fall Tackle Football  
Fall Kickball - Waitlist  
Fall Boys Lacrosse Clinic  
Fall Powerlifting  
Fall Rec Soccer - Some waitlist  
Fall Rec Soccer Monday Night Training (MNT)  
Fall Rec Soccer Goalkeeper Training  
Fall U5 Cubs Soccer  
Fall Pee Wee Soccer  
Fall UP Soccer  
UPSL Men's Soccer Tryouts  
Fall Softball  
Fall Volleyball - ES & HS Open

## FEATURED SPORT



Girls Fall Softball is starting soon! Are you registered?

[Read More and Register Here!](#)

## NEWS AND SPECIAL EVENTS

### Rec Soccer Uniform Process

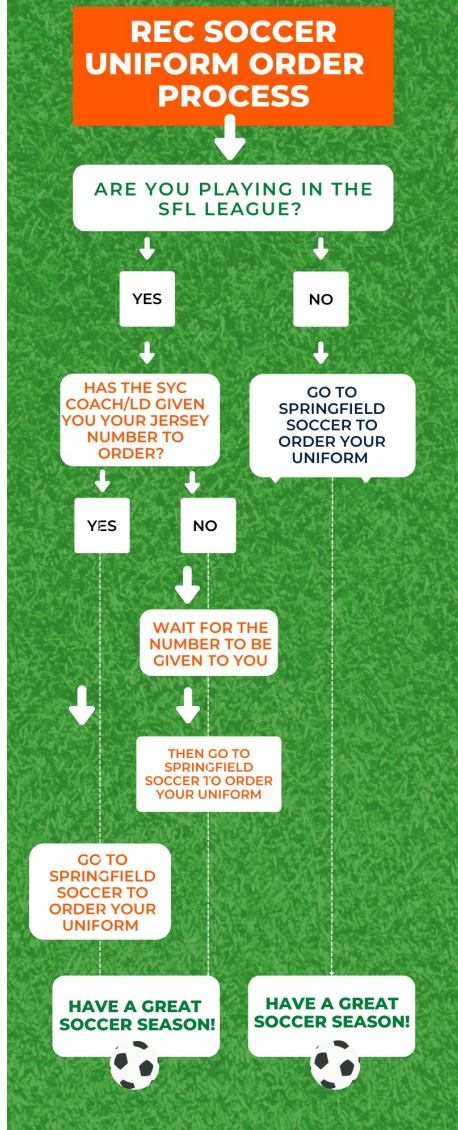
Everyone needs a SYC uniform to participate in rec soccer! If you still need a uniform, please follow the infographic instructions.

#### **What is SFL?**

The SFL (Suburban Friendship League) is an umbrella league where older teams play teams from other Fairfax County club teams to expand competition. It's mandatory for players in this league to have unique uniform numbers on their teams. Players must receive their number assignment from the coach/LD when ordering new jerseys. If you order a jersey without number assignment, and there is a number conflict, you will be required to reorder jerseys at your expense.

Players in these age groups are NOT in the SFL:

- \* Boys U6 - U12 (birth years 2017-2011)
- \* Girls U6 - U11 (birth years 2017-2012)



\* Girls U19 (birth years 2004-2006), and  
 \* Girls (birth years 2007-2008) who opted to play in the Girls U19

Everyone else is in the SFL.

Uniforms are purchased from **Springfield Soccer Store**, 7261 Commerce St, Springfield.

Questions? Email [nancycannon@sycva.com](mailto:nancycannon@sycva.com)

Rec Soccer Uniform Information



It is to announce supplemental tryouts for the 2010 and 2009 boys and girls age groups. Players can come to two sessions and see if they like the environment and professional training. Register for tryouts [HERE](#) and contact Este Maldonado at [estmaldonado@sycva.com](mailto:estmaldonado@sycva.com) for session details.



# Travel Soccer Team Manager Meeting

THURSDAY, AUGUST 18 @ 7:30PM



Travel Soccer will be hosting a Team Manager Meeting on Thursday, August 18th at the [SYC Clubhouse](#), 7201A Lockport Place, Lorton, at 7:30 pm. Team Managers, please plan to attend to receive important information to help you manage your team this season.

## FAMILY AND COMMUNITY



### Back to School Anxiety - Child Mind Institute

The start of the new school year is exciting for most kids. But it also prompts a spike in anxiety: Even kids who are usually pretty easy-going get butterflies, and kids prone to anxiety get clingier and more nervous than usual. Parents feel the pain, too: Leaving a crying child at preschool isn't anyone's idea of fun.

[Read More](#)

We'd love your feedback! Send questions or comments to [admin@sycva.com](mailto:admin@sycva.com).



NEVER MISS AN EDITION OF THE TORCH!  
The latest edition is always available at [sycva.com](http://sycva.com).

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