



Fremont Recreation Department Ice Rink Protocols/COVID-19

Facility Usage Guidelines

- All participants should bring their own water bottles. Please label the bottle and do not share it
- Keep your gear on during your session
- Bring hand sanitizer to use immediately after leaving the ice
- Do not share equipment, towels, jerseys, socks etc
- Shower immediately when you get home
- Wash your gear when you get home and disinfect throughout the day
- Come ready to skate as fully dressed as possible
- If needed, dress in your vehicle and put skates/helmet on when you arrive inside
- Arrive no earlier than 15 minutes before scheduled time
- No congregating in lobbies or common areas before or after you session
- Groups must leave promptly so the facility can be cleaned between rentals
- Avoid group interaction and maintain 6' distance when off the ice (no on-ice group celebrations)
- Coaches and instructors will monitor participants by administering to the COVID19 symptom checklist daily
- Participants and Coaches should wear PPE masks in common areas but not on the ice
- No spitting on the ice or in common areas
- **Locker room showers will not be available**
- Only 2 people per participant is allowed in the facility
 - Limited seating will be in the rink area so dress accordingly

COVID BASICS

- All patrons must follow all posted guidelines and markings
- PPE masks are required of all patrons entering our facility
- Carry out social distancing requirements by keeping a minimum of 6 feet per person
- Practice good personal hygiene by washing your hands with soap and warm water for at least 20 seconds. Cover your mouth when you cough or sneeze
- If you are feeling sick or have a temperature, STAY HOME!
- Fremont Recreation Staff will make regular cleaning rounds

ALL RENTAL GROUPS MUST SUBMIT IN WRITING A COVID 19 PROPOSAL FOR ON AND OFF ICE ACTIVITIES TO RECREATION CENTER MANAGEMENT FOR APPROVAL



Locker Room / Team Bench Guidelines

- Teams will be permitted to use locker rooms
- Players are required to come as dressed as possible
- Limit changing post event. Players are required to leave the rink as dressed as possible. We have a short window in between events to clean and sanitize
- While in locker rooms players and coaches must:
 - Wear masks at all times
 - Distance as much as possible
 - Showering is not permitted in locker rooms
 - Locker room assignments are to be followed accordingly to ensure proper sanitation

Facility Enter / Seating Procedures

- Host organization must check players and spectators in at the ice rink entrance
- Host organization will provide or designate a COVID monitor for all contest and practices. Rosters with contact information must be provided to Recreation staff if needed.
 - If a roster is not provided, teams and coaches must sign in prior to each game
- Maximum of two family / spectators permitted per player
- Spectators are to sit in the marked areas in groups of no more than two
- Spectators are required to leave the rink/lobby area immediately after the game ends so the seating area can be cleaned and sanitized
- Congregating prior or after the event in any area in the facility is NOT permitted

***Anyone not following these guidelines can be asked to leave at any time. Repeated offenses could lead to NO spectators during practices or events.**

***It's up to facility staff and host organizations to make sure people follow these guidelines**

Youth Hockey Representative

Date

