



The Torch

SYC Weekly Digest

[Calendar](#) | [Register](#) | [Website](#) | [Volunteer](#) | [Donate](#) | [SYC Store](#)



SYC's spring donation drive for 2021 will take place at the SYC office/warehouse on Monday, March 8th. [Bethany House of Northern Virginia](#) has been chosen as the recipient of our members' generosity. If you would like to help, the following items are needed:

- Cleaning Supplies
- Trash Bags
- Laundry Detergent
- Body Lotion/Body Wash
- Soap
- #5 and #6 Diapers

Why not start collecting now by purchasing an item with your weekly shopping and saving it for collection day on March 8th. As always, thank you for being there and supporting our community!

Read more about this organization here: bhnv.org

BETHANY HOUSE ELIMINATES DOMESTIC VIOLENCE ONE FAMILY AT A TIME

OPEN REGISTRATIONS

ANNUAL SPORTS

[Travel Soccer Tryouts](#)

WINTER SPORTS

[Basketball Clinics](#) - Start date pushed to Feb!

[Track Shotput Clinic](#)

SPRING SPORTS

Field Hockey

Boys Lacrosse

Girls Lacrosse

Rec Soccer

Rugby

U5 Cubs Soccer

Pee Wee Kickers Soccer

Softball

Track - **JUST OPENED!**

Volleyball

FEATURED SPORT



ready, set...

GO!

SPRING 2021 TRACK
REGISTER TODAY!

Join SYC Track this spring for age and skill-appropriate instruction that engages young athletes in track and field. SYC Track's primary goal is to develop athletes for gradual, long-term success in the sport. Athletes will develop proper form, basic running skills, and hone in on the skills needed for endurance running and fast, explosive sprinting. Join us to see why thousands of athletes have trusted SYC Track & Field over the years to provide an unrivaled introduction to this rapidly growing sport!

[Register Here](#)

NEWS AND SPECIAL EVENTS



WINTER RUGBY CAMP



West End/SYC Rugby players Griffin Marsans and Nathanael Fender, both high school Juniors from South County and West Springfield, respectively, were selected to attend Eagle Impact Rugby Academy (EIRA) Winter Camp in Casa Grande, AZ. The selection, as well as their performance at camp, puts them on the track to be selected as High School All-Americans. Players were selected from the best clubs nationwide, and Nathanael said, "the thing I liked the most about camp was the bonding that happened throughout it. At the beginning, the players that had been there before were all stuck together, and all the new people stayed by themselves. After just the bus ride everyone started to connect."

Griffin, selected for the 3rd time, noted how players need to push themselves to get better, but also need the good coaching that EIRA provides. "Camp was great, and I learned a lot, especially about how to train independently to be a better player. Because the camp was smaller this year, we had a lot (more) chances to get feedback from the coaches."

Their selection says as much about how Nathanael and Griffin have worked to get better as about our program at West End/SYC. Their perseverance, stalwart focus, and coachability are great examples to all West End/SYC players who should strive to follow in their footsteps.

Congratulations, Griffin and Nathanael!

Winter Flag Football Backyard Pickup



WINTER FLAG FOOTBALL BACKYARD PICKUP



LOOKING GOOD!

Winter Flag Football Backyard Pickup league is going great! With the help of many volunteers who stepped up to the plate to get this winter session up and running, we were able to get nearly 150 flag football players outside doing what kids are supposed to be doing - PLAYING! Thank you volunteers!

IN THE COMMUNITY



Things to Do at Home - What To Do When You're Bored At...

There are so many things to keep yourself busy at home as you do your part to socially distance. From historic attractions streaming shows to escape room fun, science experiments, and even a little opera, there's always something to do at home...

[Read more](#)
www.fxva.com



Order from multiple sport stores. Pay ONE shipping fee!

WINTER SPIRIT WEAR

SQUAD LOCKER

Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | www.sycva.com

