

name		
BOYS' 5K		
1	NATHAN	SCHULTZ 17.5
2	AARON	DEVINE 18.44
3	RYAN	SOENEN 18.52
4	CONNOR	MCNIESH 18.55
5	GAVIN	MESTERY 18.57
6	JOHN	GRAMER 19.13
7	MATTHEW	CARLSEN 19.22
8	EVERETT	CREIGHTON 19.39
9	LONDON	WAHLQUIST 21.26
10	CALEB	KUGEL 21.37
11	JARED	ENGH 21.46
12	ELI	GARLIE 21.51
13	HENRY	ALDRICH 21.55
14	JACOB	BELLIS 22.00
15	WALTER	BELLIS 22.04
16	ETHAN	ALVAREZ-BRY 22.59
17	COLLIN	DOMINGOS 23.01
18	SAM	AGA 23.03
19	OWEN	KREUTZFELD 23.07
20	GAVIN	GOETZ 23.14
21	CHRISTIAN	LANGER 24.08
22	BRODY	WHITE 24.19
23	ABRAHAM	BUNKERS 24.26
24	NOLAN	ANDRESEN 24.32
25	RYAN	SHOEMAKER 24.47
26	GRANT	ABELSON 25.25
27	KYLE	TOVAR 26.26
28	RYAN	GIDDINGS 26.38
29	OLIVER	BULMAN 27.37
30	LLEYTON	HAAS 28.54
31	LOGAN	HAAS 32.17
32	JUAN	FIGUEROA 35.32
33	TYLER	MESTERY
34	JACK	ALDRICH
35	JAMESON	AMEL
36	MICAH	ANDERSON
37	ISAAC	BJORK
38	BRADY	HIETPAS
39	NICHOLAS	OBELE
40	ROWAN	WHELAN
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name		
GIRLS' 5K		
1	STELLA	ALDRICH 22.3
2	SOPHIA	SLAVIN 25.51
3	SOLLI	PARK 29.01
4	AINHOA	CALAHORRO 29.16
5	MCKENNA	PARSONS 34.21
6	ANNA	NIPPERT 35.21
7	SOLBIE	PARK
8	LILAH	STROHKIRCH
9	SARA	FINDLAY
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22		

Boys' Scores:

V		JV	
Osseo	50	Osseo	45
Eagan	88	St. Thomas	72
East Ridge	111	Eagan	73
Park	116	Mahtomedi	88
Mahtomedi	142	Woodbury	100
Burnsville	170	Park	126
St. Thomas	177	East Ridge	189
Tartan	238	Hastings	242
Hastings	249	Tartan	286
Woodbury	283	Burnsville	289
CDH		320 St Croix	316

Girls'

V		JV	
Osseo	26	Woodbury	26
Mahtomedi	47	Osseo	34
Hastings	68	Hastings	80
St Croix	101	Mahtomec	95
Tartan	4 finishers	CDH	4 finishers
CDH	3 finishers	East Ridge	4 finishers
East Ridge	2 finishers		
Park	1 finisher		

This site is the only meet East Ridge has run every year since our school opened.  
 Nice work out there! Hot conditions again. Next week look to be good racing weather.  
 You were tough though! Like I said in person, it was obvious that you were there for each other!  
 We've talked about some race strategy.  
 You're showing some confidence in your pace and then digging down for that finish.  
 Next week's meet is Blaine.

"Meet" Letter points:

Boys'	Girls' 5K
9 points <18:31	9 points <21.34
6 points <19:45	6 points <23.00
3 points <20:45	3 points <24.37