

Sample Law Variations - 15s/12s/10s/7s

Improving safety and while increasing BIP time

	Rugby Texas Progression of Play								Comparison		
	Grades PK-K/U7s	Grades 1-2/U9s	Grades 3-4/U11s	Grades 5-6/U13s	Grades 7-8/U15s		Grades 9-12/U19s		RFU Community (Suspended)	Allianz Premier 15s (Pro)	Gallagher Premiership (Pro)
Gender	Mixed	Mixed	Mixed	Mixed	Single	Single	Single	Single	As per age group	Single	Single
Format	7s (preferred) 5s (alternative)	7s (preferred) 5s (alternative)	10s (preferred) 7s (alternative)	15s (preferred) 12/10/7s (alternative)	15s (preferred) 12/10 (alternative)	7s	15s	7s	As per age group	15s	15s
Game Time	30 minutes (4 quarters) ¹	30 minutes (4 quarters) ¹	30 minutes (4 quarters) ¹	40 minutes (4 quarters) ¹	50 minutes (4 quarters) ¹	14 minutes (4 quarters) ¹	70 minutes (4 quarters) ¹	14 minutes (4 quarters) ¹	As per age group	70 minutes	80 minutes
Substitutions	Rolling	Rolling	Rolling	Rolling	Rolling	Rolling	Rolling	Rolling	As per age group	WR Laws Apply	WR Laws Apply
Style	Non-contact	Non-contact	Contact	Contact	Contact	Contact	Contact	Contact	Contact	Contact	Contact
Rucks ²	No	No	1 player each side	1 player each side	WR Laws Apply	WR Laws Apply	WR Laws Apply	WR Laws Apply	WR Laws Apply	WR Laws Apply	WR Laws Apply
Mauls ²	No	No	No - PK	No - PK	No - PK	No - PK	One Stop	One Stop	No - PK	One Stop	WR Laws Apply
Lineouts ²	None - FK	None - FK	Yes - Uncontested (2 inc. thrower)	Yes - Contested (3) WR Laws Apply	Yes - Contested (5-7) WR Laws Apply	FK	Yes - Contested (5-7) WR Laws Apply	FK	Yes (5-7) - FK	WR Laws Apply	WR Laws Apply
Lifting	No	No	No	No	No	N/A	Yes	N/A	As per age group	WR Laws Apply	WR Laws Apply
Maul	N/A	N/A	No	No	No	N/A	In 22m Only No Joining One Stop	N/A	No	In 22m Only No Joining One Stop	WR Laws Apply
Scrum	No - FK	No - FK	No - FK	No - FK	No - FK	FK	1 Attempt -> FK Or FK Option	FK	No - FK	No - FK	WR Laws Apply
Penalty/FK Scrum Option	No	No	No	No	No	No	No	No	No	No	WR Laws Apply

¹ Additional water breaks as conditions dictate

² Referee controlled and interpreted