

Important information for all adults coaching youth athletics

The law requires all youth athletic organizations to educate coaches, athletes and parents on the risks of concussions and head injuries and prohibits participation in a youth activity until the athlete and parent or guardian has returned a signed agreement sheet indicating they have reviewed the concussion and head injury informational materials. **Concussion training information for coaches may be Found at <https://www.wiaawi.org/Health/Concussions.aspx>**

The law requires immediate removal of an individual from a youth athletic activity if any symptoms indicative of a possible concussion are present. A person who has been removed from a youth athletic activity because of a determined or suspected concussion or head injury, may not participate again until he or she is evaluated by a health care provider and receives written clearance from the health care provider to return to the activity.

There should be no same day return to play for any head injury.

Head injuries are difficult to assess due to the many signs and symptoms that may or may not immediately be present or develop over time. The table below is to help coaches make immediate sideline decisions for care.

Youth coaches are advised to follow these guidelines

1. If there is a witnessed head injury or impact blow to the body immediately remove the student from play report injury to parents. Do not return the student to play even if they deny symptoms.
2. If there is a questionable injury follow the same guidelines of removing the student from play and reporting information to parent. Do not return to same day play
3. If a parent reports to you that their student has sustained a recent head injury or concussion do not return to play until you have assurance of medical clearance.

Emergency 911 Transport	Urgent Medical Attention	Exclusion from Play	No same day Return to play, monitor, parent notification
<ul style="list-style-type: none"> • Any loss of consciousness • Unable to stabilize ABCs • Unable to control bleeding • Significantly altered mental status • Indication of cervical spine injury • Signs of deterioration • Severe pain or pressure 	<p>Age of student, Intensity and duration of symptoms determines level of urgency</p> <ul style="list-style-type: none"> • Confusion • Amnesia/memory disturbance • Vision disturbance • Intense headache • Dizzy, nausea • Balance disturbance • Visible head trauma requiring medical attention e.g. skin repair • Worsening of any of the above symptoms 	<p>Witnessed head injury</p> <p>Parent reports recent head injury and has not yet been cleared for participation</p>	<p>Signs and symptoms of head injury were minor</p> <ul style="list-style-type: none"> • All signs and symptoms diminishing or resolved < 30 min. • Documentation and parent notification completed • No same day return to play • Does not require medical attention

• Vomiting	activate 911		
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