



2025-2026 RISE VOLLEYBALL CLUB TEAM MATRIX

	LOCAL \$1,450	REGIONAL \$3,850	NATIONAL \$5,250	FLAGSHIP \$5,850
Practice Days	2 per week	2 per week	3 per week	3 per week
Practice Start	January	November	November	November
Practice Days	M-W	T-TH	T-W-TH	T-W-TH
Practice Site	RogueX	RogueX	RogueX	RogueX
# of Coaches	2	2	2	2
# of Players per Team	10-12	10-12	10-12	10-12
Power League	No	Yes	Yes	Yes
3-Day Tournaments	0	3	4	5
# of National Qualifiers	0	1	2	3
CEVA Bid Tournament (if eligible)	No	Yes	Yes	Yes
Nationals?	No	Yes- Only w/Bid to GJNC	Yes - With Bid: GJNC - Without Bid: AAU	Yes - With Bid: GJNC - Without Bid: AAU
Fees Include	Admin Fees, Equipment, Coaches Salary, Coaches Expenses, Tournament Entry Fees, Uniforms, Practices, USAV/AAU Membership Fees, Hudl & Balltime, Sports Recruits, etc.	Admin Fees, Equipment, Coaches Salary, Coaches Expenses, Tournament Entry Fees, Uniforms, Practices, USAV/AAU Membership Fees, Hudl & Balltime, Sports Recruits, etc.	Admin Fees, Equipment, Coaches Salary, Coaches Expenses, Tournament Entry Fees, Uniforms, Practices, USAV/AAU Membership Fees, Hudl & Balltime, Sports Recruits, etc.	Admin Fees, Equipment, Coaches Salary, Coaches Expenses, Tournament Entry Fees, Uniforms, Practices, USAV/AAU Membership Fees, Hudl & Balltime, Sports Recruits, etc.
Extended Season Expenses (If team qualifies for Nationals)	N/A	\$1,200/player	Included in Dues	Included in Dues
Travel Expenses Included	No	No	No	No
Discount Option If paid in full on tryout day	\$50 OFF	\$100 OFF	\$150 OFF	\$150 OFF
Monthly Fees Due	10th of every month- Beginning in December	10th of every month- Beginning in December	10th of every month- Beginning in December	10th of every month- Beginning in December
Uniforms	1 jersey, 1 pair kneepads, 1 sweatshirt and pant sets, (hoodies with # on sleeve), 1 Drawstring bag	3 jerseys, 1 pair kneepads, 6 pairs socks, 1 sweatshirt and pant sets, (hoodies with # on sleeve), 1 Sweatshirt Backpack	3 jerseys, 1 pair leggings, 2 pair kneepads, 6 pairs socks, 2 sweatshirt and pant sets, (hoodies with # on sleeve), Backpack	4 jerseys, 1 pair leggings, 2 pair kneepads, 6 pairs socks, 2 sweatshirt and pant sets, (hoodies with # on sleeve), Backpack
Season Start	January	November	November	December
Season End	March	May / July (If Qualify)	June/July	June/July
Deposit Due	1/2 of Dues(Due upon bid acceptance)	1/2 of Dues(Due upon bid acceptance)	1/2 of Dues(Due upon bid acceptance)	1/2 of Dues(Due upon bid acceptance)
Travel Area	Local (No more than 2 hours)	Regional (No more than 4 hours - not including qualifier)	USA	USA
USAV Membership Fee	\$70	\$70	\$70	\$70
Commitment Level	Attendance is expected at all practices and all tournaments - we will work with family obligations, and academic & athletic commitments with prior notice.	Attendance is expected at all practices and all tournaments - we will work with family obligations, and academic & athletic commitments with prior notice.	Attendance is expected at all practices and all tournaments - we will work with family obligations, and academic & athletic commitments with prior notice. Will have the opportunity to qualify for USAV Nationals	Attendance is expected at all practices and all tournaments - we will work with family obligations, and academic & athletic commitments with prior notice. Will have the opportunity to qualify for USAV Nationals

* This matrix is subject to change based on tryout outcomes, tournament changes, etc.



RISE Volleyball, Inc.
2025-2026 Parent Contract & Commitment

PARENT/GUARDIAN AGREEMENT:

Participation and support from RISE Volleyball Club parents are essential for the success of the club and enhances a positive experience for ALL club players. We ask that parents adhere to the following guidelines and procedures.

PARENT/GUARDIAN COMMITMENT:

Your commitment to RISE Volleyball Club begins with a **financial obligation**. The financial obligation should be met with the understanding that should your player decide to quit for **ANY** reason OR if she/he is dismissed from the club due to violations of **player or parent** contract, all remaining balances are due within ONE CALENDAR MONTH. This is contractually and legally binding upon signature.

Printed First & Last Name of Financially Responsible Party _____

Signature of Financially Responsible Party _____

Date _____

ATTENDANCE & ARRIVAL TIMES

- **PRACTICES:**
 - We run on "Lombardi Time" which is: Player needs to be **AT THE ASSIGNED COURT DRESSED AND READY TO PLAY 15 MINUTES BEFORE PRACTICE IS SCHEDULED TO START**

TOURNAMENTS

RISE Volleyball is committed to making participation as affordable as possible. This will require club players AND parents to be involved in and committed to fundraising and seeking club/event sponsorship.

PARENT & SPECTATOR BEHAVIOR

CEVA PURPLE CARD POLICY

CEVA, our regional governing body of USA Volleyball, has instituted the **purple card** as a means to handle inappropriate spectator behavior and it penalizes the team. If a RISE spectator is issued a purple card:

- 1st purple card will receive a written warning
- 2nd purple card is received **AT ANY POINT IN THE SEASON**, that RISE spectator will be unable to attend **ALL FUTURE** practices and competition.

I have included a copy of the Purple Card Sanction Policy with this contract.

I have thoroughly read and understand the attached Purple Card Sanction Policy.

_____ initials **AND** date of all parents/guardians.



Parent and Spectator Behavior:

These requirements apply to RISE practices, team events, local tournaments, etc. (think of this as **ANY** setting your player is in where he/she is there for **ANYTHING** related to their involvement with RISE Volleyball)

- Demonstrate respect for **ALL** individuals (other players, parents & coaches of other teams, officials, referees), events, event staff, facilities (courts, lobbies, restrooms, etc.) , facility staff, equipment, policies and procedures.
- Behavior and communication between adults and **ANY** youth (RISE athletes, other teams' athletes, score keepers, line judges, down refs) will be positive, encouraging, supportive and **KIND**

IMPORTANT!! If adult (parents, grandparents, aunts/uncles, cousins, extended family, family friends, neighbors, etc.) conduct is intrusive, aggressive, combative at **ANY** point during practice, competition or any other team events, **THEY WILL BE ASKED TO LEAVE THE EVENT IMMEDIATELY AND WILL NOT BE ALLOWED TO RETURN FOR THE REST OF THE EVENT!** (if it is a multi day event, they will be asked not to attend the remaining day/days). ***The players', other parents' AND coaches' mental and emotional well being are our first priority.***

3 STRIKE POLICY

- **1st Offense:** verbal warning
- **2nd Offense:** written warning
- **3rd Offense:** PLAYER and family dismissed from remaining club season. Dues are non-refundable and any outstanding balance must be paid.

TEAM CHEMISTRY AND SUPPORT:

Our club parents play a **critical** role in influencing the success of team chemistry. Our conversations, behavior and actions influence our children, their teammates as well as anyone in our presence. Please refrain from criticising your child, their teammates, coaches, opponents, and officials. These behaviors directly affect the short and long term success of your player and their team. ***A guiding principle should be, "if you would not want it said about you or your player, do not say it about anyone else."***

We understand how competition and playing to win drives excitement and energy, we kindly ask that our parents and spectators:

- be respectful of ***"time and place"*** conversations
- consider self regulated personal "time outs" as needed to manage personal competitive energy and possible unmet expectations.

PARENT / GUARDIAN CODE OF CONDUCT:

1. Celebrate your child's skills, contributions, improvements, and participation; refrain from comparisons and criticism.
2. Be respectful of ALL opponents, teammates, coaches, fans, and game officials at all times.
3. Demonstrate and model good sportsmanship.
4. Honor and respect timeliness/preparedness to practices, clinics, tournaments & team events.
5. Focus your parent coaching on positive attitude and personal goals. RISE coaches are selected based on experience, knowledge and training that makes them ideal for teaching volleyball skills and strategy.



6. Refrain from "Sideline Coaching" - if your athlete is more focused on looking at and listening to you while they are on the court, they are not listening to their coach or focused on and engaged with their teammates.
7. Communicate concerns at advised appropriate times to appropriate personnel, and follow club procedures for resolution.
8. Refrain from individual or team gossip; address concerns in a timely and respectful manner rather than let them intensify and grow beyond original concern.
9. Abide by the USA Volleyball and CEVA Parent / Spectator Codes of Conduct.
10. **DO NOT** interact with players (RISE or from any other club) while they are warming up, on the bench, actively competing, serving as scorekeepers, line judges or referees.

PLAYING TIME is determined by the coach/coaches and is based on:

1. **Effort**
2. **Attitude** (towards parents, coaches, teammates and SELF)
3. **Coachability**
4. **Attendance/Preparedness** (Lombardi's rule - ready to step on court FIFTEEN minutes before start time)
5. **Physical strength & endurance**
6. **Volleyball IQ** (understanding of rotations, where base is, etc)
7. **Position/Role** (Pin, Middle, Setter, DS, Libero, Serving Specialist, Utility Player, Culture Kid, etc.)
8. **Serving strength**

****Playing time WILL NOT be addressed during a tournament or within the 48 HOUR period following the conclusion of a practice or tournament. If the tournament ends on Sunday evening, parents can address concerns with a coach no earlier than the following Tuesday evening.****

_____ < *please initial here*

GRIEVANCE PROCEDURE POLICY:

- RISE Volleyball understands that when competition, training and evaluation can be met with different points of view and emotions. We understand and anticipate that conflict or disagreements may arise and we are committed to a path of positive, successful conflict resolution. Our grievance policy follows the grievance policy set forth by USAV Volleyball.
- There is a **48 HOUR cool down** time before coaches will respond to **playing time** grievances. There are too many emotions involved right after matches and tournaments for clear thinking and positive, constructive communication to occur.

Handling of concerns or questions:

- **PLAYING TIME:** the **PLAYER** will **FIRST** schedule a time to speak directly to her/his coaches **in person** to discuss the issues AFTER the 48 hour window has passed
 - If the player and coach cannot find a resolution of the player's issue, then parents may email/text a request for a meeting with the coaches.
- **NON-playing time concerns:**
 - email the coach regarding your concern, always copy a club director.
- **Concerns/complaints about coaches/staff:**
 - Please email a club director; a meeting with the director, coach, parents and player will be scheduled.



Our conflict resolution protocol is designed to promote transparency and resolution. Therefore, all parties directly involved in the concern and responsible for successful resolution will be involved and included in all discussions.

Coaches are happy to discuss your player with you and your player. Coaches and club personnel will not engage in discussions that involve comparing the playing time, skills, attitudes of other players to your player. Coaches **WILL NOT** discuss other players with you, just as you would not want them to discuss your player with other parents.

Acknowledgement & Agreement Contract

I understand this contract remains in effect from the date of contract signature and terminates on the last day of the season's competition (July 11, 2026). We agree to abide by the rules and procedures contained in this contract. We will not deviate from this procedure unless there are safety concerns for myself, a teammate or a member of the club. ***Failure to follow the rules stated in this contract may result in disciplinary actions up to and including dismissal from the club.***

Parent Pledge:

We, the parents/guardians of the above player/athlete, have read, understand, and agree to follow the RISE Volleyball Club parent guidelines and code of conduct. We understand and accept our financial obligations. We understand that club dues are **non-refundable** after the Letter of Commitment is signed and that should a player decide not to complete the 25-26 season for ANY reason, including club dismissal for behavior or financial issues, the remaining balance owed to RISE Volleyball is due within one calendar month from last day of participation. As parents and/or guardians of a RISE Volleyball athlete, we will work to contribute to the betterment of our club, our player's team, and our own representation by supporting and adhering to all components put forth in this contract.

Parent(s)/Guardian(s)

Printed name(s): _____

Signature(s): _____

Date: _____

RISE Volleyball Club

Club Email: risevball@gmail.com

Club Directors:

Cara R. Freeman, Executive Director & Founder

CJ Roberts, Director of Operations

Paul Elliott, Director of Coaching, Beach & Recruitment

Will Turner, Director of Coaching & Culture

Brandi Maurer, Director of Coaching & Tryouts



RISE Volleyball, Inc.
2025-2026 Financial Commitment

Financial Commitment

Participation in RISE Volleyball Club includes a binding financial obligation. If a player is unable to complete their season, voluntarily or involuntarily, or if the player is dismissed due to a violation of club policies, the remaining balance must be paid in full within 30 calendar days. The financial agreement is legally binding upon signature. The majority of the costs associated with a season of club volleyball is incurred by the club organization throughout the summer preceding the club season. This is the primary reason club dues are non-refundable and the balance must be paid even if the season is not completed by the athlete.

Deposit

A deposit in the amount of ½ of the club season dues are *due on the day of tryouts* at the time the athlete accepts a roster position. The deposit must be received at this time to secure a roster position.

In very limited instances, the deposit deadline may be paid in installments, but must be received in full by December 15, 2025 and the following action items must be met:

- Submitted CEVA Athlete Success Fund application if minimum requirement for application can be met. Minimum requirement is providing documentation for 1 of the following (these are the only documentation CEVA will accept; other forms of documentation, such as tax returns, paychecks, or bank statements are not accepted and may cause your application to be disqualified):
 - Proof of free or reduced lunch enrollment from their school district.
 - Proof of enrollment in, or a statement of benefits from, a state-funded or state-administered health care plan (e.g., the Oregon Health Plan).
 - Proof of enrollment in a state-funded or state-administered food benefits plan (e.g., the Oregon Trail program, Washington Basic Food program, or SNAP).

Apply Here: www.cevaregion.org/casf/

- Participation in club offered fundraisers
- 15 hours commitment to working at RISE local tournaments

Dues paid in full on the day of tryouts, at the time the athlete accepts a roster position, will receive the following discount:

- \$50 discount for local teams
- \$100 discount for regional teams
- \$150 discount for all national level teams (including Flagship)

Monthly Payment Plans

Deposits will be taken electronically via check or credit card. If you are only paying the deposit on the day of tryouts you will be prompted to select a payment plan and enroll in auto pay for the remaining payments. These monthly payment plans will be structured according to the length of your athlete's season.

- Local teams, 3 months. Auto payments will run on January 10, February 10 and March 10.
- Regional teams, 4 months. Auto payments will run on January 10, February 10, March 10 and April 10.
- National teams, 6 months. Auto payments will run on January 10, February 10, March 10, April 10, May 10 and June 10.

If monthly auto payments are unable to run for whatever reason, payment must be received and cleared before your athlete can return to practice and competition.



Athlete & Club Fundraising

1. Club sponsored fundraisers in support of individual athletes (all profits go to athletes club dues)
 - Available to all teams:
 - October - Willamette Pie Co.
 - November - Holiday Wreaths
 - Available to regional and national teams
 - March - Hanging Baskets
 - Available to national teams and regional teams who have qualified to attend Nationals in July.
 - May - To Be Announced
2. This February RISE will be conducting our first club-wide online fundraising event - a Valentine's themed "Support Our V-ball Sweeties" - with proceeds going to the club for the purpose of a scholarship fund and assistance with our approximately \$400,000 operating budget. We appreciate your support of this event.

Athlete Sponsorships & Tax Deductible Donations

RISE Volleyball, Inc. is a qualified, 501(c)(3) tax exempt organization. Donations received from individuals or businesses that do not receive anything of equal value in return (example: club dues) for their donation, may deduct the donation from their taxes.

Individuals and businesses who wish their donation to be used to sponsor a portion or all of an athlete's club dues do not receive tax deductible status for that donation.

Example 1: Sue Johnson, Insurance Agent, wants to donate \$1,000 to RISE Volleyball. Sue would like the entire donation to decrease the balance of Polly's club dues. This donation is NOT tax deductible.

Example 2: Sue would like to donate \$1,000. She wants \$500 to decrease the balance of Polly's dues and \$500 donated to RISE. The \$500 donation to RISE is tax deductible. (Sue can submit her business logo to be placed on the back of the club practice jerseys)

Example 3: Sue LOVES volleyball and just wants to help a non-profit volleyball club. She donates \$1000 to RISE. The \$1000 donation is tax deductible.

The 25-26 Player Sponsorship Form can be found in this packet and on our website.

If your athlete receives sponsorship or scholarship funds, those funds can be sent to RISE and we will credit that amount to their balance. These can be received by RISE and credited towards your balance until the 1st day of the last month of your athlete's season.

- Local teams last full month of season - March
- Regional teams last full month of season- April
- National teams last full month of season - June



RISE Volleyball, Inc.
2025-2026 Club Volleyball Season

Individual Player Donation Form

Thank you so much for your generosity and support for our athletes this season! The costs associated with playing club volleyball include court rental fees, tournament fees, player gear, practice equipment, mental training resources, coach compensation, recruiting resources, etc. Your support helps in so many ways and we sincerely thank you!

Donor Information:

Name/Business Name Phone
Address City, State, Zip
Email

Recipient's Information:

Player's Name
Total Donation Amount \$
\$ directly to athlete's 2025-2026 season dues (not tax deductible)
\$ tax deductible donation made to RISE Volleyball, Inc.**

*RISE Volleyball, Inc. is a qualified, 501(c)(3) tax exempt organization. For a donation to be tax deductible, it must be made without receiving anything of equal value in return. Therefore, if 100% of this donation is to be applied to the athlete's 2025-2026 club season dues, the donation is NOT tax deductible.

**Please indicate what % of your donation is to be applied to the player's dues (not tax deductible) and what % of your donation is a tax deductible donation to RISE Volleyball, Inc. Please also record this information on the detachable receipt below and keep for your records

Signature
Date

Please detach and mail information above with check made payable to 'RISE Volleyball' to:

RISE Volleyball, Inc.
Attn: Cara Freeman
2116 Woodlawn Dr.
Medford, OR 97504

----- Detach Here & Keep For Your Records -----

Recipient's Information:

RISE Volleyball, Inc.

Player's Name Tax ID 84-3946508
Total Donation Amount \$
\$ directly to athlete's 2025-2026 season dues (not tax deductible)
\$ tax deductible donation made to RISE Volleyball, Inc.**

