

**Plus
Girls &
Non-
Qualifier**



HOSTED BY	GROSSE ISLE WRESTLING CLUB <i>GIRLS AND NON-QUALIFIER</i>
WHERE	GROSSE ISLE HIGH SCHOOL ~ 7800 GRAYS DR, GROSSE ILE MI 48138
WHEN	SUNDAY, 3/22/2026 – SPLIT START 1ST SESSION: NOVICE WRESTLERS 9:00AM 2ND SESSION: START TIME <i>Will be emailed and posted on Facebook Friday 3-20-26</i>
WEIGH-INS & REGISTRATION	WRESTLERS MUST DECLARE THEIR WEIGHT CLASS WHEN REGISTERING. EAST FOLLOWS NO WEIGH-IN/AUDIT PROCEDURE ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.
AWARDS	MEDALS 1 ST -4 TH PLACE
ENTRY FEE	\$20.00
MEMBERSHIP	WWW.MEMBERSHIPWAYWRESTLING.COM
ADMISSION	\$6.00 ADULTS, \$3.00 CHILD
AGE GROUPS	AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLER'S BIRTHDAY AS OF DECEMBER 31, 2025) <i>PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION. A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.</i>
RULES	MODIFIED HIGH SCHOOL RULES <ul style="list-style-type: none">• MUST BE IN GRADE 8TH OR UNDER. ANYONE BORN IN 2010 MUST SEND PROOF WHEN REGISTERING FOR MYWAY.• ALL MICHIGAN RESIDENTS MUST BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.• AGE GROUPS 2021-2019 & 2018-2017: THREE, 1 MINUTE PERIODS• AGE GROUPS 2016-2015, 2014-2013 & 2012-2011 (2010 8TH GRADE ONLY) THREE, 1:30 MINUTE PERIODS• SINGLET'S OR T-SHIRT AND SHORTS ARE REQUIRED.• MOUTH GUARDS MANDATORY FOR WRESTLERS WITH BRACES• ONLY TWO COACHES PER WRESTLER WILL BE PERMITTED IN A CORNER.
COACHES	SEE MANDATORY REQUIREMENTS - WWW.MYWAYWRESTLING.COM/COACHESCORNER
NOVICE/ NON-QUALIFIER WEIGHTS	2021-2019: 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT 2018-2017: 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT 2016-2015: 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT 2014-2013: 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT 2012-2011: (2010-8 TH GRADE ONLY): 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT
GIRLS WEIGHTS	2021-2019: 40, 43, 46, 49, 52, 55, 61, 67, HWT 2018-2017: 46, 51, 54, 58, 62, 66, 72, 78, 85, 95, HWT 2016-2015: 57, 62, 67, 72, 77, 86, 95, 105, 120, 130, 150, HWT 2014-2013: 70, 74, 84, 90, 96, 105, 112, 118, 128, 140, 155, 180, 200, HWT 2012-2011: (2010-8 TH GRADE ONLY): 85, 95, 100, 108, 118, 128, 138, 148, 158, 178, HWT

PAIRING QUESTIONS/ISSUES EMAIL JIM ~ MYWAYEASTPAIRING@GMAIL.COM