



<b>WHERE</b>	BIG RAPIDS ~ 21175 15 MILE RD BIG RAPIDS MI 49307
<b>WHEN</b>	MARCH 17, 2019
<b>START TIME</b>	<b>1<sup>ST</sup> SESSION: 2014- 2008 WRESTLERS ~ 9:00AM</b> <b>2<sup>ND</sup> SESSION: 2007-2004, 2004-2003 (HS) &amp; 2002-2000 (HS) WRESTLERS ~ 12:00PM</b>
<b>WEIGH-INS &amp; REGISTRATION</b>	SEE PAGE 2 ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.
<b>AWARDS</b>	REGIONAL CHAMPIONSHIP MEDALS 1 <sup>ST</sup> -6 <sup>TH</sup> PLACE
<b>ENTRY FEE</b>	<b>\$15.00</b> A REGIONAL BRACKET WITH 16 OR LESS WILL QUALIFY TOP 4 TO STATES A REGIONAL BRACKET WITH 17 OR MORE WILL QUALIFY TOP 5 TO STATES HS AGE GROUPS QUALIFY TOP 4 ONLY IF A WRESTLER IN THE TOP 4 DECIDES NOT TO GO TO STATE - 5 <sup>TH</sup> OR 6 <sup>TH</sup> PLACE WILL BE ELIGIBLE FOR STATES.
<b>STATE QUALIFICATION</b>	
<b>ADMISSION</b>	\$5.00 ADULTS, \$2.00 CHILD
<b>AGE GROUPS</b>	<b>AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLERS BIRTHDAY AS OF DECEMBER 31, 2018)</b> <i>PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION. A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.</i>
<b>RULES</b>	<b><u>MODIFIED HIGH SCHOOL RULES</u></b> <ul style="list-style-type: none"> <li>• ALL MICHIGAN RESIDENTS <b>MUST</b> BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.</li> <li>• AGE GROUPS 2014-2012, 2011 &amp; 2010: THREE, 1 MINUTE PERIODS</li> <li>• AGE GROUPS 2009, 2008, 2007, 2006, 2005, 2004 (8<sup>TH</sup> GRADE ONLY), 2004-2003, &amp; 2002-2000: THREE 1:30 MINUTE PERIODS</li> <li>• WRESTLERS BORN IN 2003 WILL COMPETE IN 2004-2003 AT REGIONALS &amp; STATES REGARDLESS OF WHETHER THEY ARE IN HS.</li> <li>• SINGLETTS OR T-SHIRT AND SHORTS ARE REQUIRED.</li> <li>• ONE STEP ON SCALE AT WEIGH-INS</li> <li>• HEADGEAR <b>MANDATORY</b> &amp; MOUTH GUARDS <b>MANDATORY</b> FOR WRESTLERS WITH BRACES</li> <li>• 2014-2012, 2011, 2010, 2009, 2008, 2007, 2006, 2005 &amp; 2004 (8<sup>TH</sup> GRADE ONLY) RECEIVE A 1 POUND ALLOWANCE AT STATES</li> <li>• HS WRESTLERS HAVE <b>NO</b> WEIGHT ALLOWANCE AT REGIONALS OR STATES</li> </ul>
<b>COACHES</b>	<b>SEE MANDATORY REQUIREMENTS - <a href="http://WWW.MYWAYWRESTLING.COM/NUWAYSABEYAPS">WWW.MYWAYWRESTLING.COM/NUWAYSABEYAPS</a></b>
<b>WT. CLASSES</b>	<b>2014-2012:</b> 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT <b>2011:</b> 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT <b>2010:</b> 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT <b>2009:</b> 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT <b>2008:</b> 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT <b>2007:</b> 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT <b>2006:</b> 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT <b>2005:</b> 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT ~ (MUST BE 8 <sup>TH</sup> G&U) <b>2004:</b> 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT ~ (MUST BE 8 <sup>TH</sup> G&U) <b>2004-2003:</b> 88, 98, 106, 115, 122, 128, 133, 138, 143, 148, 155, 163, 174, 192, 218, 288 <b>2002-2000:</b> 106, 115, 122, 128, 133, 138, 143, 148, 155, 163, 174, 192, 218, 288 ~ (MUST BE IN HS)

**STATE PAYMENT** ALL WRESTLERS MUST NOTIFY REGIONAL STAFF WHEN PICKING UP MEDAL IF YOU WILL BE ATTENDING STATES. \$30.00 STATE FEE MUST BE PAID BEFORE LEAVING REGIONALS.

**OTHER INFO** ONLY TWO COACHES PER MAT WILL BE PERMITTED IN A CORNER.  
ANYONE OPERATING VIDEO EQUIPMENT ON THE MAT WILL BE CONSIDERED ONE COACH.

**CONTACT** MONIKA REPKE [REPSEM724@GMAIL.COM](mailto:REPSEM724@GMAIL.COM)  
ALL PAIRING ISSUES ~ CARRIE BEESON [CJBEESON72@GMAIL.COM](mailto:CJBEESON72@GMAIL.COM)

## **NORTH REGIONAL WEIGH-IN LOCATIONS**

St Louis	121 I & K Street, St Louis, MI 48880	March 15 <sup>th</sup> – 6:00-7:30 PM
Big Rapids MS	500 N Warren, Big Rapids, MI 49307	March 15 <sup>th</sup> – 6:00-7:30 PM
Last Chance -Big Rapids HS	21175 15 Mile Rd, Big Rapids, MI 49307	March 16 <sup>th</sup> – 6:00-7:30 PM