



## 2025 TOURNAMENT RULES

### **GAME FORMAT**

Warmup – 3 minutes

1<sup>st</sup> Half – 20 minutes stop time

One minute rest between periods

2<sup>nd</sup> Half – 20 minutes stop time

Resurface between games

6 goal lead at any point will result in running time

No Slap Shots – No Checking

One time-out per team per game

### **TOURNAMENT FORMATS**

#### **Round Robin:**

Teams will play pool play to determine seeding for Sunday games based on the point system and tiebreakers below. Pool games can end in a tie.

#### **Point System:**

- 3 points for a win
- 2 points for a tie
- 1 point for 1<sup>st</sup> half win
- 1 point for 2<sup>nd</sup> half win.
- 0 Points for tying a half.
- 1 point for a shutout

#### **Tiebreakers:**

- Step 1: Head to Head
- Step 2: Most Wins
- Step 3: Goal Differential
- Step 4: Fewest Goals Allowed
- Step 5: Coin Toss
- \*If multiple teams are tied that once a tiebreaker is settled, then repeat the process starting back at 1 until all ties are settled

If a game is tied after regulation during Sunday's playoff games (excluding championship), game will be determined by a 3-on-3 5-minute sudden death overtime. 3 on 3 play will continue until a winner is determined.

In the championship game, if game is tied after regulation, a 5-minute 5-on-5 sudden death overtime will be played followed by a 5-minute 4-on-4 sudden death overtime period followed by a 5 minute 3-on-3 sudden death overtime period until a winner is determined.

## **PENALTIES**

- 2 minutes for minor penalties
- 3 penalties in a game will result in ejection from the game
- Any fighting or intent to injure will result in immediate ejection from the game and can result in ejection from the tournament based on committee discretion.
- All referee decisions are final!

## **ELIGIBILITY**

- NCAA and former Pro players must be one season removed from competition
  - No players who were on active rosters during the 2024-2025 season are allowed to compete in the tournament.

**Good Luck to All Teams!**

