

2020 CALIFORNIA HIGH FOOTBALL SPRING SCHEDULE

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 WEIGHTS 3:10-4:15	3	4 WEIGHTS 3:10-4:15	5 WEIGHTS 3:10-4:15	6	7
8	9 WEIGHTS 3:10-4:15	10	11 WEIGHTS 3:10-4:15	12 WEIGHTS 3:10-4:15	13	14
15	16 WEIGHTS 3:10-4:15	17	18 WEIGHTS 3:10-4:15	19 WEIGHTS 3:10-4:15	20	21
22	23 WEIGHTS 3:10-4:15	24	25 WEIGHTS 3:10-4:15	26 WEIGHTS 3:10-4:15	27	28

2020 CALIFORNIA HIGH FOOTBALL SPRING SCHEDULE

April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 <i>EASTER BREAK OFF</i>	7 <i>EASTER BREAK OFF</i>	8 <i>EASTER BREAK OFF</i>	9 <i>EASTER BREAK OFF</i>	10 <i>EASTER BREAK OFF</i>	11
12	13 WEIGHTS 3:10-4:15	14	15 WEIGHTS 3:10-4:15	16 WEIGHTS 3:10-4:15	17	18
19	20 WEIGHTS 3:10-4:15	21	22 WEIGHTS 3:10-4:15	23 WEIGHTS 3:10-4:15	24	25
26	27 WEIGHTS 3:10-4:15	28	29 WEIGHTS 3:10-4:15	30 WEIGHTS 3:10-4:15		

2020 CALIFORNIA HIGH FOOTBALL SPRING SCHEDULE

May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 WEIGHTS 3:10-4:15	5	6 WEIGHTS 3:10-4:15	7 WEIGHTS 3:10-4:15	8	9
10	11 SPRING PRACTICE #1 3:30-6PM	12 SPRING PRACTICE #2 3:30-6PM	13 SPRING PRACTICE #3 3:30-6PM	14 SPRING PRACTICE #4 3:30-6PM	15 SPRING PRACTICE #5 3:30-6PM	16
17	18 SPRING PRACTICE #6 3:30-6PM	19 SPRING PRACTICE #7 3:30-6PM	20 SPRING PRACTICE #8 3:30-6PM	21 SPRING PRACTICE #9 3:30-6PM	22 OFF	23
24	25 MEMORIAL DAY OFF	26 FINALS	27 FINALS	28 LAST DAY OF SCHOOL		

2020 CALIFORNIA HIGH FOOTBALL SUMMER SCHEDULE

Jun-20						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	OFF	OFF	OFF	OFF	OFF	
7	8	9	10	11	12	13
	SUMMER WORKOUT #1 3PM	SUMMER WORKOUT #2 3PM PASSING LEAGUE @ Foothill 5:30	SUMMER WORKOUT #3 3PM	SUMMER WORKOUT #4 3PM	OFF	
14	15	16	17	18	19	20
	SUMMER WORKOUT #5 3PM	SUMMER WORKOUT #6 3PM PASSING LEAGUE @ MONTE VISTA 5:30	SUMMER WORKOUT #7 3PM	SUMMER WORKOUT #8 3PM		UC DAVIS 7 ON 7 PASSING TOURNAMENT ALL DAY
21	22	23	24	25	26	27
	SUMMER WORKOUT #9 3PM	SUMMER WORKOUT #10 3PM PASSING LEAGUE AMADOR @ CAL 5:30	SUMMER WORKOUT #11 3PM	SUMMER WORKOUT #12 3PM		
28	29	30				
	SUMMER WORKOUT #13 3PM	SUMMER WORKOUT #14 3PM PASSING LEAGUE TBA				

2020 CALIFORNIA HIGH FOOTBALL SUMMER SCHEDULE

Jul-20						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 SUMMER WORKOUT #15 3PM	2 SUMMER WORKOUT #16 3PM	3 OFF	4
5	6 SUMMER WORKOUT #17 3PM <i>Freshmen First Practice</i>	7 SUMMER WORKOUT #18 3PM PASSING LEAGUE LAS LOMAS @ CAL 5:30	8 SUMMER WORKOUT #19 3PM	9 SUMMER WORKOUT #20 3PM	10 OFF	11 POSSIBLE GOLF TOURNAMENT FUNDRAISER
12	13 SUMMER WORKOUT #21 3PM	14 SUMMER WORKOUT #22 3PM PASSING LEAGUE TBA	15 SUMMER WORKOUT #23 3PM	16 SUMMER WORKOUT #24 3PM	17 OFF	18
19	20 SUMMER WORKOUT #25 3PM	21 SUMMER WORKOUT #26 3PM PASSING LEAGUE TBA	22 SUMMER WORKOUT #27 3PM	23 OFF	24 OFF	25
26	27 OFF	28 OFF	29 OFF	30 OFF	OFF	

2020 CALIFORNIA HIGH FOOTBALL SUMMER SCHEDULE

Aug-20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 CONDITIONING WEEK 3PM	4 CONDITIONING WEEK 3PM	5 CONDITIONING WEEK 3PM	6 CONDITIONING WEEK 3PM	7 CONDITIONING WEEK 3PM	8
9	10 CAMP PRACTICE #1 PADS	11 CAMP PRACTICE #2 PADS	12 CAMP PRACTICE #3 PADS	13 CAMP PRACTICE #4 PADS	14 CAMP PRACTICE #5 PADS	15
16	17 CAMP PRACTICE #6 PADS	18 CAMP PRACTICE #7 PADS	19 CAMP PRACTICE #8 PADS	20 CAMP PRACTICE #9 PADS	21 CAMP PRACTICE #10 PADS	22
23	24 Logan Week	25 Logan Week	26 Logan Week	27 Logan Week	28 Game vs. Logan @ Logan 7PM	29
30	31 Antioch Week	1 Antioch Week	2 Antioch Week	3 Antioch Week	Game vs. Antioch @ Cal 7pm	