

Thompson Minor Hockey – Return to Play March 7, 2021

The purpose of this document is to educate and inform all members and participants of the Thompson Minor Hockey Association on protocols and guidelines put forth by Thompson Minor Hockey Association, Hockey Manitoba, Hockey Canada and the public health authority, to ensure a safe return to hockey for the 2020/2021 season.

**Please note this is a working document and is subject to change as required by Thompson Minor Hockey Association, Hockey MB, Hockey Canada, City of Thompson, or Manitoba Public Health.*

Definitions

- **TMHA:** Thompson Minor Hockey Association
- **TRCC:** Thompson Regional Community Centre

Self-Screening

All players, coaches, officials and spectators, are required to self-screen online, prior to attending practice or any TMHA event. Screening can be completed online at:

<http://sharedhealthmb.ca/covid19/screening-tool> OR, in Interactive Voice Response (IVR) format by calling: 1-877-308-9038.

Attendance tracking will resume using the TeamLinkt app once returning players are determined.

Individuals feeling ill, experiencing symptoms of COVID 19, or who have suspected/confirmed COVID 19, are not to enter the hockey environment. All individuals must follow the public health authority and Hockey Manitoba guidelines.

Protocol for symptoms of COVID 19

An updated list of symptoms can be found at <https://sharedhealthmb.ca/covid19/screening-tool/>. Any individual, who exhibits symptoms or has a suspected case of COVID-19, must adhere to the following protocol:

- Notify the Head Coach or appropriate team contact person immediately.
- The individual may be instructed to isolate.
- The individual must contact the local health authority to determine if a COVID-19 test is required.
- The individual will remain in isolation until a negative test result is received and/or a minimum period of 14 days.

If the test result is negative, but symptoms continue, the individual will remain isolated until a note from a physician or member of the public health authority confirms the ability to return.

Return to Play following an illness

- If COVID-19 test results are positive, the athlete will require clearance/advisement to return to play from a physician or member of the public health authority following the designated isolation period.

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Facility

- Players will be permitted two spectators at any TMHA ice session.
- All facility requirements must be strictly observed.
- All players, coaches, officials, off-ice officials, volunteers, parents, and spectators are required to wear a face mask when attending Hockey Manitoba-sanctioned activities. This includes all areas of the facility, including dressing rooms.
- All players, coaches, officials, off-ice officials, volunteers, parents, and spectators must hand sanitize prior to entering the facility. Hand sanitizing stations are available throughout the facility.
- *Players, coaches, and officials, **ARE** required to wear face masks while on the ice engaging in physical activity.*
- Players, coaches, officials, off-ice officials, volunteers, parents, and spectators will not be permitted to congregate in the lobby, hallways, or any area of the facility.
- Parents and spectators must follow seating configurations set by the facility.
- Players, coaches, officials, off-ice officials, volunteers, parents, and spectators are encouraged to arrive no more than 15 minutes prior to ice time and leave the facility immediately following the ice session (no more than 15 minutes following).
- *Player, coach, official, off-ice official, volunteer, parent, and spectator attendance will be tracked by sign in sheets at the facility entrance until further notice. .*

Team Hygiene

- Equipment such as towels and water bottles will not be shared.
- Water bottles need to be labelled with the players name, filled prior to arriving, and cleaned thoroughly before and after each event.
- Sharing food or drink will not be permitted.
- Washrooms adjacent to dressing rooms will be limited to one person at a time.
- Equipment such as jerseys, pant shells, socks, bandanas/skull caps and compression gear, should be washed after each ice session.
- Hand sanitizer will be available for all players and coaches throughout the facility, and on the bench.

Dressing Rooms

- *Dressing rooms are only permitted for use by Goalies at this time.*
- *All other players are to arrive and leave ice sessions with all their hockey gear on minus their skates, gloves and helmets.*
- *Benches and bleachers will be utilized for putting on skates.*

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U7/U9

- All U7/U9 ice sessions, will take place in the Gordon Beard Arena for the 2020/2021 season.
- All Players must arrive fully dressed with the exception of skates, helmet, and gloves.
- Bleachers will be marked, indicating safe seating for putting on skates, helmet, and gloves.
- Parents will be permitted to help their player with skates and equipment.
- Parents will have a dedicated set of bleachers for spectating.
- Players will utilize additional benches for social distancing.
- Players will remove skates, helmet, and gloves in the arena and exit the same door they entered, following arrows out of the facility.

U11/U9/U15/U18

- Players will adhere to facility requirements for entering and exiting the facility.
- Players will follow guidelines for social distancing in the facility, dressing room, bench, and penalty box.
- Players are encouraged to arrive fully dressed minus skates, gloves, and helmet.
- Coaches may designate a parent/volunteer for players who require assistance with their skates.
- Players should arrive at the facility no more than **15 minutes prior** to the ice session and leave no more than **15 minutes following**.

Ice Session Scheduling

The TMHA in partnership with the TRCC, will ensure that all ice sessions and events are scheduled to allow for social distancing and to help prevent the spread of COVID 19.

Updates – COVID 19

All Return to Play documents, protocols, and guidelines, will be updated regularly on the TMHA website. (Under the HOME tab – COVID 19). Once teams are established, all information and updates on COVID 19, as they relate to TMHA programming, will be communicated via the Head Coach or designate.

References & Important Links

- <http://www.hockeymanitoba.ca/return-to-play/>
- <http://www.hockeymanitoba.ca/return-to-play/tryout-evaluation-protocols/>
- <https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey/plans/safety>

If you have questions or concerns regarding the TMHA Return to Play, please contact:

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