



**STILLWATER GIRLS
LACROSSE**

FUTURE PONIES DAY CAMP

Saturday, September 25, 2021

9:30 AM to 2:00 PM

SAHS - Fields 2 & 3

U8, U10, U12, U14

\$60 per player

**HIGH-LEVEL TRAINING
SESSIONS | YOGA SESSION |
PONY SCRIMMAGE | MEET THE
PLAYERS AND COACHES |**

**Register for camp at the Stillwater Ponies Girls Lacrosse
Website: Stillwaterhighschoolax.com**



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LACROSSE**

FUTURE PONIES DAY CAMP

Camp Breakdown

9:30 AM Check-In

10:00 AM Training Session - Stations

11:30 PM Yoga Session

12:00 PM Lunch*

12:30 PM Training Session - Live Play

1:30 PM Scrimmage - Current Ponies

1:50 PM Questions for Players &
Coaches

2:00 PM Send Off

*Lunch is not provided