



Club Tryouts for 2019-2020



Our Mission:

The mission of Atlantic Valley Volleyball Club is to promote the sport of volleyball in the communities we serve and to provide an opportunity for boys and girls in New Jersey to elevate their skills, compete at the highest level possible and pursue their passion for the game of volleyball.



About AVVC:

AVVC is a member of GEVA, the local region of USA Volleyball. Last year, AVVC served roughly 205 boys and girls from Essex, Bergen, Hudson, Union, Middlesex, Somerset, Morris, Monmouth, Ocean, Passaic, Sussex, and Hunterdon Counties.

Practice Locations: Watchung Hills High School, Ridge High School and The Express Athletic Center (Edison).

Success: AVVC boasts the finest collection of volleyball coaches, many who currently coach college and features some of the finest junior volleyball players in the region, with success across all age divisions including multiple Junior National bids.

Alumni: AVVC has sent 100+ graduates off to play college volleyball at such institutions as Penn State, UNLV, Rutgers, UNC Charlotte, JMU, Lafayette, UTSA, Rider, NJIT, Hofstra, Providence, Bucknell, Elon, Iona, FDU, Lasalle, Quinnipiac, Delaware, Seton Hall, St. Francis, West Virginia, VCU, Loyola, UMES, UNH, St. Peter's, Lehigh, Sacred Heart and Holy Cross.

Age Group Eligibility Definitions

18's :: Born After 9/1/01
 17's :: Born After 9/1/02
 16's :: Born After 9/1/03
 15's :: Born After 9/1/04
 14's :: Born After 9/1/05
 13's :: Born After 9/1/06
 12's :: Born After 9/1/07

Club Fees Cover:

Uniforms (replaced every 2 seasons)
 Gym rentals, administrative costs, practice fees, volleyballs and equipment, insurance, coach reimbursement, speed and agility program with Plyocity and Parisi speed school, tournament entry fees, clinics and open gyms during season, end of season banquet for players (family members extra)

2019-2020 Club Tryout Dates

11-13's : 9/8/19 : 8:00am-10:00am : @ Ridge HS

14's : 9/8/19 : 8:00am-10:00am : @ Ridge HS

15's : 9/8/19: 10:00am-12:00pm : @ Ridge HS

16's : 9/8/19: 12:00pm-2:00pm : @ Ridge HS

17-18's : 9/8/19: 2:00pm-4:00pm : @ Ridge HS

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11-13's : 9/16/19 : 7:00pm-8:30pm @ Express Athletic Ctr

14's : 9/16/19 : 7:00pm-8:30pm @ Express Athletic Ctr

15's : 9/19/19: 7:00pm-8:30pm @ Express Athletic Ctr

16's : 9/16/19: 8:30pm-10:00pm @ Express Athletic Ctr

17-18's : 9/19/19: 8:30-10:00pm @ Express Athletic Ctr

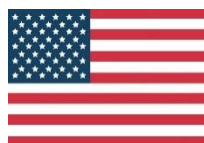
Age Groups (2 teams per age group)	14-18's Red	14-18's White	12's- 13's Red & White	Leapfrog Program (Co-ed 13 and under)
Practices	2-3x week	2x/week	2x/week	2x/week
# of coaches	1-2	1-2	1-2	1-2
Players/team	10-12 (14's up to 14)	11-12 (14's up to 14)	12-14	Open
Tournaments	10-13	8-11	5-8	Month long programs (3-4)
Club Fees	\$1,900- \$2,300	\$1,600- \$1,900	\$1,200- \$1,400	\$200 per program series
Travel Fees	~\$1200- \$2400	~\$900- \$1400	~\$200 - \$400	\$0

Tryout Registration

Register at www.atlanticvalley.org

Try-out Cost: \$75

(\$50 additional fee if trying out for multiple age groups, player must try out at grade appropriate age group first)



AVVC has 3 levels of teams

RED · WHITE · LEAPFROG

RED Teams: Our elite travel teams that travel the U.S. and compete against the top teams in the nation and vie for a bid to the USAV Junior Nationals.

WHITE/BLUE Teams: Our travel teams that compete in NJ, NY, PA, DE, going as far as Massachusetts, Maryland, and D.C. Travel and commitment is slightly less than Red teams.

LEAPFROG Program: Our beginner's program for our young athletes, coed ages 13 and under. Series (3-4) of month long programs, beginning in Nov.

AVVC Coaching Staff

Dr. Greg Chiang-Lafayette (DI)
 Anthony Valbrun- NJIT (DI)
 John Titus-Caldwell U. (DII)
 Meghan Bartsch-Montclair St.(DIII)
 Jim Pompeo-Bloomfield Coll. (DII)
 Barbara Perru – NJIT (DI)
 Louis Stevens – Bloomfield HS
 Deni Sobieck – AVVC
 Debby Eng – New Providence HS
 Kevin Jones- Hunterdon Central
 Jim Findura – AVVC
 Rachel Catena – AVVC
 Courtney Conte - AVVC
 Eileen Anderson - AVVC
 MaryKate Glackin - AVVC
 Karol Oliveros - AVVC
 Kavita Gordon- AVVC
 Claire Scully - AVVC
 Samantha Ashton - AVVC
 Christine Swanda - AVVC
 Mike Scheuermann - Bishop Ahr
 Kevin Barrow-Bloomfield C (DII)
 Jabarry Goodridge – NJIT (DI)
 Cameron Tait - AVVC
 Stacey Cooke – AVVC
 Peter Nigro - AVVC