

UCSSAL Volleyball Rules

General Game Rules/Procedures

- Rally scoring will be used. Sets one and two will be played until a team earns 25 points. When the score in a set is tied at 24, a team must win by two points. We will have a cap at 27 points. If a third set is needed, it will be played until a team earns 15 points. Again, a team must win by two points. We will cap at 17 for the third set.
- There will be 2 matches scheduled per night. Start times will be 4:00pm & 5:00pm.
- The net will be 7' 4 1/8" inches for all conferences except 9th boys conference will be 7' 11 5/8"
- All players must have numbers on the front and back of jerseys.
- Athletes must wear non-marking shoes. Knee pads are highly recommended.
- **Home teams/schools are responsible for providing enough qualified/trained personnel to allow the games to run smoothly.** This includes but is not limited to: 1 reliable scorekeeper (minimum) and TWO line judges for ALL matches.
- Official rosters and lineups before must be submitted to score table 5 minutes prior to the start of each game.
- The host school scorekeeper(s) must be working distraction-free, and must be recording the correct line-ups, rotation, running score, substitutions, and time-outs in a hard-copy volleyball score-book/sheet. The scorekeeper(s) must record scoring accurately for every set of every game. Please notify league directors of distracted, irresponsible scorekeepers.
- Game results & scores will be emailed by the hosting school's Athletic Director within 24 hours to the league directors in charge; Scott Drechsler SDrechsler@legacyprep.org, Mitch Argyle Margyle@apamail.org, and Trevor Jones Tjones@freedomprep.org.
- Host schools must have a current copy of the league volleyball rules present at the scorer's table.
- Our league will follow all NFHS rules other than the ones specified in this document.
- Players, coaches, athletic directors, administrators, spectators and all others are expected to follow the UCSSAL Code of Conduct and promote sportsmanship at all times.

Team Rosters and Eligibility

- The UCSSAL provides two separate Volleyball Conferences that will be independent of each other including the state tournament.
 - The 8th grade conference includes 6th - 8th grade students on the team roster.
 - The 9th grade conference is for teams with 6th - 9th grade students on the team roster
- Scores will be reported for Varsity only. There will be a tournament for Varsity Only. The purpose of the Junior varsity game is to develop players, not a chance for high level players to get more playing time. The only limitation is that 9th graders can only play in the Varsity game.
- The league reserves the right to restrict Varsity team members taking advantage of the purpose for the Junior varsity game.
- Submit rosters before your first game using the Roster Blank excel sheet on the UCSSAL website with Jersey #, First Name, Last Name, Position, Gender, and Grade Level. **ALL SCHOOLS MUST ONLY SUBMIT A COMPLETED ROSTER BLANK. Schools will forfeit any games without the proper roster submitted to the league**

Try-outs and Practices

- Tryouts can be held at any point during the year.

- Open gym is permitted at any point during the year.

Cheerleaders

● Cheerleaders must be at least five feet away from regulation out-of-bounds during game play. The host school is responsible for enforcing this rule. If an official feels the safety of the participants is at risk, they are expected to resolve the situation in cooperation with the hosting school. Schools that have cheerleaders should notify the opponents, so they can plan for a safe place for them to participate. Cheerleaders need to be aware of, and follow, the Utah Charter Small School Athletics League code of conduct.

Referees

- If a referee does not show up 5 minutes before game time, notify the arbiter or a UCSSAL director.
- Schools will *not* be refunded for games where referees do not come, unless the proper “game change” form (found at ucssal.org) is completed and submitted to the league within 24 hours.
- If no referees show-up and the teams agree to play and the score is reported, the schools will not be refunded.
- Please report any missing referees to the league Directors

Cancellations

- If a school needs to cancel a game, they must cancel no less than 24 hours before their scheduled match. It is the hosting school athletic director and/or coaches’ responsibility to contact the athletic director or coach of the opponent schools and a UCSSAL director to cancel the referees and complete the Game Change Form (on the league website) to reschedule the match.
- Hosting teams will receive a forfeit loss if they are unprepared to host a game, do not give 24 hour notice, and opponents and/or referees show up at the host school site.
- Away teams will receive a forfeit loss if they do not show up and are not prepared to play within 10 minutes of game time.

Tournament

- Players must “dress” (be in attendance and in uniform) for at least half a team’s games to be eligible to play in the final tournament.
- Tie-breakers to seed team properly: 1) head to head W/L results, 2) head to head set-count, 3) overall set-count, 4) coin toss.
- Tournament Dates can be found on the UCSSAL Annual Sports Calendar (ucssal.org).
- Tournament game times and location(s) will be announced on the league website (ucssal.org).