

11U	13U & 14U	15U & 16U	18U	21U & 22U	Rest Required
1-25	1-30	1-35	1-40	1-45	NONE
26-40	31-45	36-50	41-55	46-60	1 DAY REST
41-55	46-60	51-65	56-70	61-75	2 DAYS REST
56-70	61-75	66-80	71-85	76-90	3 DAYS REST
71-75	76-85	81-95	86-105	91-115	4 DAYS REST
75	85	95	105	115	MAX

- Official Scorekeeper will calculate the total pitches thrown for the calendar day and determine the number of days rest required for the next calendar day.
- Athletes must not exceed the maximum pitch count total for that day.

- Once a player assumes the position of pitcher, they cannot catch for the remainder of the day.
- If a pitcher meets the requirements to pitch on consecutive days and the pitcher does not go over the first daily threshold during game 1, they are permitted to have a 2nd appearance in the same calendar day.
- Only pitches actually thrown will be included in Pitch Count totals. Automatic balls during an intentional walk do not count towards Pitch Count totals.
- A pitcher who is removed from the mound during a game shall not be permitted to return to pitch in the same game, even if the pitcher is retained in the game at another position.
- Pitchers will not be permitted to exceed the maximum daily allowable number of pitches in any two day period.
- Pitchers cannot pitch in 3 games during a day.
- Pitcher cannot pitch 3 consecutive days unless a pitcher's first 2 days combined does not exceed:
 - 11U : 25,
 - 13U/14U: 30,
 - 15U Boys / 16U Girls : 35,
 - 18U/Canada Cup/Canada Games : 40.

11UA

St. John's Capitals (Black)	1	20	Ben	Whalen	22	0	53 Available	53 Available	75 Available	75 Available
	2	53	Scott	Verge	20	0	55 Available	55 Available	75 Available	75 Available
	3	45	Zach	Estell	20	0	55 Available	55 Available	75 Available	75 Available
	4	52	Josh	Veitch	20	0	55 Available	55 Available	75 Available	75 Available
	5	43	Ryan	Murphy	30	1 Day Rest	1 Day Rest	1 Day Rest	75 Available	75 Available
	6	39	Spencer	Hayward	0	21	0	37	1 Day Rest	1 Day Rest
	7	54	Turner	Janes	0	35	1 Day Rest	1 Day Rest	70 Available	70 Available
	8	78	Adam	Newhook	0	13	43	2 Days Rest	1 Day Rest	1 Day Rest
	9	61	Lyndon	Hussey	75 Available	75 Available	54	2 Days Rest	1 Day Rest	1 Day Rest
	10	59	Cameron	Dale	75 Available	75 Available	0	32	1 Day Rest	1 Day Rest
	11	15	Ben	McGrath	75 Available	75 Available	0	49	1 Day Rest	1 Day Rest
	12				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	13				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available

11UAA

Team		#	First	Last	Friday		Saturday		Sunday	
					Game 1	Game 2	Game 2/3	Game 3/4	Game 4/5 (Semi-Final)	Game 5 (Final)
					21-Jul-23	22-Jul-23	22-Jul-23	22-Jul-23	23-Jul-23	23-Jul-23
Mt. Pearl Blazers	1	7	Ashton	Mulrooney	12	0	63 Available	63 Available	75 Available	75 Available
	2	18	Joey	Bramwell	13	0	0	0	75 Available	75 Available
	3	12	Matthew	Jones	63	3 Days Rest	3 Days Rest	3 Days Rest	2 Days Rest	2 Days Rest
	4	6	Jacob	Pittman	75 Available	75 Available	32	1 Day Rest	1 Day Rest	1 Day Rest
	5	17	Reid	Carew	75 Available	75 Available	43	2 Days Rest	1 Day Rest	1 Day Rest
	6	-	Hudson	Joy	75 Available	75 Available	75 Available	75 Available	67	4 Days Rest
	7	1	Drew	Durdle	75 Available	75 Available	75 Available	75 Available	30	1 Day Rest
	8				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	9				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	10				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	11				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	12				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	13				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
Paradise Phantoms	1	3	Ryder	Finlay	23	0	52 Available	52 Available	25	50 Available
	2	5	Jackson	Broyun	23	0	47	2 Days Rest	1 Day Rest	1 Day Rest
	3	44	Dylan	Connolly	21	0	54 Available	54 Available	75 Available	75 Available
	4	51	Reyd	Murphy	24	0	51 Available	51 Available	75 Available	75 Available
	5	33	Zack	Powell	75 Available	75 Available	24	51 Available	51 Available	51 Available
	6	1	Sam	Smitjh	75 Available	75 Available	24	51 Available	51 Available	51 Available
	7	59	Eric	White	75 Available	75 Available	75 Available	75 Available	74	4 Days Rest
	8				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	9				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	10				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	11				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	12				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	13				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
St. John's Capitals	1	20	Noah	Cook	41	2 Days Rest	2 Days Rest	2 Days Rest	1 Day Rest	1 Day Rest
	2	25	Matthew	Coffey	28	1 Day Rest	1 Day Rest	1 Day Rest	75 Available	75 Available
	3	43	Wesley	Parsons	29	1 Day Rest	1 Day Rest	1 Day Rest	75 Available	75 Available
	4	15	Matthew	Summers	12	0	63 Available	63 Available	75 Available	75 Available
	5	26	Mason	Fardy	9	0	20	46 Available	1 Day Rest	1 Day Rest
	6	19	Sam	McNiven	75 Available	75 Available	24	51 Available	49	2 Days Rest
	7	58	Aiden	Kent	75 Available	75 Available	22	53 Available	58	3 Days Rest
	8	-	Jacob	Smith	75 Available	75 Available	22	53 Available	53 Available	53 Available
	9	27	Ben	Power	75 Available	75 Available	10	65 Available	13	62 Available
	10	67	Ned	Roche	75 Available	75 Available	0	40	1 Day Rest	1 Day Rest
	11	55	Brayden	Coonan	75 Available	75 Available	0	18	57 Available	57 Available
	12	28	Evan	Higdon	75 Available	75 Available	0	31	1 Day Rest	1 Day Rest
	13	57	Cole	Osmond	76 Available				75	4 Days Rest
	14	16	Luke	White	75 Available	75 Available	75 Available	75 Available	74	4 Days Rest

11U AAA

Corner Brook Barons	1	86	Owen	Hennesey	39	1 Day Rest	1 Day Rest	1 Day Rest	66 Available	66 Available
	2	22	Macrae	Quiland	16	0	59 Available	59 Available	75 Available	75 Available
	3	30	Mason	Norman	17	0	58 Available	58 Available	75 Available	75 Available
	4	8	Rowan	Wadwa	24	0	51 Available	51 Available	73	4 Days Rest
	5	20	Nathan	Lambe	13	0	0	9	53 Available	53 Available
	6	7	Bret	Rumbolt	19	0	42	2 Days Rest	1 Day Rest	1 Day Rest
	7	3	Reid	Rumbolt	22	0	0	32	1 Day Rest	1 Day Rest
	8	42	Cameron	Shepard	11	0	70	4 Days Rest	3 Days Rest	3 Days Rest
	9	5	Luke	Bromley	75 Available	75 Available	0	71	1 Day Rest	1 Day Rest
	10	44	Hunter	Miller	75 Available	75 Available	0	30	1 Day Rest	1 Day Rest
	11	6	Marek	Hybrets	75 Available	75 Available	75 Available	75 Available	9	66 Available
	12				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available
	13				75 Available	75 Available	75 Available	75 Available	75 Available	75 Available

13UA

Corner Brook Barons	1	4	Owen	McCarthy	71	3 Days Rest	3 Days Rest	3 Days Rest	2 Days Rest	2 Days Rest
	2	2	Aiden	Parrill	82	4 Days Rest	4 Days Rest	4 Days Rest	3 Days Rest	3 Days Rest
	3	16	Max	Wheeler	0	20	65 Available	65 Available	85 Available	85 Available
	4	9	Remi	House	0	27	58 Available	58 Available	85 Available	85 Available
	5	37	Brett	Taylor	0	26	59 Available	59 Available	85 Available	85 Available
	6					85 Available	85 Available	85 Available	85 Available	85 Available
	7					85 Available	85 Available	85 Available	85 Available	85 Available
	8					85 Available	85 Available	85 Available	85 Available	85 Available
	9					85 Available	85 Available	85 Available	85 Available	85 Available
	10					85 Available	85 Available	85 Available	85 Available	85 Available
	11					85 Available	85 Available	85 Available	85 Available	85 Available
	12					85 Available	85 Available	85 Available	85 Available	85 Available
	13					85 Available	85 Available	85 Available	85 Available	85 Available
BNL 14U	1	-	Emily	Osmond	34	1 Day Rest	1 Day Rest	1 Day Rest	85 Available	85 Available
	2	-	Olivia	Dawe	44	1 Day Rest	1 Day Rest	1 Day Rest	76 Available	76 Available
	3	9	Kirsta	Hollett	7	0	27	58 Available	1 Day Rest	1 Day Rest
	4	-	Kara	Chipman	24	0	61 Available	61 Available	85 Available	85 Available
	5	3	Maggie	Gill	20	0	45	1 Day Rest	1 Day Rest	1 Day Rest
	6	15	Eva	Williams		85 Available	85 Available	27	58 Available	58 Available
	7	5	Grace	McGrath		85 Available	85 Available	85 Available	85 Available	37
	8	4	Jessica	Beaton		85 Available	85 Available	85 Available	85 Available	30
	9					85 Available	85 Available	85 Available	85 Available	85 Available
	10					85 Available	85 Available	85 Available	85 Available	85 Available
	11					85 Available	85 Available	85 Available	85 Available	85 Available
	12					85 Available	85 Available	85 Available	85 Available	85 Available
	13					85 Available	85 Available	85 Available	85 Available	85 Available
St. John's Capitals (Black)	1	33	Robert	Dempster	44	1 Day Rest	1 Day Rest	1 Day Rest	76 Available	76 Available
	2	53	Brayden	Pilgrim	26	0	59 Available	59 Available	85 Available	85 Available
	3	34	Jacob	Tobin	32	1 Day Rest	1 Day Rest	1 Day Rest	68	3 Days Rest
	4	29	Cam	Neary		85 Available	85 Available	78	4 Days Rest	3 Days Rest
	5	24	Reid	Dinham		85 Available	85 Available	22	63 Available	63 Available
	6	47	Charlie	Doyle		85 Available	85 Available	19	66 Available	66 Available
	7					85 Available	85 Available	85 Available	85 Available	85 Available
	8					85 Available	85 Available	85 Available	85 Available	85 Available
	9					85 Available	85 Available	85 Available	85 Available	85 Available
	10					85 Available	85 Available	85 Available	85 Available	85 Available
	11					85 Available	85 Available	85 Available	85 Available	85 Available
	12					85 Available	85 Available	85 Available	85 Available	85 Available
	13					85 Available	85 Available	85 Available	85 Available	85 Available

15UA

CBS Raiders	1	3	Sam	Kent	45	1 Day Rest	1 Day Rest	1 Day Rest	90 Available	90 Available
	2	8	Brayden	Bishop	47	1 Day Rest	1 Day Rest	1 Day Rest	88 Available	88 Available
	3	14	Jacob	Taylor	29	63	4 Days Rest	4 Days Rest	3 Days Rest	3 Days Rest
	4	2	Kai	Hodder	0	49	1 Day Rest	1 Day Rest	86 Available	86 Available
	5	10	Tucker	Blundon	95 Available	95 Available	45	1 Day Rest	1 Day Rest	1 Day Rest
	6	9	Jacob	Caines	95 Available	95 Available	50	1 Day Rest	1 Day Rest	1 Day Rest
	7				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	8				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	9				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	10				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	11				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	12				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	13				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available

15U AA

Mt. Pearl Blazers	1	55	Hunter	Hogan	34	0	61 Available	55	1 Day Rest	1 Day Rest
	2	14	Evander	Norman	35	0	60 Available	22	1 Day Rest	1 Day Rest
	3	21	Connor	Coates	15	0	40		1 Day Rest	1 Day Rest
	4	20	Matthew	Abbott	25	0	70 Available	20	1 Day Rest	1 Day Rest
	5	23	Jaden	Hanlon	95 Available	95 Available	23	72 Available	72 Available	72 Available
	6	51	Dane	Munn	95 Available	95 Available	51	2 Days Rest	1 Day Rest	1 Day Rest
	7				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	8				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	9				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	10				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	11				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	12				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	13				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available

15U AAA

CBS Raiders	1	13	Jace	Meaney	80	3 Days Rest	3 Days Rest	3 Days Rest	2 Days Rest	2 Days Rest
	2	28	Ryan	O'Toole	31	0	64 Available	64 Available	95 Available	95 Available
	3	5	Jacob	Greening	95 Available	95 Available	82	4 Days Rest	3 Days Rest	3 Days Rest
	4	9	Evan	Murphy	95 Available	95 Available	0	91	1 Day Rest	1 Day Rest
	5	11	Sam	Rideout	95 Available	95 Available	95 Available	95 Available	64	2 Days Rest
	6	19	Alex	Skinner	95 Available	95 Available	95 Available	95 Available	18	77 Available
	7				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	8				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	9				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	10				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	11				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	12				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available
	13				95 Available	95 Available	95 Available	95 Available	95 Available	95 Available