



Covid 19 Update for Fall Season:

- All participants, spectators, and volunteers if not vaccinated should adhere to six-foot physical distancing while at the facility and it is recommended by the CDC that you wear a mask if you cannot maintain 6 feet of social distancing.
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home. If you have a temperature of 100 degrees or higher, please stay home.
- No team water coolers or shared drinking stations.
- Players if practicing outdoors, facemasks are optional. If practicing indoors, facemasks are required at all times.
- Athletes should bring individual water containers.
- No touch rule – players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. A “tip the cap” can be used following the game in lieu of the handshake line.
- equipment and personal items should have proper separation and should not be shared.
- No spitting or eating seeds, gum, other similar products.
- Stands located by player dugouts at Four Seasons and Ottawa are for the players only to extend the dugout. Please stay off the bleachers.
- Umpires will have the option to ump behind the catcher or pitcher’s mound.

Confirmed cases:

Positive Test

- If a player or coach tests positive for the virus, that player or coach will be out for 10 days from the positive test date regardless of vaccination status. Team activities can be shut down during the quarantine period if the player or coach exposed the team.
- If multiple individuals on a team report Covid 19 symptoms or multiple people test positive, the club will notify the Will County Health Department per IDPH guidelines on multiple cases.
- Families will be notified of any positive Covid Cases on their team; however, the players or coaches name will not be disclosed.
- Team activities can resume after 10 days from the last contact date with the exposed player or coach.
- With baseball considered a low-risk sport, if a player is positive after playing a game against the other team, the other team will not need to be shutdown however each family should monitor their player for any symptoms and notify the league ASAP if anyone on the opposing team begins to develop symptoms or test positive for Covid.

Exposure

- If a player or coach was exposed to someone with Covid, the player or coach will need to stay away from team activities for 10 days or the player or coach may return after 7 days with a negative test on or after day 5. If the coach or player are fully vaccinated, fully vaccinated people with no COVID-like symptoms do not need to quarantine or be tested following an exposure to someone with suspected or confirmed COVID-19, as their risk of infection is low. Fully vaccinated people who do not quarantine should still monitor for symptoms of COVID-19 for 14 days following an exposure. If they experience symptoms, they should isolate themselves from others, be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated, and inform their health care provider of their vaccination status at the time of presentation to care.

These guidelines can change at any time based on new or updated guidelines.