



Softball contact
information:

Stacy Svihel – Head Varsity Softball Coach
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Team updates:

Heja App
Team Code: XZ-647416

February 16th - February 26th *Registration opens*

Our registration software was recently bought out by a new company and the process to register will look a little different.

You will need to make sure that your physical is on file and up-to-date in the athletic/activities office and does NOT expire prior to June 10th or you will need to get a new one.

Please go to the Athletic/Activities website to register.

www.centurypanthers.org

DATE TBD

Baseline Concussion Testing for Pitchers/Catchers

More information to come

March 9th

First Day of Softball Practice – ALL LEVELS

TBD Time & Location

Practice schedule is listed on centurypanther.org softball website

Practice essentials (inside)

- Glove, pants to slide in, good indoor shoes, sweatshirt, water bottle

Practice T-shirt:

- During the first week of practice, a team practice t-shirt will be required for purchase (\$5). These are used for domeball, team scrimmages, practices, etc.

March 14th

Scrimmage @ RCTC Dome

Jon Springer Invitational

- **Varsity**
1:00p / F1 – Dover-Eyota
2:15p / F2 – Wabasha Kellogg
- **JV/B/C**
3:30p / F1 – Rushford-Peterson
4:45p / F2 – Zumbrota-Mazeppa



TBD

Mandatory PAC Meeting

- Mandatory for ALL Athletes & Parents/Guardians
- _____ PM - TEAMS WILL CONDUCT THEIR SPORT MEETING

March 22nd

Scrimmage @ RCTC (Evening 6-9p)

- Jon Springer Invitational
- **Varsity + invited players only**
 - 1:00p / F1 – Caledonia
 - 2:15p / F2 – La Crescent

HELLO PANTHER SOFTBALL!!

Softball season is just around the corner and Day 1 of practice will be here before you know it. Our coaching staff continues to prep ahead of the season, and we are excited to see what team 2024 can achieve.

Here is some important information and dates to review for athletes and parents/guardians:

1. Open Gym & Cage Sessions

- Optional pre-season open gym time is scheduled at CHS Gym
- 7:30-9:00pm
- Dates:
 - i. Wed, Jan 28th
 - ii. Wed, Feb. 4th
 - iii. Wed, Feb. 11th
 - iv. Wed, Feb 18th
 - v. Tues, Feb 24th
- Opportunity to meet teammates, throw, hit, work on softball skills ahead of season
- Cage Sessions @ D-Bat
- 6-7 pm
- Dates: **Every Sunday** - Jan 25th - Mar7th
 - i. Optional
 - ii. Players are responsible for cost (varies depending on attendance)



2. Practice Schedule

- Our practice schedule is located on the www.centurypanther.org website under Softball at the top of the page. We do our best to update this as soon as we know our plans. While we are inside utilizing the gym, our typical practice time is 4-6p at the CHS Gym.

3. Practice Apparel

- Athletes will be asked to wear Century apparel/colors throughout the season.
- No Club, Rec, league, other schools, etc. apparel should be worn for practice or games. Items can be turned inside out if needed.
- A team store will be available to purchase apparel at the beginning of the season.
- A team helmet will be provided for the season.

4. Team Communication

- For a few seasons now, we utilize an app called "Heja"
- Purpose: Communication - Strictly to relay information for levels / MESSAGE BOARD for coaches
 - i. Heja App – Team code XZ-647416
 - ii. Postponements/Reschedules/Cancellations
 - iii. Parents should go to ww.Big9.org and choose Notify Me (under the calendar) to get game updates for changes/weather cancellations
 - iv. Coaches will relay changes for games and practices via Heja