



## West Hawk Lake Yacht Club 2019 Sailing Program

### July 18-21 **Sail Manitoba Race Development Camp & Regatta (open to all ages and boat classes)**

2 full days of advanced sail training with provincial team coaches at Falcon Lake Yacht Club followed by 2 full days of racing. **This is an amazing experience for any sailor!**

**Cost \$60**

### July 22-26 **Learn to Sail (Juniors age 7-15) – CANSail Levels 1-2**

A repeat of our highly successful youth Learn to Sail program!

A week of training for those 15 & under who've never sailed or have sailed a little and want to learn more.

\* Morning sessions – younger/new sailors, sailboats provided

**Cost \$160**

\* Afternoon sessions – older/experienced sailors, sailboats provided

**These 2 LTS classes fill up quickly so please register early!**

### July 22-26 **Learn to Sail (Adults age 16+) – CANSail Levels 1-3**

A week of training for those 16 and older who've never sailed or have sailed a little and want to learn more.

\* Afternoon sessions only, sailboats provided

**Cost \$175**

### July 22-26 **Intermediate Sail Training (Juniors age 9-16) CANSail Levels 2-3**

A week of more advanced sailing for those who have taken our LTS previously.

\* Intermediate ½ day morning class only, sailboats provided

**Cost \$175**

### July 22-26 **Advanced Sail Training (Juniors or Adults 12+) CANSail Levels 3-4**

A week of more advanced sailing for those who have taken our Intermediate Training & have “demonstrated ability”.

\* Advanced extensive all day course, sailboats provided

**Cost \$195**

### Aug.1-4 **BOOT Camp (Basic Optimist Olympic Sailing Camp) (Juniors age 9-15) Black Sturgeon Sailing Club**

2 full days of advanced Optimist training with provincial team coaches followed by 2 full days of racing including the Manitoba Provincial Optimist Championships (10 & under, 13 & under, and 15 & under).

Sailors are billeted by sailing families at BSSC if needed, all meals are included, evening activities are planned for each night and are a ton of fun! **This is an amazing experience for any young sailor!**

\* This is an extensive all day course, sailboats provided by WHLYC.

**Cost \$195**

### **Saturday, July 27 & August 10 - West Hawk Lake Yacht Club Annual Race Series**

Fun races at different locations across the lake start at 1 pm, open to all dinghy classes & sailors - beginner & veteran on West Hawk Lake. Registration starts at 12 pm, races 1-3:30 pm, Après at the club after, please call/email for more information.

**July 27 Big Island Landing, August 10 – Main Beach**

**For those that need help getting their sailboat ready for the  
summer season please contact us!**

**For more information please contact: Tom Saunders (204-349-3100 lake)  
or Paul Krestanowich (204-479-7100 cell or 204-349-2072 lake)**

**Email us at [info@whlyc.ca](mailto:info@whlyc.ca)**

**Check out our online registration & club website at**

**[www.whlyc.ca](http://www.whlyc.ca)**