



Karen Pleasants SACC and NC USA Gymnastics State Committee

2021 Level 5, Silver/Diamond Virtual State Meet Schedule

Click [HERE](#)

Xcel S/D, Lv 5 State Meet Meet Date - Apr 9-11 Raleigh School host

2021 Gold/Platinum Virtual State Meet Schedule

Click [HERE](#)

Xcel G/P State Meet Meet Date - Apr 16-18 Tbees Ultimate host

Level 9/10 Regional Schedule (LIVE)

April 16-18, 2021

Bradenton Convention Center, Palmetto, Florida

Click [HERE](#)

Region 8 Level 6/7/8 Regionals Schedule (LIVE)

April 23-25, 2021

220 Hall St, Montgomery AL 36104

Click [HERE](#)

Level 6 regional schedule will be posted after all states have completed their Level 6 state meet. Be sure to look for an update.

Please note that each Region 8 schedule contains a link for coaches to attend a required videoed coaches meeting before competition.

SAVE THE DATE!

Region 8 Congress will happen July 15-18 in New Orleans (with limited numbers) More to Come.

**VOTE VOTE VOTE VOTE VOTE VOTE VOTE VOTE
VOTE VOTE**

[Region 8 Elections](#)

Official Slate of Nominees – REGION 8
POSITION RTCC (Regional Technical Chairperson)
Marian Dykes GA

POSITION RXCC (Regional Xcel Chairperson)

Elaine Wulf NC

Pam Kitchen FL

Go to the National USA website to the Women's Program - Sign in and look for "Elections" on the left side - and then vote!!!! Thank you!

Elections will close at 11:59pm EST on April 15, 2021.

You must have a current USA Gymnastics Pro Membership

Click [HERE](#)

NOMINATIONS

are now being accepted for the 8 member
North Carolina USA Gymnastics State Committee
Term from 2021-2023

Elections to be held in May 2021

Nomination procedure:

North Carolina USA Gymnastics will accept nominations for the 8 at-large positions from April 8th - April 29th. Only current Women's USA Gymnastics Professional members are eligible to vote. The definition of a Professional member follows

Definition of a Professional Member:

An individual who holds current paid membership, safety certification and has passed a background check shall be deemed a Professional member. This individual must be a minimum of 18 years of age and shall receive a membership card stating that they are a Professional Member with full voting privileges.

Junior Professional members do not have voting privileges.

Definition and Requirements of SAC (Board) members from Operating Code of USA Gymnastics:

3. The State Administrative Committee shall consist of:

a. The State Administrative Committee Chairman (SACC)

- Casts a vote only in the case of a tie or acclamation

b. Other elected (voting) members as necessary must be approved by the Regional Administrative Committee Chairman (RACC). Criteria for SAC positions shall be determined by the SAC and approved by the RAC. State Administrative Committees should have a minimum of three (3) voting (elected) members.

- Coaches' representatives must be elected by the state membership, and all competitive levels and/or geographical areas must be represented.

- Judges' representatives may be elected by the state membership or the SJD (State Judging Director) may be the representative on

the SAC (will not get a vote unless elected by the membership).

c. Administrative aides may be appointed to serve in a liaison or advisory capacity, but VOTING members of a SAC must be ELECTED.

Click [HERE](#) for nomination form.

COMPULSORY WORKSHOP INFORMATION

USA Gymnastics

is excited to announce that registration for the 2021 Women's Development Program Master Compulsory Workshops is now open! Please visit this [webpage](#) to get up to date on all items pertaining to the workshop. The link to register can also be found on this same page, or specifically [HERE](#). Please note that additional information will be added as it becomes available.

Reminder:

All Adult (18+) Members

(including athlete, professional, instructor members) AND any adult in a member club who has regular contact with or authority over minors must complete the U110 course annually. This course is free to all individuals who are required to complete it.

[Karen openly welcomes questions and comments from any professional member.](#)

Gymnastically yours,
NC USA Gymnastics State Committee and
Karen Pleasants, State Chairperson

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TO
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See what's happening on our social sites:



