

Hello Coach and Parents,

U7 game is 4 eight minutes quarters with 2 minutes water break and 5 minutes half time. The first team of the day should set up the goal and the last game should take it down. The goals are located at the GBYSL trailer. Pinnies are inside the trailer for you to use in case of team jersey color conflict.

U7 play 5V5 (5 players on the field) no keeper. A coach from each team is allowed on the field with the players. Kick off can go in any direction, forward, backward, sideway. Team can score directly from the kick-off.

Each team will do the kick-off at the beginning of each quarter. No throw in, kick in only. It's highly recommended to sub every four minutes so all the players have equal playing time. Your ball size is 3. HEADERS ARE NOT ALLOWED.

Please do not place your player in front of the goal. Allow your players to participate in the game. The more they touch the ball, the better player they become.

All jewelry and metal pins are forbidden including tape to cover the jewelry (NO EXCEPTION) per FIFA Law 4 "The Player Equipment". Here is the link for your reference: <http://www.theifab.com/laws/the-players-equipment/chapters/safety> .

Players must wear soccer cleats (not baseball cleats) or good running shoes and shin guard. The shin guard must touch the skin meaning under the socks.

The field of play is Moana Springs, 240 West Moana Lane Reno. The field layout is posted to gbysl.org, under Recreational tab. Your field assignment starts with RLJ.

Dogs are not allowed, this is the City of Reno rules, not GBYSL. Trash receptacles are located all over the field please clean up after your game.

Thank you and have a great season.

Jimmy Huynh

VP Recreational