

**October 22**

**IMPORTANT - NEW COVID-19 PROTOCOL and REMINDERS**

There have been a number of positive cases in the area over the past 10 days, including in schools and in youth sports in our area. Fortunately, none of these positive cases include an HYA soccer player. We need everyone to do their part to stay safe so we do not have to “pause” again and/or cancel the remainder of the season.

Thus, **HYA Soccer is adding an extra precaution.** Please read this email carefully and let us know if you have questions.

- If there is a **positive case in your child’s class/daycare/other sports or activities/bus**, etc. and your child has been **told to quarantine**, they **CANNOT** attend HYA soccer and **neither can other household members.**

For example, a family has more than one child and one of them is a contact to a positive case (needs to quarantine), the other child becomes a “contact to contact” and cannot attend HYA soccer for 14 days.

Note: This directive may vary from what a doctor or school nurse tells you. They may allow the sibling to go to school for example. What we are asking you to understand, is that soccer is different from school. At school, kids are spaced out and wear a mask. In soccer, there is physical contact and the players are not wearing a mask.

If either of these scenarios happens, you are to contact the soccer commissioner, Kelly Martin at [soccer@hyasports.org](mailto:soccer@hyasports.org), to communicate that your child (or coach) are a contact or a contact to contact. We will give further instruction of what your child needs to do to come back and participate at HYA Soccer. Also, the CDC and NH Dept of Health may not contact you to tell you to quarantine as they are very backed up right now. If you are in contact with a positive case you cannot just come to practice. Contact your coach and coordinator right away and we will give further instruction.

- If someone in your household (not a HYA soccer player/ coach) **tests positive** for Covid 19 or **is suspected** (one or more symptoms and has not been tested or hasn’t received a negative test result), the **entire household** must quarantine for 14 days. The HYA soccer player/coach cannot test negative and come back to practice/games. They must stay home and quarantine.

- If your player is sent home from school sick or If your child is not feeling well, please keep them home, **DO NOT send them to HYA soccer.**
  - ***If symptoms are new and testing is not conducted,*** your child and HYA player/coach household members will be treated **as if** they tested positive.
- If your child leaves New England (NH, Maine, Vermont, Rhode Island, Connecticut, Massachusetts) your child must quarantine 14 days upon arrival back to NH. As it stands right now, a negative Covid test does not allow them out of quarantine. They will not be allowed at practice or attend games.

To date, we have not had a positive case reported by HYA soccer players. The extra step listed above is not to instill fear, but to prove to you that we are dedicated to go above and beyond to provide the safest environment possible.

Communication: For any reason your child will not be attending a practice or game, it's very important that you **communicate the absence(s)** to your coach so they can plan accordingly.

Thank you for your cooperation. Our goal is to continue playing with safety as our top priority!

Kelly Martin  
HYA Soccer Commissioner

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10/20/20

**HYA Soccer will resume play starting tomorrow, October 21.**

Thank you for your patience as we assessed the risk and worked through the process of ensuring your safety to the best of our abilities.

Coordinators and coaches will be in touch with additional information and any schedule modifications to your respective divisions.

**Here are a few important reminders and new initiatives:**

- We are asking all coaches to wear a mask to the greatest extent possible
- Spectators also need to wear masks and keep 6 feet. Please limit spectators.

- Players need to wear a mask to and from the fields at a minimum and are welcome to wear a mask while playing if families want them to
- Kelly Martin, HYA Soccer Commissioner, is the point person for you to contact if your child is suspected or confirmed of having Covid-19. Email: [soccer@hyasports.org](mailto:soccer@hyasports.org)
- Players need to wait in their cars with guardians until just before the beginning of a practice, warm-up, or game, instead of arriving early
- Players need to use hand sanitizer before entering the field, after all water breaks, before and after playing goalie and when they leave the field

**IF IN DOUBT, SIT IT OUT!! DO NOT PUT YOUR TEAMMATES AND COACHES AT RISK.**

**Thanks again for your cooperation!**

**Kelly Martin  
HYA Soccer Commissioner**

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## When to start and end quarantine

You should stay home for 14 days after your last contact with a person who has COVID-19.

For all of the following scenarios, even if you test negative for COVID-19 or feel healthy, you should stay home (quarantine) since symptoms may appear 2 to 14 days after exposure to the virus.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

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10/12/20

Thank you for your patience as we all work to keep each other safe!

## **HYA Soccer has resumed play!**

Schedule changes below. Please read this email in full.

It is incredibly important that you answer the check-in screening questions honestly and that you follow the protocols found on this [link](#). This document includes steps to take if you are in **close contact with someone who is confirmed** to have Covid-19 **and** what steps to take if you have been in **close contact with someone who is suspected** of having Covid-19.

**IF IN DOUBT, SIT IT OUT!! DO NOT PUT YOUR TEAMMATES AND COACHES AT RISK. PLEASE STAY HOME!**

**IMPORTANT REMINDERS** from HYA Soccer as we prepare to resume play. Please read this communication carefully, ask questions if you have them, and adhere to the guidelines.

If a player answers “**yes**” to **any** of the [screening questions](#), the player should not come to the field. If the player arrives and answers yes to any of the screening questions, that player will need to leave immediately. This is why it’s crucial that a parent comes to the field wearing a face mask with their player.

### **Screening Questions:**

1. Do you have **any symptoms of COVID-19 or fever** of 100.4 degrees Fahrenheit or higher?

Hopefully these two finer points clarify some of the common questions people have about symptoms:

- a. If symptoms are chronic (not new) and due to a pre-existing medical condition:**
  - i. Provide written medical documentation that the specific symptoms are chronic (not new) and part of a pre-existing medical condition<sup>7</sup>
- b. If symptoms are new and testing is not conducted**
  - i. Your child will be treated **as if** they tested positive.<sup>2</sup>
  - ii. [Isolate](#) at home:<sup>1,2</sup> If possible, your child should stay in their own “sick room” or area and away from others in the home. If you have additional children and are unable to keep them separated, those children may also be required to stay home and isolate.<sup>3</sup>
  - iii. Your child may return to school when:
  - iv. At least 10 days have passed since symptoms first appeared, **AND**
  - v. At least 24 hours have passed since last fever (off fever-reducing meds), **AND** Symptoms have improved.<sup>2</sup>
  - vi. Provide medical or public health documentation that self-isolation requirement has been met.<sup>7</sup>

2. Have you had **close contact** with someone who is **suspected** or **confirmed** to have COVID-19 in the prior 14 days?
    - **Close contact** is defined by the NH DHHS as being within 6 feet for 10 minutes or longer of a person with COVID-19. The 10 minutes of contact can be at one time or cumulative over the course of the day.
    - A person is **suspected** of having COVID-19 if they have one or more symptoms but has not been tested or has not received their results.
- \*\*If you answer yes to this question, it's crucial you read through this [document](#).**
3. Have you traveled in the prior 14 days outside of New Hampshire, Vermont, Maine, Massachusetts, Connecticut, or Rhode Island for non-essential purposes?

The player's parent/guardian and the HYA coach need to contact the HYA Soccer Commissioner as soon as possible if they answer "yes" to any of the screening questions. Email: [soccer@hyasports.org](mailto:soccer@hyasports.org) or use the [HYA Feedback Button](#)  
Next, follow the protocols set by SAU90 ([click here](#)).

**The following Covid-19 procedures must be followed:**

- Adults need to **walk** with their child to the check-in station for every event. No adult, no play!
- Everyone is asked to adhere to 6 foot physical distance during the check-in process and wear a face mask.
- Player equipment will be spaced at least 6 feet apart allowing for physical distancing during breaks and while players rest on the sideline.
- All players and coaches must use **hand sanitizer after removing face masks, after water breaks, and at the conclusion** of each soccer event.
- No High-5's, fistbumps, hugs, huddles, or group cheers
- **Spectators** are encouraged to remain away from sidelines, playing area, adhere to physical distance guidelines and **wear a face mask** per Governor Sununu's [executive order](#).

**Social Distance Group**

October 9th - Cancelled

October 14th - Resume as originally scheduled

**PreK, K and Grades 1, 2 , 3/4 Boys, and 3/4 Girls**

Saturday, October 10th schedule will move to Saturday, November 7

Remaining schedule will stay the same

**Girls 3/4**

October 12th - Practice cancelled

Resume as scheduled

**Boys 5-8**

October 9th - Practice cancelled

October 12th - Resume as originally scheduled

**Girls 5-8**

October 13th - Proceed as originally scheduled

October 15th - Proceed as originally scheduled

Remember, our goal is to keep each other safe and play a full soccer season!!!

Thank you for your attention to these important details!

Be safe and have fun!!

Kelly Martin

HYA Soccer Commissioner