



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## SHSAA TRACK & FIELD - Provincial Championship Friday and Saturday June 7 & 8, 2019 – GUTHERIDGE TRACK - MOOSE JAW

FRIDAY TRACK SCHEDULE			SATURDAY TRACK SCHEDULE		
Time	Division	Competition	Time	Division	Competition
9:00am	MID. GIRLS	80m Hurdle Heats	9:00am	SR. GIRLS	4X100m Relay Heats
	JR. GIRLS	80m Hurdle Heats		SR. BOYS	4X100m Relay Heats
	SR. GIRLS	80m Hurdle Heats		JR. GIRLS	4X100m Relay Heats
9:40	MID. BOYS	100m Hurdle Heats	9:45	JR. BOYS	4X100m Relay Heats
	JR. BOYS	100m Hurdle Heats		MID. GIRLS	4X100m Relay Heats
	SR. BOYS	100m Hurdle Heats		MID. BOYS	4X100m Relay Heats
10:25	MID. GIRLS	1500m Finals	10:30	SR. BOYS	3000m Final
	MID. BOYS	1500m Finals		SR. GIRLS	3000m Final
	JR. GIRLS	1500m Finals		JR. BOYS	3000m Final
11:10	JR. BOYS	1500m Finals	11:15	JR. GIRLS	3000m Final
	SR. GIRLS	1500m Finals		MID. BOYS	3000m Final
	SR. BOYS	1500m Finals		MID. GIRLS	3000m Final
11:55	JG QUAD	100m Quads Timed Finals	12:00pm	SR. GIRLS	200m Heats
	JB QUAD	100m Quads Timed Finals		SR. BOYS	200m Heats
	SG QUAD	100m Quads Timed Finals		JR. GIRLS	200m Heats
	SB QUAD	100m Quads Timed Finals		JR. BOYS	200m Heats
12:45pm	MID. GIRLS	100m Heats	12:45	MID. GIRLS	200m Heats
	MID. BOYS	100m Heats		MID. BOYS	200m Heats
	JR. GIRLS	100m Heats			
1:25	JR. BOYS	100m Heats	<b>Break 1:30 – 2:30</b>		
	SR. GIRLS	100m Heats			
	SR. BOYS	100m Heats			
	WHEELCHAIR	100m Heats			
2:05	MID. GIRLS	400m Heats	2:30	WHEELCHAIR	400m Timed Final
	MID. BOYS	400m Heats	2:40	SR. GIRLS	800m Timed Final
	JR. GIRLS	400m Heats		SR. BOYS	800m Timed Final
2:45	JR. BOYS	400m Heats		JR. GIRLS	800m Timed Final
	SR. GIRLS	400m Heats	3:15	JR. BOYS	800m Timed Final
	SR. BOYS	400m Heats		MID. GIRLS	800m Timed Final
<b>Break 3:30 – 4:30</b>				MID. BOYS	800m Timed Final
4:30	MID. GIRLS	80m Hurdle Timed Finals	3:50	SR. GIRLS	200m Timed Final
	JR. GIRLS	80m Hurdle Timed Finals		SR. BOYS	200m Timed Final
	SR. GIRLS	80m Hurdle Timed Finals		JR. GIRLS	200m Timed Final
5:00	MID. BOYS	100m Hurdle Timed Finals	4:20	JR. BOYS	200m Timed Final
	JR. BOYS	100m Hurdle Timed Finals		MID. GIRLS	200m Timed Final
	SR. BOYS	100m Hurdle Timed Finals		MID. BOYS	200m Timed Final
5:30	MID. GIRLS	400m Timed Finals	4:50	SR. GIRLS	4 X 100m Final
	MID. BOYS	400m Timed Finals		SR. BOYS	4 X 100m Final
	JR. GIRLS	400m Timed Finals		JR. GIRLS	4 X 100m Final
	JR. BOYS	400m Timed Finals		5:05	JR. BOYS
SR. GIRLS	400m Timed Finals	MID. GIRLS	4 X 100m Final		
SR. BOYS	400m Timed Finals	MID. BOYS	4 X 100m Final		
6:15	JG QUAD	800m Quad Timed Finals	5:20	OPEN GIRLS	4 X 400m Final
	JB QUAD	800m Quad Timed Finals		OPEN BOYS	4 X 400m Final
	SG QUAD	800m Quad Timed Finals			
	SB QUAD	800m Quad Timed Finals			
6:35	WHEELCHAIR	100m Timed Finals			
6:40	MID. GIRLS	100m Timed Finals			
	MID. BOYS	100m Timed Finals			
	JR. GIRLS	100m Timed Finals			
7:10	JR. BOYS	100m Timed Finals			
	SR. GIRLS	100m Timed Finals			
	SR. BOYS	100m Timed Finals			



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## SHSAA TRACK & FIELD - Provincial Championship Friday and Saturday June 7 & 8, 2019 – GUTHERIDGE TRACK - MOOSE JAW

FRIDAY FIELD SCHEDULE			SATURDAY FIELD SCHEDULE		
Time	Division	Competition	Time	Division	Competition
<b>9:00 am</b>	MID. BOYS	HIGH JUMP	<b>9:00 am</b>	MID. BOYS	POLE VAULT
	MID. GIRLS	DISCUS		MID. BOYS	SHOT PUT
	JR. BOYS	LONG JUMP		MID. GIRLS	LONG JUMP
	JR. GIRLS	POLE VAULT		JR. BOYS	DISCUS
	JR. GIRLS	SHOT PUT		JR. GIRLS	HIGH JUMP
	SR. BOYS	JAVELIN		SR. BOYS	TRIPLE JUMP
	SR. GIRLS	TRIPLE JUMP		SR. GIRLS	JAVELIN
<b>11:30 am</b>	MID. BOYS	JAVELIN	<b>11:30 am</b>	MID. BOYS	TRIPLE JUMP
	MID. GIRLS	HIGH JUMP		MID. GIRLS	POLE VAULT
	JR. BOYS	POLE VAULT		MID. GIRLS	SHOT PUT
	JR. BOYS	SHOT PUT		JR. BOYS	HIGH JUMP
	JR. GIRLS	TRIPLE JUMP		JR. GIRLS	JAVELIN
	SR. BOYS	LONG JUMP		SR. BOYS	DISCUS
	SR. GIRLS	DISCUS		SR. GIRLS	LONG JUMP
<b>1:45 pm</b>	JR. BOYS	QUAD LONG JUMP (PIT 2)	<b>2:30 pm</b>	MID. BOYS	DISCUS
	JR. GIRLS	QUAD SHOT PUT (CIRCLE 2)		MID. GIRLS	JAVELIN
	SR. BOYS	QUAD LONG JUMP (PIT 1)		JR. BOYS	TRIPLE JUMP
	SR. GIRLS	QUAD SHOT PUT (CIRCLE 1)		JR. GIRLS	LONG JUMP
<b>Break 3:00 – 4:00</b>			SR. BOYS	HIGH JUMP	
<b>4:00 pm</b>	JR. BOYS	QUAD SHOT PUT (CIRCLE 2)	SR. GIRLS	POLE VAULT	
	JR. GIRLS	QUAD LONG JUMP (PIT 2)	SR. GIRLS	SHOT PUT	
	SR. BOYS	QUAD SHOT PUT (CIRCLE 1)			
	SR. GIRLS	QUAD LONG JUMP (PIT 1)			
<b>5:15 pm</b>	MID. BOYS	LONG JUMP			
	MID. GIRLS	TRIPLE JUMP			
	JR. BOYS	JAVELIN			
	JR. GIRLS	DISCUS			
	SR. BOYS	POLE VAULT			
	SR. GIRLS	HIGH JUMP			