

# Charlie Heger Ice Rink at Pershing Field

## COVID-19 Protocols

Welcome to Pershing Field. With the health and safety of all players, coaches and referees in mind, we have made some new protocols on how scheduled games will be conducted. These are the protocols:

- Anyone entering the facility is required to complete the Health Check. All Capitals players/coaches/staff will be performing a Health Check via TeamSnap. For visiting players/coaches/staff the attached form will be emailed to you the week of the game. Please turn in your signed Health Check when you check in at the rink.
- All USA Hockey Rosters of visiting teams must be emailed to the Capitals Manager for the team you are playing by Wednesday. The Capitals are requiring their managers to contact/confirm the game with the visiting the Monday prior to the game. They will provide information on who to email the roster to.
- Visiting players/coaches/staff will be allowed to enter the facility only 15 minutes prior to puck drop. So, for a game with a 9:35 AM puck drop, they will be allowed to enter the rink at 9:20 AM.
- Players should be dressed except for skates, helmet, and gloves when entering the rink.
- Locker rooms will not be used for putting on gear or meeting with teams. Since all bathrooms are within the locker rooms, 2 locker rooms will remain "open" only for those that need to use the bathroom.
- Referees will be assigned a separate locker room or area within the rink.
- After checking in, players/coaches/staff will be directed to the section of the rink where they can tie skates and finish getting ready to play.
- Players should be wearing a mask when they enter the rink and put on their skates. Masks can come off when the helmet goes on and they are about to get on the ice.
- All players must bring their own water bottle with their name on it. Water bottles are not to be shared amongst players.
- ALL COACHES are required to wear a mask. If you do not a Bench Minor will be assessed. It will then go up the Ladder to a 5-minute major + Game Misconduct / ejection.
- Capitals staff that are operating the scoreboard, scoresheet and penalty boxes will always be required to wear masks.
- The Capitals will provide hand sanitizer at scoreboard / penalty area and other areas at the rink.
- No parents will be allowed in the rink. This is a NJYHL and AAHA rule and not a Capitals rule.
- Charlie Heger Ice Rink at Pershing Field does not have Live Barn. If you would like to have an extra coach/manager/parent take a video of the game – we will allow one in to record the game and share it with parents outside. This person must be on the USA Hockey roster and must fill out a health check form.
- There will be no handshake lines after games.