College Bound Student Athletes (CBSA)

PRESENTS

DEVELOPMENTAL SUNDAY

LOCATION: Frederick High School

 650 Carroll Parkway

 Frederick, Maryland

DATES: Every Sunday January 20-March 10

AGE GROUP-3rd-6th Grade -Boys and Girls

TIME: 4pm-6pm

Basketball Drills For Skill Development

Core, Speed, and Agility Training

CONTACT INFORMATION

Anthony Bowie- (240) 626-1622 or wfcoach@msn.com

 Jon Carrington- (717)-414-8207 or joncbsa@yahoo.com