

Alexander Central HS
Athletic Department
General guidelines

- Follow ACHS school website for information regarding upcoming events and the athletic calendar and follow ACHS twitter: @accougarsports, Instagram: accougarsports, Facebook: ACCougarsports
- Sports tryout dates: Fall – Aug 2 , Winter – Nov 1, Spring – February 14
- Athletes MUST have an up to date sport screening on the NCHSAA required physical form on file in order to try-out. [2021 NCHSAA Physical Form](#)
- Go to <https://www.alexandercentralathletics.com> or you can access the web page by going to the Alexander Central Home page and clicking on Athletics to fill out the online Blue Forms packet to participate in athletics. Instructions at the bottom of this document.
- Many sports related workouts and camps take place throughout the summer at ACHS. Make every effort to schedule family trips during the mandated “dead periods” when school sponsored activities cannot be scheduled.
NCHSAA Summer Dead Periods 2021: July 5 -11 and July 19 - July 25
- NCHSAA eligibility guidelines:
 - Live with parent/legal custodian in Alexander County or have attended Alexander County schools the last two previous semesters
 - Enrolled at Alexander Central HS and take a minimum load of courses(3)
 - Pass at least 3 out of 4 credit earning courses the previous semester
 - Met all local promotion standards
 - Meet local attendance policy of being in attendance 85% of previous semester
- Head Coach Directory and email list:
 - Women’s Golf: Brent Durmire bdurmire@alexander.k12.nc.us
 - Volleyball: TBD
 - Women’s Tennis: Courtney Bebber courtneybebber@alexander.k12.nc.us
 - Cross Country: Joe Cornwell jcornwell@alexander.k12.nc.us
 - Men’s Soccer: David McConnell dmccConnell@alexander.k12.nc.us
 - Cheerleading: Mindy Severt msevert@alexander.k12.nc.us
 - Football: Butch Carter bcarter@alexander.k12.nc.us
 - Swimming: Nikki Stevenson nbost@alexander.k12.nc.us
 - Wrestling: Josh Williamson jwilliamson@alexander.k12.nc.us
 - Men’s Basketball: Ed Wills ewills@alexander.k12.nc.us
 - Women’s Basketball: Jon Presnell jpresnell@alexandercountync.gov
 - Men’s Golf: Matt Wilson mwilson@alexander.k12.nc.us
 - Men’s Tennis: Cameron Gant cgant@alexander.k12.nc.us
 - Track and Field: Jonathan Winkler jwinkler@alexander.k12.nc.us
 - Women’s Soccer: Ashley Bumgarner abumgarner@alexander.k12.nc.us
 - Softball: Kylie Hamby kylie_hamby@alexander.k12.nc.us
 - Baseball: Pete Hardee ahardee@alexander.k12.nc.us
 - Athletic Director: Nathan Robinson nrobinson@alexander.k12.nc.us
 - Assistant Athletic Director: Todd Clontz tclontz@alexander.k12.nc.us
 - Athletic Trainer/Assistant Athletic Director: Stacy Davis stdavis@alexander.k12.nc.us

Online Registration Instructions

Listed below are the instructions for registering your son/daughter to play sports at Alexander Central High School. This is an annual process and is necessary for them to be eligible to compete in any sport during the school year. These online forms are taking the place of the paper "Blue Forms." Please follow all the instructions and call or email the NAS customer support line at (704) 341-4645 or support@nasthletics.com if you have any questions.

Go to <https://www.alexandercentralathletics.com> or you can access the web page by going to the Alexander Central Home page and clicking on Athletics.

Click on the Blue Box labeled **["Alexander Central 2021-2022 Online Blue Forms"](#)**

At this time it will ask you to login or create an account. If you don't have an account, please create one. You only have to do this one time. As long as you remember your account information you will just need to login the next time you are registering your student athlete.

After you login you should see the "Welcome" page. Please read all items carefully. This page also has a tab to give you more instructions on how to register. If you have questions the contact info is listed as well.

Click the Green "Continue" button and you're ready to begin.

From here please follow all instructions on each page until you complete.

- ❖ *If you don't have access to a computer or internet please let your coach know or call me at school (828) 635-3401. We have computers available in our media center.*

Thank you for taking the time to register your son/daughter. We are trying to move in a direction that is more convenient for you, our coaches, and administration. This is a new process for everyone but we feel it will make this necessary process more efficient in the future.

Thanks,
Nathan Robinson
Athletic Director