



PARENT EXPECTATIONS/HANDBOOK 2025-2026

1. Parents are expected to lead by example when it comes to good sportsmanship. It is important to be positive and cheer for our team and not against another team. If you have nothing positive to say, say nothing at all.
2. Parents are expected to get their child to and from all practices, matches and tournaments if their child is unable to drive. Keep in mind that players should arrive at practice at least 10 minutes early in order to get their shoes and kneepads on and be ready when practice begins.
3. Parents should not approach the bench during any tournament unless your child has a medical emergency.
4. Parents should not argue with the officials or line judges. Keep in mind the officials and line judges are doing their best, and any issue that arises will be dealt with by the coach and/or club director(s).
5. Aggressive or hostile confrontations between a parent and any coach, official, player, or other parent will not be tolerated and may result in parents losing the privilege to attend tournaments or practices. Depending on the severity of the confrontation, a parent may be asked to not attend any 208VBC events for a period of time. While we cannot prevent a parent from attending a tournament not hosted by 208VBC, we may ask that they not speak to 208VBC players, coaches, club management staff at such tournament.
6. Discussing negative comments or criticizing 208VBC club directors, coaches, team parents, chaperones, or players will not be permitted. This creates a negative culture that will not be tolerated. If you have questions for a coach or the club director(s), please direct them to that coach or the club director(s) as opposed to discussing it with other parents or players. Set a good example for your child by showing respect to our coaches and complying with their rules and decisions. The words your child hears at home can shape the outcome of your child's experience. Remember, if your child is happy, this is HIS or HER journey.
7. **24 HOUR RULE** - If an athlete or parent has a concern arising from a tournament or practice that needs to be addressed, they need to wait at least 24 hours after the conclusion of the event to discuss the issue with the head coach and/or club director(s). This protects coaches from inappropriate parent behavior, gives parents/players/coaches' emotions time to cool, and helps preserve a positive environment for all players. Failure to abide by the 24 hour rule may lead to banning parents from matches/tournaments.

8. If you have concerns regarding playing time or strategic decisions, **please refer to the “Conflict Resolution Agreement” section.**
9. A parent’s role is to support their son or daughter and support the team he or she made a commitment to, whether or not you agree with the coach’s decisions and strategies. You must understand that 208VBC’s coaches will make choices based on what they believe to be in the best interests of the team as a whole and the team’s goals, and not with the interests of a single player in mind.
10. Parents must ally themselves with the coach in teaching their son or daughter how to cope with the potential frustrations of being a member of a team. Sports provide an excellent opportunity to teach young men and women about the realities of highly competitive situations. They must be taught how to be a valuable team member regardless of their role, how to make use of both positive feedback and constructive criticism, how to cope with adversity, and how to be a gracious winner.
11. Please take time to consider how much time, energy, effort and dedication your team’s coaches are putting into coaching the team for relatively little compensation. They do it because they are passionate about the sport of volleyball and want to pass that along to help your son or daughter and their teammates be the best players and team that they can be. Please be appreciative of their efforts and realize that they deserve your respect and support. Our coaches are always well intentioned and have the best interest of their teams in mind.
12. Parents are encouraged to help your child take responsibility for rest and meals. Be sure he or she gets adequate sleep the night before tournaments and get proper nutrition and hydration in the days leading up to tournaments.
13. Each parent (including step parents, adoptive parents, etc.) must sign a Spectator Code of Conduct found on the 208VBC website and provide the signed document to the club director.
14. 208VBC encourages athletes to attend additional training opportunities such as camps, clinics, private lessons, etc. However, if the additional training opportunities conflict with a 208 event (practice, scrimmage, or tournament), preference must be given to the 208 event. Choosing a training opportunity above the 208 practice, scrimmage, or tournament may result in reduced playing time for your athlete.

CLUB FEES

15. Families are responsible for payment of the full club fees in addition to uniform fees, tournament fees, and travel expenses above and beyond club fees. Once an offer and acceptance form is signed by all parties, families are responsible for payment in full or in the options of 6-monthly installments or 4-monthly installments.
16. Players will not be allowed to begin practicing until the initial club association dues payment of \$350 per athlete is made. Unless otherwise specified, payments are due on the first of each month. If payment of monthly club dues is not received by the 5th of the month, a player will be suspended from practices and tournaments until payment in full is made. Unpaid fees will result in your player being added to the “no pay,

no play” list. All fees owing must be paid in full before the player can begin participating in practices or tournaments.

17. 208VBC accepts various forms of payment including: Venmo, PayPal, check, or through our Sports Engine invoices. Families who chose to pay via check must make arrangements to deliver payments to the PO Box at: 208 VBC LLC PO Box 65 Post Falls, ID 83877. **DO NOT give payment to any coach. All check payments need to be given to McKinna or the PO Box.** We do not accept cash payments.
18. Tournament fees and coaches’ travel fees are split between the number of players on each team. You are responsible to pay for your athlete’s portion of all tournament fees and coaches’ travel whether or not your athlete can participate in the tournament. There will be no deductions/refunds issued if your athlete cannot attend a tournament. ***If you notify the coach **AND** McKinna that your child will not be attending a travel tournament **BEFORE** the coaches’ travel fees invoice has been issued, your child will not be included when those fees are divided among players (*you won’t receive an invoice for travel fees*). However, if we are notified after the invoice goes out, you are still responsible for your portion of the travel fees.
19. Occasionally, 208VBC may choose to send a club director to a travel tournament as additional support for our coaching staff. In such circumstances, the travel fees for the club director to attend the tournament will be split evenly among all teams competing at said tournament.
20. If you have concerns with club dues or payment of club dues, you are encouraged to set up a time to speak with the club director(s) outside of normal practice or tournament times. Please do not express your concerns via email or text, but rather discuss these matters in an appropriate setting with the club director(s). Please do not speak with the coaches about your concerns with club dues.
21. If a player and/or parents choose to remove themselves from the team/club, no refunds will be issued. If a player is dismissed from the club, a refund will be issued for remaining tournaments that have not been played. **Please refer to the “Release of Player from 208VBC” section.**

PLAYING TIME

22. All players will have equal opportunities to train and play during practice sessions. Playing time in matches and tournaments is earned and is a privilege. 208VBC does not guarantee playing time during matches or tournaments. Coaches will make playing time decisions based on what they believe is best for the team.
23. Players are expected to earn a starting position and/or playing time every day in practice. Factors that can affect playing time include attendance at practice, attitude, work ethic, leadership skills, team chemistry, skill level, etc.

CONFLICT RESOLUTION AGREEMENT

208VBC strives to teach athletes to be their own advocate. If an athlete and/or parent has a concern, issue or problem that arises during the season, they are encouraged to follow the below-described steps (*keeping in mind the 24-hour rule*):

- a. First the athlete should schedule a time to speak with his or her head coach directly to discuss the issue at hand. In the case of players on the 11s or 12s teams, the parents may request a meeting in

which the athlete, parent and coach must be present. The athlete should not discuss such concerns with the coach during, or immediately before or after a practice or tournament. We are confident that the discussion between the athlete and head coach will resolve the issue.

- b. However, if the issue remains unresolved, the parents may contact the Club Director(s) to ask for a meeting to discuss the issue. The meeting should take place at a location considered adequate for private discussion agreed upon by both the parent and club director(s) - NOT at a tournament and/or practice. The decision of the club director(s) at this point is **FINAL**.

RELEASE OF PLAYER FROM 208VBC

Once an offer and acceptance form is signed by all parties, the athlete is officially part of the 208VBC family. If an athlete/family decides to depart 208VBC during the respective season, the following steps must take place:

- STEP 1 - The athlete/family must submit a WRITTEN request for release to the club director, at 208volleyballclub@gmail.com stating the reason for the request.
- STEP 2 - The athlete/family must pay the season's remaining monthly coaching fees in full. (*For example, if the athlete/family requests to be released from the club in February, the athlete will not be released until payment for monthly fees for February, March, April, May and June are received.*) Additionally, all invoices that have been sent must be paid in full.
- STEP 3 - 208VBC will release the athlete immediately once payment for all amounts in Step 2 are received. 208VBC will make notification to the ERVA office once the player has met all terms of the requested release.

CHAIN OF COMMAND - Jessica is the club owner and McKinna/Jessica are the co-club directors. We work together to run the club as smoothly as possible. Either one of us can help you with any questions that you may have. Whenever the term "club director" is used, we are referring to both McKinna and Jessica.

I, _____, have read, understand, and agree to the policies, procedures and obligations set forth in the 208VBC Handbook and the Parent Expectations. I understand the severity of breaking a rule. If I violate or challenge a rule, I realize that my child and I face possible dismissal from 208VBC. I understand that it is the decision of the coach, club owner, and club director to assign the consequence that he/she feels necessary to fit each individual circumstance. In addition, I certify that as a parent and/or guardian of this athlete, I have explained to my son or daughter the aforementioned stipulated conditions and their ramifications, and I consent to his or her participation in the programs conducted under USAV, JVA, AAU, and 208VBC allowing my child to participate in the program. I understand that any refunds or fee adjustments are offered at the complete discretion of the club and will be decided upon by the club director(s) on a case-by-case basis.

Parent/Guardian Signature

Date

Parent/Guardian Signature

Date