



FIELD HOCKEY ONTARIO
Box# 80030
Appleby Line, Burlington, ON
L7L 6B1
tel: 1 (877) 605-0855
info@fieldhockeyontario.com

Field Hockey Ontario Board of Directors Expression of Interest Package

Name: Louis Mendonca

Hometown: Thornhill, Ontario

Affiliated Club: Toronto Titans FHC

of Years Involved in Field Hockey: 30 Years

I have served on FHO's Board before: YES NO

If yes to the above, please list years and role: _____

I am a current FHO Member (Sep 1/2024-Aug 31/2025): YES NO

The following positions are up for election at the 2024 AGM (February 10, 2025):

- Chair (President) (1 Position – 3 Years)
- Treasurer (1 Position – 2 Years)
- Secretary (1 Position – 1 Year)
- Director-at-Large (3 Positions – 3 Years)
- Director-at-Large (2 Positions – 2 Years)
- Director-at-Large (2 Positions – 1 Year)

I am interested in serving on the FHO Board of Directors in the following position (check above).

Nominated By (Name & Club): Reginald Pereira - Toronto Titans FHC

Seconded by (Name & Club): John DeSousa - OKD





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In 100 words or less, please provide background on your current or prior professional experience relevant to being on the Board of Directors.

I have extensive experience in leadership, operational management, and strategic planning across athletics and the aerospace industry. I've recruited specialized professionals to support high-performance teams, developed policies for athletic programs, and managed fundraising initiatives. In aerospace, I collaborated with engineers and manufacturing staff to meet production goals, conducted internal audits for compliance, and analyzed key performance metrics. Additionally, I have represented national sports programs in media, delivered presentations to stakeholders, engaged with Board Directors, and participated in federal meetings, ensuring strong governance and stakeholder relationships.

In 100 words or less, please provide background on any previous Board and/or committee experience.

I have served on a community nonprofit board as a Sports Director and on the Titans FHC committee as a mentor coach. In both roles, I contributed to organizational planning, resource allocation, financial oversight, and legal compliance. I played a key role in ensuring effective governance, securing necessary resources, and supporting long-term sustainability. My experience in board leadership includes strategic decision-making, mentoring, and fostering strong community engagement to drive organizational success.





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In 100 words or less, please provide background on any relevant Field Hockey or other sport industry experience.

I have provided leadership at all levels of field hockey, from grassroots to national programs, fostering a goal-driven, athlete-centered environment. I have designed and led team practices, collaborated with coaching staff on match strategies, and integrated high-performance technology to enhance athlete development. My experience includes recruiting and mentoring athletes, coaching staff, and junior coaches. I have worked with professionals to implement innovative training methods and served on the advisory board for the field hockey para-program. Additionally, I am an NCCP Coach Evaluator and course conductor, contributing to coach education and development.

Please list your skills and competencies related to field hockey or sport. (i.e. Knowledge of member structure within field hockey clubs and FHO, community level field hockey in Ontario, coaching or officiating requirements, volunteer sport-based organizations, Long Term Athlete Development (LTAD), high performance athlete development, etc.).

- Strategic Visioning and Tactical Execution
- Performance Monitoring and Review
- High Performance Coaching and Mentoring
- Talent Identification and Succession Planning
- Motivation and Team Building

Please list your skills and competencies related to your business or professional background. (i.e. Specific industry experience, not-for-profit governance, strategic planning, risk management, accounting/financial analysis, previous board/committee experience etc.).

- Performance and Process Evaluation
- Policy Development and Implementation
- Supervision and Management
- Conflict Resolution and Problem Solving






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As a Board of Director or FHO Officer, the top three things I would like FHO to focus on in the next year are:

1. Financial Stability
2. Development of a High-Performance Program
3. Governance

Declaration:

I hereby confirm that all information submitted in this package is accurate and correct. I also confirm that I comply with all the requirements for a Board of Director member and the additional requirements of a Chair (President), Secretary or Treasurer (if apply for one of these FHO Officer positions). I understand that the first meeting of the Board of Directors will be held sometime in February 2025, meetings are held monthly/bimonthly (and ad hoc as required) and that I must be in attendance.

Signed: 

Date: 2025-01-28

