

# The Jeff Blatnick New York State Olympic Style Wrestling Championships

May 1st-3rd, 2026

LECOM Events Center - Elmira, NY



*Sponsored by:*



**The Jeff Blatnick New York State Olympic Style Wrestling Championships  
8U, 10U, 12U, 14U, 16U, & Junior Men & Women's Freestyle & Greco**

**Online Registration**

**ONLINE REGISTRATION (CREDIT CARD ONLY)**

Online registration via credit card is available [HERE](#) until **12:00 am Friday, May 1st**. Entry fee for all divisions registering online is \$60 (one style) and \$85 (two styles) **before April 28th**. If you register **after April 28th** the cost is \$75 for one style and \$100 for both. The official waiver will be completed electronically when registering online.

USAW Memberships are obtained and updated on the [USAWMembership.com](http://USAWMembership.com) website.

**Friday, May 1st, 2026 – Weigh-Ins (Multiple Divisions), 8U through 14U Boys & Girls Greco-Roman & Freestyle**

10:00 am Weigh-ins - 8U, 10U, 12U, 14U Boys & Girls Greco-Roman and Freestyle.

\*\*\*\*\* All athletes must be present at the BEGINNING of weigh-ins times\*\*\*\*\*

12:00 pm Greco-Roman - 8U, 10U, 12U, 14U Boys & Girls

3:00 pm Freestyle - 8U, 10U, 12U, 14U Boys & Girls

7:30 pm Weigh-ins - 16U Boys Greco-Roman, 16U/JR Girls Greco-Roman, JR Boys Freestyle

\*\*\*\*\* All athletes must be present at the BEGINNING of weigh-ins times\*\*\*\*\*

**Saturday, May 2nd, 2026 – Weigh-ins (Multiple Divisions), 16U Boys Greco-Roman, 16U/JR Girls Greco-Roman, JR Boys Freestyle**

7:00 am - 7:30 am Last Chance Weigh-ins – 16U Boys Greco-Roman, 16U/JR Girls Greco-Roman, JR Boys Freestyle

8:00 am – 8:15am Coaches Meeting

9:00 am 16U Boys Greco-Roman, 16U/JR Girls Greco-Roman

1:30 pm JR Boys Freestyle

8:00 pm – 9:00pm Weigh-ins - 16U Boys Freestyle, Girls Freestyle (16u-Jr), JR Boys Greco-Roman

\*\*\*\*\* All athletes must be present at the BEGINNING of weigh-ins times\*\*\*\*\*

**Sunday, May 3rd, 2026 – Weigh-ins (Multiple Divisions), 16U Boys Freestyle, 16U Girls Freestyle, JR Girls Freestyle, JR Boys Greco-Roman**

7:00 am - 7:30 am Last Chance Weigh-ins 16U Boys Freestyle, 16U & JR Girls Freestyle, JR Boys Greco-Roman

8:30 am 16U Boys Freestyle

1:30 pm 16U Girls Freestyle, JR Girls Freestyle, JR Boys Greco-Roman

***The tournament committee reserves the right to make changes in the above schedule prior to the end of each session by announcement.***

## GENERAL INFORMATION

### 1. **ONLINE REGISTRATION (CREDIT CARD ONLY)**

- a. Online registration via credit card is available [HERE](#) until **12:00am Friday, May 1st**. Entry fee for registering online is \$60 (one style) and \$85 (two styles) **before April 28th**. The cost to register **after April 28th** is \$75 for one style and \$100 for both. The official waiver will be completed electronically when registering online.
- b. USAW Memberships are obtained and updated on the [USAWMembership.com](http://USAWMembership.com) website.

### 2. **COACHING: Floor pass will be required to be on the floor and coach. ONLY coaches with a Current USA Wrestling Coach's membership card and a USAW Bronze (14U, 16U/JR) or Copper (12U & below) certification may purchase a floor pass for \$20 for the weekend. Coach's floor passes can be obtained at: [USA Bracketing](#)**

**Note:** Copper and Bronze certifications are good for life. You only have to complete them once. Memberships are annual. Background checks can take up to 7 days to process. DO NOT wait until the last minute to update your membership!

3. **ELIGIBILITY:** All contestants must present proof of current USAW Membership at registration. Membership must be acquired by completing the required information on [USAWMembership.com](http://USAWMembership.com) website. Secondary sports accident insurance is provided as a benefit of membership. **Wrestlers who will be turning 18 between September 1, 2025 and August 31, 2026 must have completed Safe sport Training found on USAW Membership**
4. **Admission:** Single day Adult tickets are \$15. Weekend admission is \$20. Children 12 and under are free. Tickets can be bought on [USA Bracketing](#), or cash at the door.
5. **16U/JUNIOR NATIONAL TEAMS:** Top 3 place winners in both styles at each weight class automatically qualify. Other spots on the team may be open. A **mandatory \$400 deposit must be made following the Freestyle or Greco-Roman competition** to secure a place on the team. Any questions should be directed to Kris Harrington, State Chairman and Joe Uccellini, Vice Chairman.
6. **INDIVIDUAL AWARDS:** Top 6 place winners in each weight class will receive a specially designed medal. MOW's for each age division will be awarded an engraved RUDIS sword. Triple Crowns will be awarded to those who win all 3 state championships. Double Crowns will be awarded to those who win 2 state championships.
7. **RULES:** The rules of the UWW, with current USAW modifications, will govern the event and the competition.
8. **UNIFORMS:** Red and Blue singlets, or reversible red/blue singlet with briefs, and wrestling shoes are required. The use of headgear is permitted and encouraged.
9. **INJURIES:** In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.
10. **SKIN CHECKS:** Rashes of any kind may disqualify a wrestler without a currently dated note (within 5 days) from a physician describing the location and type of any rash, treatment and stating that it is not contagious through contact. The Chief Medical Officer has full authority, without appeal, in determining the eligibility of an athlete to compete.
11. **WEIGH-INS: All athletes must be present at the beginning of weigh-ins.** Athletes must weigh in wearing an unadulterated singlet, and must have their USA card. USA card can be located on the athlete's phone. Athletes competing in both styles will weigh in only once for both events. This is contingent on the athlete actively competing in the first of the two styles scheduled. Athletes competing in one style must weigh-in for that style.

### 12. **EVENT DIRECTORS:**

State Chairman: Kris Harrington – [kharrington141@gmail.com](mailto:kharrington141@gmail.com), (585) 738-3906

Tournament Directors: Lewis Cucchiara (Freestyle) – [lcucchiara39@gmail.com](mailto:lcucchiara39@gmail.com) (585) 261-4493  
Matt Stuart (Greco) - [cauliflowerear2@gmail.com](mailto:cauliflowerear2@gmail.com) (518) 330-6658

Vice Chairman: Joe Uccellini – [undergroundathleticstroy@gmail.com](mailto:undergroundathleticstroy@gmail.com), (518) 603-2968

**For online registration, please visit: [USA Bracketing](#)**



## 2026 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
8U	Born 2018-2019	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs
10U	Born 2016-2017	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs
12U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs
14U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	75 lbs, 80 lbs, 84 lbs, 88 lbs, 92 lbs, 96 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 126 lbs, 132 lbs, 140 lbs, 155 lbs, 175 lbs, 225 lbs
16U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs
USA Junior	* Born 9/1/2006 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs

**Note:** Age group is determined by Year of Birth, not age on the day of the event.

# 2026 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
<b>8U</b>	Born 2018-2019	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 46 lbs, 50 lbs, 55 lbs, 62 lbs, 68 lbs, 74 lbs, 85 lbs
<b>10U</b>	Born 2016-2017	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 49 lbs, 53 lbs, 57 lbs, 62 lbs, 67 lbs, 73 lbs, 80 lbs, 90 lbs, 100 lbs, 113 lbs
<b>12U</b>	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	55 lbs, 59 lbs, 64 lbs, 69 lbs, 75 lbs, 81 lbs, 87 lbs, 94 lbs, 102 lbs, 112 lbs, 126 lbs, 140 lbs
<b>14U</b>	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 150 lbs, 165 lbs, 180 lbs
<b>16U</b>	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs
<b>USA Junior</b>	** Born 9/1/2006 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs

**Note:** Age group is determined by Year of Birth, not age on the day of the event.

**\*\*\* USA WRESTLING RULES \*\*\***

**WEIGHT CUTTING:** The use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heating devices, diuretics and laxatives for rapid weight reduction purposes is prohibited for all USA Wrestling events. The use of vapor-impermeable clothing (i.e., plastic sweats) for the specific purpose of rapid weight reduction is prohibited. Any method that raises the athlete's body temperature for the specific purpose of rapid weight reduction is prohibited.

Violation of these rules at USAW sanctioned events shall cause the individual(s) in question to be suspended from the competition. The Tournament Committee for the specific event will address each case. The decision of the tournament committee shall be final.

A second violation will result in the suspension of the individual(s) from any USAW sanctioned event/activities for one calendar year from the time of suspension.

Any individual assisting an athlete in prohibited weight reduction practices shall be held to the same rules and penalties as athletes, which are listed above.

*\*Complete rules are printed in the current USAW Rulebook\**

