



Coon Rapids Boys Basketball

High School Summer '19 Skills Program

Players interested in trying out for the 19-20 season are strongly encouraged to attend our Summer Skills program which runs through the months of June and July.

SKILL SESSIONS will be run by Coach Ogorek and the High School coaching staff. These sessions will focus primarily on the individual skills needed to play basketball at the High School level. Shooting skills, footwork, ball handling and other key fundamentals of the game will be broken down in these sessions. In addition, time will be spent on implementing and reinforcing the systems of play at the High School Level.

DATES: June: 17, 18, 20, 24 (AMS-FM), 25 (AMS-FM)

July: 8, 9, 11, 15 (Lower), 16 (Lower), 17 (Lower), 22, 23, 25, 29 (Lower), 30 (Lower)

TIME: 9-10:30 AM 10:00-11:30am (June 17, 18, 19 only)

LOCATION: CRHS (Fieldhouse or Lower Gym), Anoka MS-Fred Moore (June 24 & 25)

COST: \$70

Additional Information can be found on our website at www.protectthenest.net.

Updates will be posted on our Facebook Page and our Twitter Feed (@CRHS_Basketball).

Questions? E-Mail Coach Ogorek at m_ogorek4@yahoo.com

**Please make checks payable to Coon Rapids Boys Basketball*

Fill out registration and mail with check to, or turn in both in an envelope (addressed to CR Boys Basketball) to Ms. Cardinal in the activities office:

Coon Rapids Boys Basketball
2340 Northdale Blvd NW
Coon Rapids, MN 55433

Player Name: _____

19-20 Grade: _____

Parent/Guardian Name: _____

E-Mail: _____

Parent/Guardian Phone Number: _____

Parent/Guardian Waiver: My son has permission to participate in the Skills & Strength program. I verify that my child is physically and medically fit to participate in this basketball program. I hereby authorize the Coon Rapids Basketball Camp staff to act according to their best judgment in any emergency situation and I waive and release the camp and District #11 from any liability for any injuries my son may sustain while at camp.

Parent/Guardian Signature: _____

Date: _____