

U5/U6 AGE GROUPS: Original

# of Players:	3 v 3
# of Players (to begin the game):	2
Goalie:	No
Time Per Half:	Four 8-minute quarters with a 5 minute half time
Substitution:	ONLY at the quarter, unless injury
Ball Size:	3
Goal Kick Location:	From the end line, no goal box
All Kicks:	Indirect
Referee hit by ball:	Continue to play
Dropped Ball:	Ball dropped to last team to touch the ball
Throw-Ins:	Repeat once then loss of possession
Linesmen:	No
Offside:	No
Forfeit Time:	10 minutes
Score kept by referee:	No
Coach Discipline:	Coaches may be shown yellow and red cards

U7/U8 AGE GROUPS: Original

# of Players:	4 v 4
# of Players (to begin the game):	3
Goalie:	No
Time Per Half:	Four 10-minute quarters with a 5 minute half time
Substitution:	ONLY at the quarter, unless injury
Ball Size:	3
Goal Kick Location:	From the end line, no goal box
All Kicks:	Indirect
Referee hit by ball:	Continue to play
Dropped Ball:	Ball dropped to last team to touch the ball
Throw-Ins:	Repeat once then loss of possession
Red Line Mark:	ALL players must be in-front of line before ball crosses the goal line or it will be goal kick and change of possession. On a goal kick, any player can be inside the red line, but must be at least 8 yards from the ball.
Linesmen:	No
Offside:	No
Forfeit Time:	10 minutes
Score kept by referee:	No
Coach Discipline:	Coaches may be shown yellow and red cards

U9/U10 AGE GROUPS: Amended version 2

# of Players:	7 v 7
# of Players (to begin the game):	4
Goalie:	Yes
Time Per Half:	Two 25-minute halves with a 5 minute half time
Substitution:	There will be free substitution, with the referee's consent, at the following times: <ul style="list-style-type: none"><input type="checkbox"/> A player receiving a yellow card (the player carded only)<input type="checkbox"/> Prior to a throw-in for the team in possession (the opposing team may substitute when the team in possession subs)<input type="checkbox"/> Prior to a goal kick<input type="checkbox"/> After a goal by either team<input type="checkbox"/> After an injury by either team when the referee stops the play<input type="checkbox"/> At half-time by either team
team	
Ball Size:	4
Linesmen:	Yes
Offside:	Yes, but only between the build-out line and the end line.
Forfeit Time:	10 minutes
Penalty Area:	Ball can be played before leaving the penalty area on goal kicks or free kicks by the defensive team
Throw-Ins:	Loss of possession.
Referee hit by ball:	Follow new Laws, may be a dropped ball or may continue to play
Dropped Ball:	Ball dropped to last team to touch the ball
Score kept by referee:	Yes (use numbers not tally marks)
Coach Discipline:	Coaches may be shown yellow and red cards
Red Line Mark:	Build out line on both halves of the field parallel with the goal line <ul style="list-style-type: none"><input type="checkbox"/> Build out line is used to promote playing the ball out of the back in an unpressured setting<input type="checkbox"/> When the goalkeeper has the ball in-hand, the opposing team must move behind the build out line until the ball is put into play by the goalkeeper<input type="checkbox"/> Once the opposing team is behind the build out line, the goalkeeper may pass, throw, or roll the ball to a teammate (punting and dropkicks are not allowed)<input type="checkbox"/> The opposing team must move behind the build out line before a goal kick is taken<input type="checkbox"/> Once the ball is put into play by the goalkeeper, the opposing team may cross the build out line, normal play resumes



U11/U12 Age Groups:

We are going to change the U11/12 age group length and ball size to align to the national standard.

Any complaints by coaches/parents should be directed to Eric Bares, email is on ASA website.

# of Players:	9 v 9
# of Players (to begin the game):	7
Goalie:	Yes
Time Per Half:	Two 30-minute halves with a 5 minute half time
Substitution:	There will be free substitution, with the referee's consent, at the following times: <ul style="list-style-type: none"><input type="checkbox"/> A player receiving a yellow card (the player carded only)<input type="checkbox"/> Prior to a throw-in for the team in possession (the opposing team may substitute when the team in possession subs)<input type="checkbox"/> Prior to a goal kick<input type="checkbox"/> After a goal by either team<input type="checkbox"/> After an injury by either team when the referee stops the play<input type="checkbox"/> At half-time by either team
Ball Size:	4
Linesmen:	Yes
Offside:	Yes
Forfeit Time:	10 minutes
Penalty Area:	Ball can be played before leaving the penalty area, opposing team must be outside the penalty area till after the kick is taken.
Referee hit by ball:	Follow new Laws, may be a dropped ball or may continue to play
Dropped Ball:	Ball dropped to last team to touch the ball
Score kept by referee:	Yes (use numbers not tally marks)
Coach Discipline:	Coaches may be shown yellow and red cards
Heading:	No in U11/U12 coed – As this is a mixed league including younger players heading will not be permitted.
Punting by Keeper:	Yes

U13/U14 Age Groups:

# of Players:	9 v 9
# of Players (to begin the game):	7
Goalie:	Yes
Time Per Half:	Two 35-minute halves with a 5 minute half time
Substitution:	There will be free substitution, with the referee's consent, at the following times: <ul style="list-style-type: none"><input type="checkbox"/> A player receiving a yellow card (the player carded only)<input type="checkbox"/> Prior to a throw-in for the team in possession (the opposing team may substitute when the team in possession subs)<input type="checkbox"/> Prior to a goal kick<input type="checkbox"/> After a goal by either team<input type="checkbox"/> After an injury by either team when the referee stops the play<input type="checkbox"/> At half-time by either team
Ball Size:	5
Linesmen:	Yes
Offside:	Yes
Forfeit Time:	10 minutes
Penalty Area:	Ball can be played before leaving the penalty area, opposing team must be outside the penalty area till after the kick is taken.
Referee hit by ball:	Follow new Laws, may be a dropped ball or may continue to play
Dropped Ball:	Ball dropped to last team to touch the ball
Score kept by referee:	Yes (use numbers not tally marks)
Coach Discipline:	Coaches may be shown yellow and red cards
Heading:	Yes, this is permitted at U14
Punting by Keeper:	Yes