



## **MURRIETA BRONCOS**

### **JR. ALL AMERICAN FOOTBALL & CHEER**

### **PARENT / COACH CODE OF CONDUCT**

#### **CONDUCT AT PRACTICES:**

1. No one is allowed on the practice field unless they are a coach, staff member, player, or board member; except in the areas designated for spectators.
2. No coach, staff member, or board member is allowed to give a child medication at the field. Parents, likewise, are not allowed to give their child medication and then return them to practice. The only exception is inhalers which must be administered by a certified team AD, or Certified Chapter AD and their assistant. Parents are not allowed to administer inhalers from the sideline. All children required to use inhalers must have the correct prescribed or type of inhaler in possession of the Team AD at all practices. We will expect parents to give the Team AD the appropriate inhaler to keep during the season.
3. Parents or spectators are not allowed to interrupt practices or games expecting to talk with anyone on the coaching staff. All concerns must be addressed to the Team AD, who will approach the staff in the event of a concern requiring immediate attention. All conversations with the coaching staff are to be reserved for after practices or games. Conversations before practice or games will be at the coach's discretion.
4. Food or soft drinks given by spectators to players will not be allowed during practices or games. Water breaks given by the coaching staff will be for water, Gatorade only.

#### **CONDUCT DURING GAMES:**

1. Sweating a child down is illegal in our Chapter and our Conference (MJAAF & SCJAAF). What you do with your child is a concern of ours if your actions are contrary to Chapter or Conference rules. Sweating down includes (but is not limited to):
  - a. Wearing a sweat suit, plastic suit, plastic trash bag, or heavy/thick garments for the purpose of sweating off pounds in order to make weight.
  - b. Placing a child in a confined space with increased temperatures, such as a sauna, closed vehicle, or room for the purpose of sweating off pounds in order to make weight.
2. There are distinct safety and legal concerns over the possibility of dehydration or heat stroke. Some acceptable methods of weight loss are:
  - a. Adjusting the diet to one of simply eating right, cutting down on fatty foods, and reducing sweets, etc.

b. Increasing physical activity away from the field, but nothing more strenuous than what the child can reasonably undertake.

c. Keep in mind, they are just children and any procedure undertaken with the intent of losing weight should be one that is acceptable to your own physician. There is plenty of room in our program for your child to learn to sport of Football. Playing up one level should be encouraged, if necessary, so your child can grow stronger and healthier, and learn to compete against the more experienced players.

3. No spectators are allowed within 50 feet of the check-in area by Conference rules.

4. No spectators are allowed across the game field barrier set up by the home Chapter during games. Some fields have stands with a fence utilized as the barrier. Some Chapters simply put up a temporary barrier.

5. No Spectator is allowed to harass, threaten, provoke, or strike a game official, board member, coach, staff member, or player at any time before, during, or after a game, practice, or any other MJAAF activity.

6. No one is allowed to hinder the designated medical personnel while they are fulfilling their duties on the field or elsewhere within the jurisdiction of our program.

7. Spectators are to refrain from any derogatory remarks or actions directed to the opposing teams or Chapters, in any manner which may incite confrontations.

8. Volunteers required for chain gang during games must not coach while working the chains, and must not provoke, confront, or incite the opposing teams by words or actions while on their sidelines.

Consequences for violating the Code of Conduct will be at the discretion of the MJAAF Board, and can include but are not limited to any of the following: Verbal Notice, Written Notice, suspension of child and/or parent from the game; Suspension of child and/or parent for one week from any MJAAF activities; Suspension of child and/or parent for one year from any MJAAF activities; Permanent suspension from MJAAF League. Each case will be voted on by the MJAAF Board as stated in the MJAAF By-laws.