



SAFETY & EMERGENCY ACTION PLAN

MURFREESBORO BASEBALL & SOFTBALL ASSOCIATION (MBSA)

To establish clear procedures for responding to emergencies during league activities, ensuring the safety of players, coaches, officials, and spectators.

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CONTACTS

Role	Name	Phone Number	Notes
League President	Courtney Sloan	615-648-7884	
Safety Officer	Jon Sanderson	Info on website	www.murfreesborobaseball.com
Safety Officer	Michael Spivey	Info on website	www.murfreesborobaseball.com
Treasurer	Steve Harris	Info on website	Contact for player injuries
Police Department	Non-Emergency Dispatch Needs	615-893-1311	Emergencies: 911

TRAINING & REVIEW

- Player Safety Training – Coaches Meeting – Once per year
 - Concussion
 - Proper Equipment use
 - Heat & Hydration
 - Overuse
- Review and update EAP annually.

INSURANCE COVERAGE FOR BALLFIELD INJURIES

Injuries sustained at the ball field during scheduled activities will be covered only under secondary insurance, and only for registered players. This means:

- Primary insurance coverage must be provided by the individual or their personal health insurance plan.
- The organization's insurance will apply only after the player's primary insurance has been processed.
- Spectators, coaches, volunteers, and other non-player participants are not covered under this policy.

LOCATION OF AED'S, FIRE EXTINGUISHERS, WEATHER RADIO



CONCESSIONS STAND NEAR FIELDS #1, #2, AND #3



MBA OFFICE NEAR FIELDS #1, #2, AND #3



MBA OFFICE NEAR FIELDS #1, #2, AND #3



CONCESSIONS STAND NEAR FIELDS #5, #6, AND #7

WEATHER EMERGENCY DEFINITIONS

TORNADO WATCH:

Issued by the NWS when the weather conditions are likely to produce tornadoes and are expected to develop.

TORNADO WARNING:

Issued by the NWS when the Doppler radar indicates tornado formation, or a tornado has been sighted by a trained weather spotter.

PLACE OF ASSEMBLY:

An area usually outside a building where employees gather an evacuation to ensure all employees are accounted for.

PLACE OF REFUGE:

A place of safety for the disabled to seek safety until members of the fire and rescue service remove them to another point of safety.

SHELTER IN PLACE:

A process for taking immediate shelter in a location readily accessible to affected individuals by sealing a single area from outside contaminants and shutting off all HVAC systems.

DISASTER PLAN: THUNDERSTORMS/ LIGHTNING/ TORNADOS

EMERGENCY EVACUATION STEPS:

1. MBSA Board Member or designee will alert all spectators, participants, coaches, officials, and employees of approaching storms/tornados.
2. MBSA Board Member or designee will notify police department of park evacuation.
3. MBSA Board Member or designee will open all exit gates within park.
4. MBSA Board Member or designee will assist spectators, participants, coaches, officials, and employees to their cars, or if time does not allow, will direct all the aforementioned to the designated shelter/safe areas. (Concession areas, Restroom areas, Officials' areas)
5. MBSA Board Member or designee will assist police with traffic.

THUNDERSTORM WATCH:

Games and practices may continue with caution. Be aware of any changes in the weather conditions. If flooding becomes a reasonable possibility, always remain on or retreat to higher ground staying away from creeks, streams and other flowing water.

THUNDERSTORM WARNING:

Games and practices must stop, and all spectators, participants, coaches, officials, and employees must return to their vehicles. Games and practices may continue if conditions improve and warning is lifted. If storms continue or conditions worsen, everyone must exit the park; games and practices will be cancelled. Employees should secure all buildings and gates during their exit from the park.

LIGHTNING STRIKES:

With every lightning strike, there is a minimum 30-minute delay of the activity. Games or practices will not be permitted on the fields or in the park while lightning is present. Spectators, participants, coaches, officials, and employees shall seek shelter during these conditions. Stay clear of metal bleachers, benches, dugout covers, trees, and standing water. MBSA Board Member and other park employees should monitor all lightning strikes and approaching inclement weather to determine if evacuation of the park is warranted.

TORNADO WATCH:

Games and practices may continue with caution. Be aware of any changes in the weather. Have a designated staff member monitor the weather channel, local TV weather station, internet weather site, NOAA weather radio and/or smart phone weather app to stay informed of any changing conditions. If a watch becomes a warning, games and practices will end immediately.

TORNADO WARNING:

Games and practices will end immediately, and all spectators, participants, coaches, officials and employees should proceed to the designated shelter/safe area. If time does not allow for individuals to reach a shelter/safe area, all persons should seek the lowest area in the park (ground, ditch, culvert) and take cover.

Emergency Numbers: Police 911

SEVERE WEATHER, LIGHTENING, AND TORNADO SHELTER AREA



Severe Weather, Lightening, and Tornado Shelter Area

-  Concession Near Fields 1, 2, 3 and Concession stand near 5, 6, 7
-  Restroom Near Fields 1, 2, 3 and Concession stand near 5, 6, 7
-  MBA Office Near Fields 1, 2, 3 / MPRD Office near 5, 6, 7

Emergency Numbers: Police 911:

DISASTER PLAN: FIRE

EMERGENCY EVACUATION STEPS:

1. MBSA Board Member or designee will sound evacuation alarm and alert all workers to exit the concession stand or other building areas. Fire extinguishers should be used only to create a safe exit from the concession stand or other building areas, not to fight the fire.
2. MBSA Board Member or designee will notify the fire department of a fire emergency.
3. All workers/employees should stand back a minimum of 75 feet from the building.
4. MBSA Board Member or designee will keep spectators, participants, coaches, and officials a minimum of 75 feet away from the building to a place of assembly (behind field #8 in the center of the park) or a place of refuge (behind field #4 in the center of the park).
5. Make sure all emergency vehicles have access to the park/building. Emergency Personnel should enter the park at the front gate entrance off Veterans Parkway or the back-gate entrance off Volunteer Road (off 231 South)

DISASTER PLAN: MEDICAL EMERGENCY

EMERGENCY STEPS:

1. MBSA Board Member or designee will contact emergency 911.
2. MBSA Board Member or designee will stay with person and direct someone to alert on-site medical personnel, if present, and retrieve AED if needed. AEDs located in Concession stands.
3. MBSA Board Member or designee will assist with crowd control.
4. MBSA Board Member or designee must make sure all field gates are open and assist with direction of ambulance to the individual.
5. Emergency Personnel should enter the park at the front gate entrance off Veterans Parkway or the back-gate entrance off Volunteer Road (off 231 South).

DISASTER PLAN: FLOODING

EMERGENCY STEPS:

1. Employees should remain aware of the weather conditions in their area and should take necessary precautions when traveling from building to building during a Flood Watch and Flood Warning.
2. Department Heads will decide what if any actions need to be initiated.

DISASTER PLAN: DISGRUNTLED FAN/FIGHTS/WEAPONS

EMERGENCY STEPS:

1. MBSA Board Member or designee will contact emergency 911 and alert on-site Officer if present.
2. MBSA Board Member or designee will assist with crowd control and clear spectators from the area.
3. MBSA Board Member or designee will inform involved individuals that the police have been called and are in transit.
4. Emergency Personnel should enter the park at the front gate entrance off Veterans Parkway or the back-gate entrance off Volunteer Road (off 231 South).
5. All involved individuals will be escorted by security/police to the park exit.

DISASTER PLAN: EXTREME HEAT

- 1) Summer, early fall and late spring
 - (a) 80' – 90' fatigue possible
 - (b) 90' – 105' sunstroke, heat cramps, heat exhaustion is possible
 - (c) Heat Index of 105' – 130' sunstroke, heat cramps, heat exhaustion, and heat stroke possible
- 2) Protection
 - (a) Wide brimmed hats, sunglasses, sunscreen.
 - (b) Drink 2-4 glasses of fluids every hour.
 - (c) Limit amount of strenuous activities outside without a rest break. Breaks should be in the shade or air-conditioned areas.
 - (d) Heat index of 105' or more – practices and games will be rescheduled to evening hours or canceled.
 - (e) Train board members & coaches in causes, symptoms, preventative measures, and treatment of sunstroke, heat cramps, heat exhaustion and heat stroke.

CODES OF CONDUCT

Baseball and Softball embody the discipline of teamwork, challenges players towards perfection of physical skills, and brings into play the excitement of tactics and strategy. The very nature of baseball and softball also teach that while every player eventually strikes out, or is on a losing team, there is always another chance for success in the next at-bat or game. With this in mind, MBSA expects each manager, coach and player to adhere to the following:

COACHES CODE OF CONDUCT

- Know the MBSA Rulebook and abide by the rules within. Instruct team members in the rules and coach/manage the team in such a way as to motivate each player to compete according to the rules at all times.
- Recognize that the umpire-in-chief is the sole judge on the field of play. The questioning of his or her decisions by managers, coaches, players, or spectators in a disrespectful or abusive manner will NOT be tolerated.
- Ensure that fans of the team conduct themselves with good sportsmanship and maturity at all times while in attendance at games. Assist the officials in maintaining control of spectators during games. Players, managers, and coaches of participating teams shall not mingle with spectators, nor sit in the stands during a game in which they are engaged.
- Show proper respect to the coaches, players, and spectators of the opposing team before, during, and after the game, win or lose.
- Teach each player, especially through personal example, to be humble and gracious in victory; proud and courteous in defeat.
- Maintain control of his/her emotions and avoid actions, language, and gestures that may be interpreted as hostile and/or humiliating.
- Be responsible in caring for the equipment, and for cleaning up the fields, dugouts, and stands after games and practices.
- Realize, accept, and practice the principle that a team's reputation is built not only on its playing ability, but also on sportsmanship, courtesy, and respect.
- Coaches are appointed by the league to be responsible for the team's actions on the field and to represent the team in communications with the umpire and opposing team. If a coach leaves the field or is not present at a game, he/she shall designate an assistant coach as a substitute who then will assume all the responsibilities of the head coach.
- Follow all league safety guidelines according to the MBSA Rulebook.
- Adhere to a tobacco-free environment at all games. All forms of tobacco are prohibited at Barfield Park for managers, coaches, parents, and fans.

- Support the Murfreesboro Baseball and Softball Association in all duties assigned by the MBSA Board of Directors.
- Present yourself in a professional manner and wear a minimum of a team hat and appropriate athletic attire. Save the tank tops and flip-flops for the beach!

PARENT'S CODE OF CONDUCT

As a Parent in the Murfreesboro Baseball Association, I agree to adhere to the following Code of Conduct:

- I will refrain from harassing or threatening umpires at all times. While many feel this to be "part of the game", it has no place in youth baseball. Many of our umpires are volunteers who have selflessly committed their time and energy to help us provide a quality youth baseball program. Many are also young men and women who are at the early stages of learning their craft. We are supportive of our players when they make mistakes and umpires deserve the same respect and consideration. You will never, ever agree with every call they make, but you must respect the umpire's obligation and authority to make those tough calls without fear of retribution.
- I will respect the coaches, players and spectators of the opposing team before, during and after the game win or lose. Our role as responsible adults is to teach each player, especially through personal example, to be humble and gracious in victory; proud and courteous in defeat. If a player on the opposing team makes a great play, applaud!
- I will help to ensure a litter-free environment. When trash is carelessly left around dugouts, bleachers, and spectator areas, it degrades the enjoyment of the game of baseball for everyone. League volunteers are not trash collectors. Everyone in the Murfreesboro Baseball Association should take pride in the sport we play and the beautiful park facilities at which we play. If you see some trash that someone else has left behind, please consider picking it up. You'll make everyone's day a little brighter, set a great example for your child who will be watching, and take care of our environment. Plus you will feel better knowing that you helped us provide a quality program for all to enjoy.
- I will help ensure a tobacco-free environment and follow Barfield Park rules. Barfield Park rules PROHIBIT the use of tobacco within the baseball complex. This includes smokeless tobacco and smoking. You must go outside the gates of the complex to use any form of tobacco. Barfield Park PROHIBITS the use of skateboards, rollerblades, scooters, bikes, etc inside the park. There are no pets allowed except for service animals.

PLAYER CODE OF CONDUCT

As a player, I will:

1. Conduct myself with honor, dignity and treat other players as I would like to be treated
2. I will treat all players, coaches, umpires, parents, and spectators with dignity and respect, as I would like to be treated, using appropriate language in appropriate tones when interacting with them.
3. I will respect the integrity and judgment of the game umpires, understand that they are doing their best to help promote the youth baseball athletes, and admire their willingness to participate in full view of the public.
4. Respect the game and its rules, learn and follow them, and play the game fairly.
5. Show respect for the authority of the referee, even though I will sometimes disagree with his/her calls.
6. Show good sportsmanship before, during, and after games. I understand that this is a game, and that the players on the other team are my opponents, not my enemies.
7. Be modest and generous when I win and gracious when I lose.
8. I will win and lose graciously, demonstrating good sportsmanship throughout games and practices.
9. I will follow the directions of my coaches.
10. I understand that the use of tobacco products, e-cigarettes or any controlled substances (alcohol, drugs, etc.) is strictly prohibited at any MBSA event.

I understand that if I do NOT follow the Code of Conduct, any of the following actions may be taken by my local participating town program or by MBSA:

1. Required to apologize to teammates, opponents or officials.
2. Substituted or suspended from game, practice or other team activities.
3. Removal from the organization.

EJECTIONS

All ejections of Coaches, Players OR Spectators mean that the person(s) are ejected for the current game AND the next game the team plays. An ejected person must leave the field area and move outside of the gate/fence, into the parking lot/grass area beyond the fence. All game/park ejections are reviewed by MBSA Board and continued issues will be dealt with appropriately. Depending on the seriousness or frequency, the Board may assess additional disciplinary action up to and including expulsion from the League.