

Section 8A True Team
Ada-Borup-West - 5/9/2023
Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Ava Phrakonkham	10 Bagley/Fosst	12.78 28
2	Paige Haack	12 Lake of the	12.89 27
3	Katrina Hitchen	9 Fertile-Belt	13.10 26
4	Shakyla Smith	11 Northome/Kel	13.30 25
5	Markelle Pederson	9 West Marshal	13.49 24
6	Mary Versteeg	9 Internationa	13.54 23
7	Cassie Solheim	11 Crookston	13.64 22
8	Annika Adolphson	7 West Marshal	13.71 21
9	Hanna Warnke	9 Kittson Coun	14.15 20
10	Lily Rosson	8 Northome/Kel	14.18 19
11	Jordyn Rasch	7 Fertile-Belt	14.22 18
12	Claire Klinkhammer	8 Bagley/Fosst	14.25 17
13	Mollie Olson	12 Fisher/EGF S	14.33 16
14	Berlyn Strege	10 Kittson Coun	14.43 15
15	Macie Cavett	11 Ada-Borup-We	14.51 14
16	Brita Rand	10 Walker-Hacke	14.58 13
17	Emma Olson	7 Roseau	14.59 12
18	Gabbie Olson	9 Roseau	14.63 11
19	Lyndsey Driohorst	7 Walker-Hacke	14.72 10
20	Danika Gustafson	10 Warroad	14.82 9
21	Carly Thode	12 Crookston	14.86 8
22	Brooklyn Hasbargen	11 Lake of the	14.88 7
23	Aubrie Trautner	8 Ada-Borup-We	14.97 6
24	Dianne La Voy	12 Internationa	15.04 5
25	Emma Casperson	10 Warroad	15.25 4
26	Alyssa Vareberg	9 Red Lake Cou	15.65 3
27	Ryen Chwialkowski	7 Fisher/EGF S	17.99 2
28	Randi Rowley	10 Red Lake Cou	18.04 1

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Paige Haack	12 Lake of the	27.16 28
2	Ava Phrakonkham	10 Bagley/Fosst	27.38 27
3	Hannah Pederson	11 West Marshal	28.33 26
4	Kim Hitchen	12 Fertile-Belt	28.49 25
5	Annika Adolphson	7 West Marshal	28.63 24
6	Meah Marshall	11 Fisher/EGF S	29.02 23
7	Mary Versteeg	9 Internationa	29.06 22
8	Ashlyn Bailey	7 Crookston	29.49 21
9	Halle Winjum	11 Crookston	29.66 20
10	Olivia Thostenson	11 Internationa	29.99 19
11	Adley Vigness	7 Fisher/EGF S	30.54 18
12	Jenna Thompson	8 Ada-Borup-We	30.62 17
13	Claire Klinkhammer	8 Bagley/Fosst	30.70 16
14	Ilaina Fish	9 Warroad	30.75 15
15	Ella Kronschnabel	7 Fertile-Belt	30.80 14
16	Liliana Gordon	10 Roseau	31.05 13
17	Alyssa Martinez	9 Warroad	31.08 12
18	Tatum Preteau	8 Roseau	31.27 11
19	Madelyn Poxleitner	8 Northome/Kel	31.30 10
20	Afton Lindgren	9 Kittson Coun	31.38 9

21	Annika Idstrom	11 Walker-Hacke	32.00 8
22	Elayna Freeman	7 Walker-Hacke	32.24 7
23	Zara Bakke	8 Ada-Borup-We	32.66 6
24	Angela Leach	8 Northome/Kel	33.61 5
25	Miranda Peterson	10 Kittson Coun	33.66 4
26	Mackenzie Vrtacnik	9 Lake of the	33.67 3
27	Daphne Harmoning	10 Red Lake Cou	34.14 2
28	Randi Rowley	10 Red Lake Cou	37.11 1

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Katrina Hitchen	9 Fertile-Belt	1:02.31 28
2	Annika Adolphson	7 West Marshal	1:03.16 27
3	Faith Lilly	11 Warroad	1:03.22 26
4	Morgan Turn	10 Kittson Coun	1:03.84 25
5	Isabella Warmbold	11 Bagley/Fosst	1:05.41 24
6	Jenna Thompson	8 Ada-Borup-We	1:06.64 23
7	Alexis LaBine	8 West Marshal	1:06.67 22
8	Sofie Grunhovd	9 Fertile-Belt	1:07.38 21
9	Marrissa Mills	10 Northome/Kel	1:07.49 20
10	Ilaina Fish	9 Warroad	1:07.64 19
11	Bailey Herberg	12 Internationa	1:08.00 18
12	Emmy Allen	10 Northome/Kel	1:09.49 17
13	Lexi Wood	7 Lake of the	1:09.72 16
14	Sarah Prodzinski	11 Ada-Borup-We	1:09.72 15
15	Aislinn Hoefler	12 Bagley/Fosst	1:09.83 14
16	Greta Kuznia	9 Kittson Coun	1:09.94 13
17	Julia Dykstra	9 Internationa	1:10.07 12
18	Elizabeth Cairns	8 Walker-Hacke	1:10.39 11
19	Ava Haack	7 Lake of the	1:11.29 10
20	Kayla Benson	9 Fisher/EGF S	1:13.22 9
21	Aubrey Bartrum	8 Crookston	1:14.22 8
22	Maren Capps	9 Roseau	1:14.38 7
23	Alyssa Vareberg	9 Red Lake Cou	1:15.20 6
24	Sophie Werner	9 Fisher/EGF S	1:18.61 5
25	Julia Schock	12 Walker-Hacke	1:19.02 4
26	Nora Groven	7 Crookston	1:20.95 3
27	Gabrielle DeHaan	8 Red Lake Cou	1:21.55 2
28	Paige Larsen	9 Roseau	1:22.52 1

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Carlota Lopez Santamarina	10 Bagley/Fosst	2:30.91 28
2	Katrina Hitchen	9 Fertile-Belt	2:32.94 27
3	Abigail Bleess	11 Warroad	2:35.77 26
4	Josephine Hinson	8 Roseau	2:42.48 25
5	Allison Lundin	9 Northome/Kel	2:44.12 24
6	Ellie Adams	12 Warroad	2:44.30 23
7	Natalie Peterson	12 West Marshal	2:44.55 22
8	Elizabeth Lytle	10 Red Lake Cou	2:44.87 21
9	Greta Kuznia	9 Kittson Coun	2:45.69 20
10	Marrissa Mills	10 Northome/Kel	2:47.49 19
11	Liv EFta	11 West Marshal	2:48.51 18
12	Halle Reitmeier	11 Fisher/EGF S	2:49.05 17

**Section 8A True Team
Ada-Borup-West - 5/9/2023**

Results

Finals ... (Girls 800 Meter Run)

Name	Yr	School	Finals	
13	Lola Wade	10 Internationa	2:50.63	16
14	Quianna Ford	11 Internationa	2:51.66	15
15	Emma Hendrickson	9 Red Lake Cou	2:54.03	14
16	Laura Schmiedeberg	8 Kittson Coun	2:54.37	13
17	Morgan Smart	10 Ada-Borup-We	2:57.62	12
18	Peyton Schroeder	8 Fisher/EGF S	2:58.01	11
19	Brooklyn Hanson	9 Walker-Hacke	2:58.32	10
20	Skye Balstad	10 Bagley/Fosst	2:58.94	9
21	Zoe Messick	12 Fertile-Belt	3:00.04	8
22	Maddy Wegge	9 Ada-Borup-We	3:00.59	7
23	Grace Boll	7 Crookston	3:05.82	6
24	Ava Haack	7 Lake of the	3:07.09	5
25	Lelia Johnson	11 Roseau	3:07.99	4
---	Marissa Liliquist	10 Walker-Hacke	DQ	

Girls 1600 Meter Run

Name	Yr	School	Finals	
1	Ella Arntson	8 Fisher/EGF S	5:43.21	28
2	Annie Peterson	9 West Marshal	5:44.19	27
3	Allison Lundin	9 Northome/Kel	5:49.59	26
4	Ayla Woinarowicz	8 West Marshal	5:53.53	25
5	Katy Comstock	10 Warroad	6:07.58	24
6	Jayla Abrahamson	7 Fisher/EGF S	6:09.74	23
7	Adley Goulet	7 Warroad	6:11.05	22
8	Samantha Butler	11 Roseau	6:11.78	21
9	Madi Nitschke	9 Ada-Borup-We	6:12.74	20
10	Elizabeth Lytle	10 Red Lake Cou	6:15.17	19
11	Emma Hendrickson	9 Red Lake Cou	6:23.98	18
12	Lola Hall	7 Internationa	6:30.27	17
13	Lila Wood	10 Internationa	6:30.72	16
14	Morgan Smart	10 Ada-Borup-We	6:37.96	15
15	Heidi Steinbrenner	8 Bagley/Fosst	6:43.77	14
16	Zoe Messick	12 Fertile-Belt	6:45.02	13
17	Sophia Udem	7 Walker-Hacke	7:08.35	12
18	Skyler Benson	8 Fertile-Belt	7:18.73	11
19	Maddie Harbott	10 Crookston	7:24.57	10
20	Maddie Hanson	7 Crookston	7:26.65	9
21	Lillian Jauquet	10 Roseau	7:30.20	8
22	Emmy Allen	10 Northome/Kel	7:35.14	7
23	Jillian Baumann	9 Bagley/Fosst	8:36.29	6
---	Marissa Liliquist	10 Walker-Hacke	DQ	

Girls 3200 Meter Run

Name	Yr	School	Finals	
1	Ella Arntson	8 Fisher/EGF S	12:24.07	28
2	Ayla Woinarowicz	8 West Marshal	13:05.19	27
3	Jorie Miska	9 West Marshal	13:10.82	26
4	Norah Hanson	7 Fisher/EGF S	13:48.83	25
5	Alyce Labrasseur	11 Lake of the	13:55.19	24
6	Avri Goulet	10 Warroad	13:58.28	23
7	Lola Hall	7 Internationa	14:03.07	22
8	Madi Nitschke	9 Ada-Borup-We	14:10.98	21

9	Madison Wegand	11 Warroad	14:25.31	20
10	Ashlynn Omdahl	9 Roseau	14:31.41	19
11	Heidi Steinbrenner	8 Bagley/Fosst	14:38.55	18
12	Kendra Kalstad	10 Internationa	14:54.11	17
13	Charli Hallstrom	9 Northome/Kel	15:34.08	16
14	Paige Larsen	9 Roseau	15:36.67	15
15	Danica Striker	10 Bagley/Fosst	16:02.26	14
16	Leah Pahlen	7 Red Lake Cou	16:25.07	13
17	Maddie Harbott	10 Crookston	16:46.54	12
18	Gretchen Larson	12 Northome/Kel	16:55.51	11
19	Ary Grunwald	8 Fertile-Belt	16:56.61	10
20	Miley Fladhammer	8 Fertile-Belt	16:57.66	9

Girls 100 Meter Hurdles

Name	Yr	School	Finals	
1	Olivia Thostenson	11 Internationa	17.21	28
2	Hannah Pederson	11 West Marshal	17.49	27
3	Kim Hitchen	12 Fertile-Belt	17.54	26
4	Micayla Olson	11 Fertile-Belt	17.60	24.5
4	Nora Osowski	10 West Marshal	17.60	24.5
6	Finley Horken	8 Fisher/EGF S	18.07	23
7	Isabelle Smith	11 Crookston	18.22	22
8	Summer Hesseldahl	12 Internationa	18.92	21
9	Kaelan Rockensock	10 Northome/Kel	19.16	20
10	Izabel Marcussen	11 Ada-Borup-We	19.20	19
11	Emily Duquette	8 Northome/Kel	19.88	18
12	Emma Shultes	8 Fisher/EGF S	20.19	17
13	Evie Dryburgh	12 Bagley/Fosst	20.47	16
14	Annika Idstrom	11 Walker-Hacke	20.59	15
15	Dakota Dunham	10 Roseau	20.63	14
16	Ava Hayes	8 Bagley/Fosst	20.65	13
17	Laraya Lynch	9 Walker-Hacke	20.75	12
18	Eliana Mast	9 Roseau	22.06	11
19	Katie Seaver	8 Crookston	22.12	10
20	Morgan Roux	10 Ada-Borup-We	22.21	9
21	Zepora Lilly	9 Warroad	22.88	8
22	Allegra Knott	9 Red Lake Cou	23.07	7
23	Shalee Neumiller	9 Lake of the	23.17	6
24	Emma Lopez	9 Red Lake Cou	23.66	5
25	Avri Goulet	10 Warroad	27.81	4
26	Kaylee Pieper	8 Lake of the	31.22	3

Girls 300 Meter Hurdles

Name	Yr	School	Finals	
1	Kim Hitchen	12 Fertile-Belt	48.22	28
2	Abbigail Hutchinson	11 Internationa	48.78	27
3	Hannah Pederson	11 West Marshal	49.91	26
4	Faith Lilly	11 Warroad	51.13	25
5	Tessa Manecke	11 Bagley/Fosst	51.87	24
6	Olivia Thostenson	11 Internationa	53.35	23
7	Nora Osowski	10 West Marshal	54.06	22
8	Micayla Olson	11 Fertile-Belt	54.20	21
9	Jayla Abrahamson	7 Fisher/EGF S	54.34	20
10	Brea Abrahamson	9 Fisher/EGF S	56.13	19

Section 8A True Team
Ada-Borup-West - 5/9/2023
Results

Finals ... (Girls 300 Meter Hurdles)

Name	Yr	School	Finals	
11	Ava Hayes	8 Bagley/Fosst	56.47	18
12	Isabelle Smith	11 Crookston	56.67	17
13	Aubrie lee	9 Roseau	57.87	16
14	Emily Duquette	8 Northome/Kel	57.96	15
15	Izabel Marcussen	11 Ada-Borup-We	58.97	14
16	Kaylee Pieper	8 Lake of the	59.00	13
17	Kaelan Rockensock	10 Northome/Kel	59.56	12
18	Anna Holmstrom	8 Roseau	1:01.25	11
19	Laraya Lynch	9 Walker-Hacke	1:01.54	10
20	Morgan Roux	10 Ada-Borup-We	1:03.21	9
21	Allegra Knott	9 Red Lake Cou	1:05.50	8
22	Katie Seaver	8 Crookston	1:07.49	7
23	Shalee Neumiller	9 Lake of the	1:08.66	6
24	Jenna Goulet	9 Warroad	1:09.23	5
25	Emma Landerville	7 Walker-Hacke	1:11.69	4
26	Emma Lopez	9 Red Lake Cou	1:14.08	3

Girls 4x100 Meter Relay

Team	Relay	Finals	
Finals			
1	Crookston	53.31	42
2	Kittson Coun	54.71	39
3	Bagley/Fosston	54.77	36
4	West Marshall	55.13	33
5	Ada-Borup-West	55.36	30
6	Lake of the	56.29	27
7	Fertile-Beltrami	56.44	24
8	Northome/Kel	56.47	21
9	Roseau	56.53	18
10	International Falls	57.27	15
11	Walker-Hacke	57.83	12
12	Warroad	1:00.20	9
13	Fisher/EGF S	1:00.51	6
14	Red Lake County	1:08.25	3

Girls 4x200 Meter Relay

Team	Relay	Finals	
Finals			
1	Crookston	1:54.70	42
2	Fisher/EGF S	1:55.01	39
3	West Marshall	1:56.58	36
4	Fertile-Beltrami	1:57.78	33
5	Ada-Borup-West	1:57.94	30
6	International Falls	1:57.95	27
7	Northome/Kel	1:58.21	24
8	Roseau	2:00.49	21
9	Kittson Coun	2:00.53	18
10	Warroad	2:02.82	15
11	Walker-Hacke	2:02.97	12
12	Bagley/Fosston	2:03.82	9
13	Red Lake County	2:18.16	6

Girls 4x400 Meter Relay

Team	Relay	Finals	
Finals			
1	Bagley/Fosston	4:26.63	42
2	Fertile-Beltrami	4:33.06	39
3	Warroad	4:33.41	36
4	West Marshall	4:34.29	33
5	International Falls	4:36.29	30
6	Northome/Kel	4:37.19	27
7	Ada-Borup-West	4:50.09	24
8	Kittson Coun	4:54.52	21
9	Red Lake County	4:57.51	18
10	Roseau	4:59.52	15
11	Walker-Hacke	5:07.12	12
12	Crookston	5:14.66	9
13	Fisher/EGF S	5:29.04	6

Girls 4x800 Meter Relay

Team	Relay	Finals	
Finals			
1	West Marshall	10:36.90	42
2	Warroad	10:58.11	39
3	International Falls	11:23.31	36
4	Fisher/EGF S	11:24.03	33
5	Roseau	11:32.24	30
6	Lake of the	11:52.04	27
7	Ada-Borup-West	12:26.45	24
8	Fertile-Beltrami	12:45.29	21
9	Bagley/Fosston	13:06.67	18
10	Northome/Kel	13:25.85	15
---	Walker-Hacke	DQ	

Girls High Jump

Name	Yr	School	Finals	
Finals				
1	Olivia Thostenson	11 Internationa	5-02.00	28
2	Ava Phrakonkham	10 Bagley/Fosst	5-00.00	27
3	Markelle Pederson	9 West Marshal	5-00.00	26
4	Kaydence White	9 Kittson Coun	4-10.00	25
5	Faith Lilly	11 Warroad	4-10.00	24
6	Nora Osowski	10 West Marshal	4-10.00	23
7	Isabelle Smith	11 Crookston	4-06.00	21.5
7	Ella Kronschnabel	7 Fertile-Belt	4-06.00	21.5
9	Grace Proulx	10 Fertile-Belt	4-06.00	20
10	Julia Miller	10 Ada-Borup-We	4-06.00	19
11	Elizabeth Lytle	10 Red Lake Cou	4-06.00	18
12	Kaelan Rockensock	10 Northome/Kel	4-06.00	17
13	Brea Abrahamson	9 Fisher/EGF S	4-04.00	15.5
13	Carlota Lopez Santamarina	10 Bagley/Fosst	4-04.00	15.5
15	Charli Hallstrom	9 Northome/Kel	4-04.00	14
16	Brita Rand	10 Walker-Hacke	4-02.00	12
16	Sarah Prodzinski	11 Ada-Borup-We	4-02.00	12
16	Laraya Lynch	9 Walker-Hacke	4-02.00	12
19	Nora Sullivan	12 Internationa	4-00.00	10
20	Teagan Bowman	10 Kittson Coun	4-00.00	8.5

Section 8A True Team
Ada-Borup-West - 5/9/2023

Results

Finals ... (Girls High Jump)

Name	Yr	School	Finals	
20 Zepora Lilly	9	Warroad	4-00.00	8.5
22 Norah Hanson	7	Fisher/EGF S	4-00.00	7
23 Emma Lopez	9	Red Lake Cou	4-00.00	6
24 Maren Capps	9	Roseau	3-10.00	5
--- Aubrie lee	9	Roseau	NH	
--- Kaylee Pieper	8	Lake of the	NH	
--- Ava Haack	7	Lake of the	NH	

Girls Pole Vault

Name	Yr	School	Finals	
Finals				
1 Maddie Hanson	7	Crookston	9-00.00	28
2 Paige Michalski	12	West Marshal	8-06.00	27
3 Quianna Ford	11	Internationa	8-00.00	26
4 Chloe Boll	9	Crookston	8-00.00	25
5 Macie Cavett	11	Ada-Borup-We	7-06.00	24
6 Sofie Grunhovd	9	Fertile-Belt	7-06.00	22.5
6 Keira Hesseldahl	11	Internationa	7-06.00	22.5
8 Lauren Sekely	12	Bagley/Fosst	7-00.00	20
8 Micayla Olson	11	Fertile-Belt	7-00.00	20
8 Gwendolyn Devries	12	Walker-Hacke	7-00.00	20
11 Kaia Omdahl	10	Roseau	7-00.00	18
12 Liv EFta	11	West Marshal	7-00.00	17
13 Katy Comstock	10	Warroad	7-00.00	16
14 Julia Schock	12	Walker-Hacke	6-06.00	15
15 Aislinn Hoefler	12	Bagley/Fosst	6-06.00	14
16 Marrisona Mills	10	Northome/Kel	5-06.00	13
17 Zara Bakke	8	Ada-Borup-We	5-06.00	12
--- Charli Hallstrom	9	Northome/Kel	NH	
--- Jenna Goulet	9	Warroad	NH	
--- Shalee Neumiller	9	Lake of the	NH	

Girls Long Jump

Name	Yr	School	Finals	
Finals				
1 Avery Horken	12	Fisher/EGF S	15-03.50	28
2 Julia Miller	10	Ada-Borup-We	15-03.50	27
3 Abbigail Hutchinson	11	Internationa	15-03.00	26
4 Cassie Solheim	11	Crookston	15-00.00	25
5 Isabella Warmbold	11	Bagley/Fosst	14-04.00	24
6 Paige Michalski	12	West Marshal	14-03.50	23
7 Annika Idstrom	11	Walker-Hacke	14-01.50	22
8 Eva Langen	10	West Marshal	14-01.00	21
9 Halle Winjum	11	Crookston	13-10.25	20
10 Shakyla Smith	11	Northome/Kel	13-10.00	19
11 Berlyn Strege	10	Kittson Coun	13-06.75	18
12 Summer Hesseldahl	12	Internationa	13-05.75	17
13 Sienna Friesen	11	Bagley/Fosst	13-04.50	16
14 Elizabeth Cairns	8	Walker-Hacke	13-03.75	15
15 Katrina Hitchen	9	Fertile-Belt	13-00.00	14
16 Aubree Pankratz	8	Kittson Coun	12-09.25	13
17 Daphne Harmoning	10	Red Lake Cou	12-08.00	12
18 Kim Hitchen	12	Fertile-Belt	12-00.75	11
19 Aubrie Trautner	8	Ada-Borup-We	12-00.50	10

20 Gabbie Olson	9	Roseau	11-11.75	9
21 Natalie Homme	7	Warroad	11-08.00	8
22 Anna Holmstrom	8	Roseau	11-07.25	7
23 Danika Gustafson	10	Warroad	11-06.25	6
24 Brooklyn Hasbargen	11	Lake of the	11-02.50	5
25 Chloe Cook	11	Northome/Kel	11-01.25	4
26 Leah Pahlen	7	Red Lake Cou	10-08.50	3
27 Mackenzie Vrtacnik	9	Lake of the	10-08.25	2
28 Onalee Shogren	12	Fisher/EGF S	9-07.50	1

Girls Triple Jump

Name	Yr	School	Finals	
Finals				
1 Hannah Pederson	11	West Marshal	33-04.50	28
2 Abbigail Hutchinson	11	Internationa	31-11.25	27
3 Isabella Warmbold	11	Bagley/Fosst	31-11.25	26
4 Avery Horken	12	Fisher/EGF S	31-11.00	25
5 Paige Michalski	12	West Marshal	31-04.50	24
6 Shakyla Smith	11	Northome/Kel	30-07.00	23
7 Jillian Bilben	11	Internationa	30-04.00	22
8 Finley Horken	8	Fisher/EGF S	30-00.50	21
9 Chloe Boll	9	Crookston	29-10.75	20
10 Liliana Gordon	10	Roseau	29-09.50	19
11 Karalyn Oberfell	12	Walker-Hacke	29-03.00	18
12 Teagan Duppong	10	Bagley/Fosst	29-02.50	17
13 Dakota Dunham	10	Roseau	28-05.25	16
14 Jenna Thompson	8	Ada-Borup-We	27-06.00	15
15 Kaelan Rockensock	10	Northome/Kel	26-09.75	14
16 Jordyn Rasch	7	Fertile-Belt	26-02.50	13
17 Madi Nitschke	9	Ada-Borup-We	25-04.50	12
18 Brylee Clark	7	Fertile-Belt	24-07.50	11
19 Trista Wood	11	Walker-Hacke	24-05.25	10
20 Nora Groven	7	Crookston	23-09.75	9
21 Addi Olafson	10	Warroad	22-06.50	8
22 Zepora Lilly	9	Warroad	22-04.50	7

Girls Shot Put

Name	Yr	School	Finals	
Finals				
1 McKinley Folland	10	Kittson Coun	34-05.25	28
2 Aaliyah Johnson	12	West Marshal	33-11.50	27
3 Karalyn Oberfell	12	Walker-Hacke	32-00.25	26
4 Katelyn Vesledahl	12	Bagley/Fosst	31-09.75	25
5 Paige Haack	12	Lake of the	30-11.00	24
6 Julisa Matthias	11	Lake of the	30-07.00	23
7 Libby Salentine	12	Crookston	29-04.25	22
8 Jessica Danielson	12	Roseau	28-08.50	21
9 Dyllan Miller	12	Ada-Borup-We	28-08.00	20
10 Emily Marquis	9	West Marshal	28-06.75	19
11 Jillian Bilben	11	Internationa	28-04.00	18
12 Claire Adolphson	8	Fisher/EGF S	28-00.25	17
13 Hannah Purrington	11	Ada-Borup-We	26-07.00	16
14 Graci Bissonnette	12	Internationa	26-06.50	15
15 Katelynn Schulz	12	Crookston	26-01.50	14
16 Afton Lindgren	9	Kittson Coun	25-11.00	13
17 Norah Marquis	8	Bagley/Fosst	25-10.75	12

Section 8A True Team
Ada-Borup-West - 5/9/2023
Results

Finals ... (Girls Shot Put)

Name	Yr	School	Finals	
18 Ella Dykema	12	Walker-Hacke	23-11.00	11
19 Kenna Jensrud	9	Fertile-Belt	22-10.50	10
20 Gretchen Larson	12	Northome/Kel	22-01.25	9
21 Hailey Gudvangen	9	Fertile-Belt	21-11.50	8
22 Cheyenne Crist	8	Warroad	21-09.75	7
23 Ruby Osweiler	9	Roseau	21-00.00	6
24 Riley Connell	9	Northome/Kel	20-06.00	5
25 Allegra Knott	9	Red Lake Cou	18-06.75	4
26 Harleigh Slyt	12	Fisher/EGF S	18-06.50	3
27 Madilyn Skogman	11	Warroad	18-05.00	2
28 Ayashe Lajimodiore	8	Red Lake Cou	17-00.00	1

Girls Discus Throw

Name	Yr	School	Finals	
1 Libby Salentine	12	Crookston	110-02	28
2 Katelyn Vesledahl	12	Bagley/Fosst	109-11	27
3 Savannah Bishop	12	West Marshal	105-06	26
4 Sadies Fladhammer	12	Fertile-Belt	102-07	25
5 Ella Dykema	12	Walker-Hacke	99-00	24
6 Erin Michalski	11	West Marshal	94-00	23
7 Karalyn Oberfell	12	Walker-Hacke	90-05	22
8 Danika Gustafson	10	Warroad	89-00	21
9 Kathryn Sullivan	10	Fisher/EGF S	86-09	20
10 Grace Visser	11	Ada-Borup-We	86-01	19
11 Siri Stenmark	12	Kittson Coun	84-07	18
12 Kenna Jensrud	9	Fertile-Belt	83-03	17
13 McKinley Folland	10	Kittson Coun	82-06	16
14 Graci Bissonnette	12	Internationa	81-04	15
15 Allison Lundin	9	Northome/Kel	80-03	14
16 Sarah Prodzinski	11	Ada-Borup-We	79-11	13
17 Ilaina Fish	9	Warroad	79-10	12
18 Lauren Basaraba	9	Internationa	79-04	11
19 Jessica Danielson	12	Roseau	75-10	10
20 Katelynn Schulz	12	Crookston	70-08	9
21 Ruby Osweiler	9	Roseau	68-03	8
22 Peyton Hoffman	7	Fisher/EGF S	67-09	7
23 Julisa Matthias	11	Lake of the	67-07	6
24 Alyce Labrasseur	11	Lake of the	63-09	5
25 Kensey LaCroix	11	Bagley/Fosst	62-00	4
26 Riley Connell	9	Northome/Kel	59-00	3

Boys 100 Meter Dash

Name	Yr	School	Finals	
1 Isaiah Wright	10	Fertile-Belt	11.55	24
2 Elias Lafond	12	Bagley/Fosst	11.70	23
3 Noah Nelson	10	Bagley/Fosst	11.71	22
4 Tucker Bolstad	12	Fertile-Belt	12.09	21
5 Keani Loonsfoot	9	Northome/Kel	12.47	20
6 Billy Sisouvang	11	Warroad	12.52	19
7 Gavin Efta	9	West Marshal	12.63	18
8 Duge Washington	10	West Marshal	12.64	17
9 Vincent Perucho	9	Walker-Hacke	12.65	16

10 John Powers	11	Red Lake Cou	12.80	15
11 Payden Yeats	10	Walker-Hacke	12.81	14
12 Makoti Weber	9	Crookston	12.93	13
13 Kasey Clark	10	Northome/Kel	12.95	12
14 Shawn Green	12	Ada-Borup-We	13.20	11
15 Adrian Reyes	10	Ada-Borup-We	13.25	10
16 Nixon Norman	10	Warroad	13.36	9
17 Gavin Reitmeier	7	Crookston	13.39	8
18 Dylan Larson	7	Fisher/EGF S	13.41	7
19 Kyle Kramer	9	Lake of the	13.52	6
20 Ethan McDonald	11	Roseau	13.56	5
21 Nate Powers	8	Red Lake Cou	13.73	4
22 Christopher Barlow	7	Roseau	13.99	3
23 Dustin Carl	7	Fisher/EGF S	14.53	2

Boys 200 Meter Dash

Name	Yr	School	Finals	
1 Isaiah Wright	10	Fertile-Belt	24.09	24
2 Noah Nelson	10	Bagley/Fosst	24.34	23
3 Brayden Werpy	12	Fertile-Belt	24.88	22
4 Elias Lafond	12	Bagley/Fosst	24.99	21
5 Nathan Sedlacek	12	West Marshal	25.01	20
6 Ridge Flatness	12	Northome/Kel	25.29	19
7 Kolden Gustafson	12	Warroad	25.61	18
8 Vincent Perucho	9	Walker-Hacke	25.67	17
9 Tyson Mortimer	12	West Marshal	25.72	16
10 Jonathon Speicher	11	Fisher/EGF S	25.98	15
11 Gabriel Mertz	12	Ada-Borup-We	26.16	14
12 Damon Skappel	11	Warroad	26.37	13
13 Logan Koubandonh	11	Roseau	26.44	12
14 Tristen Triplett	12	Ada-Borup-We	26.81	11
15 Kasey Clark	10	Northome/Kel	27.10	10
16 Cooper Brovold	10	Walker-Hacke	27.41	9
17 Joseph Stagnaro	11	Fisher/EGF S	27.43	8
18 Erik Pruneda	7	Crookston	28.04	7
19 Seth Cossentine	7	Roseau	28.91	6
20 Josh Dorrow	11	Lake of the	29.02	5
21 Kyle Kramer	9	Lake of the	29.05	4
22 Hayz Hanson	10	Red Lake Cou	29.89	3
23 Benji Bramer	8	Red Lake Cou	30.50	2

Boys 400 Meter Dash

Name	Yr	School	Finals	
1 Charles Scholl	11	Ada-Borup-We	53.83	24
2 Nathan Sedlacek	12	West Marshal	54.96	23
3 Nick Freimark	10	Walker-Hacke	55.27	22
4 Robert Olson	12	Bagley/Fosst	55.53	21
5 Kolden Gustafson	12	Warroad	55.81	20
6 Jack Goulet	12	Warroad	56.50	19
7 Ridge Flatness	12	Northome/Kel	56.60	18
8 Maverick Anderson	12	Bagley/Fosst	56.83	17
9 Creed Tollefson	9	Fertile-Belt	57.73	16
10 Brody Raaen	12	Fertile-Belt	58.04	15
11 Alex Lotties	11	Fisher/EGF S	58.68	14

Section 8A True Team
Ada-Borup-West - 5/9/2023

Results

Finals ... (Boys 400 Meter Dash)

Name	Yr	School	Finals	
12 Christopher Rusek	10	Roseau	59.81	13
13 Keani Loonsfoot	9	Northome/Kel	1:00.46	12
14 Luke Jalbert	10	Ada-Borup-We	1:00.75	11
15 Cooper Brovold	10	Walker-Hacke	1:01.39	10
16 Keyan Derosier	11	Red Lake Cou	1:02.16	9
17 Camrin Cook	7	Red Lake Cou	1:03.70	8
18 Kenneth Przyblya	9	West Marshal	1:04.00	7
19 Rylan Lubarski	10	Crookston	1:04.03	6
20 Jaycer Davis	8	Fisher/EGF S	1:06.23	5
21 Kyle Kramer	9	Lake of the	1:07.64	4
22 Brody Kasprowicz	9	Roseau	1:07.76	3
23 Cyrus Thomopoulos	10	Lake of the	1:11.25	2

Boys 800 Meter Run

Name	Yr	School	Finals	
1 Jack Goulet	12	Warroad	2:12.56	24
2 Tucker Hansen	12	Ada-Borup-We	2:17.86	23
3 Joe Tande	10	Walker-Hacke	2:19.36	22
4 Colton Connell	10	Northome/Kel	2:19.61	21
5 Dawson Meikle	10	Lake of the	2:19.89	20
6 Brody Menge	9	Ada-Borup-We	2:20.19	19
7 Wesley Ramberg	12	Fertile-Belt	2:23.39	18
8 Brody Kasprowicz	9	Roseau	2:24.56	17
9 Bodee Hovda	12	Roseau	2:24.94	16
10 Vinny Pederson	11	Walker-Hacke	2:25.91	15
11 Palmer Olson	12	Bagley/Fosst	2:26.01	14
12 Jacob Schoepp	11	West Marshal	2:26.07	13
13 Alex Lotties	11	Fisher/EGF S	2:27.42	12
14 Riley Benson	10	Fertile-Belt	2:27.96	11
15 Lucas Binder	10	Northome/Kel	2:29.87	10
16 Jayden Mulvey	10	Crookston	2:33.56	9
17 Dylan Gray	11	Bagley/Fosst	2:35.76	8
18 Kendan Curtis	9	Warroad	2:38.57	7
19 Noah Dvorak	9	West Marshal	2:45.39	6
20 Shane Vareberg	7	Red Lake Cou	2:58.30	5
21 Javen Lund	11	Crookston	3:07.91	4
22 Jasper Canare	10	Lake of the	3:57.55	3
23 Brody Hammer	9	Red Lake Cou	4:05.96	2

Boys 1600 Meter Run

Name	Yr	School	Finals	
1 Seth Meikle	12	Lake of the	4:44.10	24
2 Thor Harbott	12	Crookston	5:02.31	23
3 Tucker Hansen	12	Ada-Borup-We	5:02.63	22
4 Grant Martin	8	Fisher/EGF S	5:04.22	21
5 Van Munstenteiger	9	Roseau	5:04.68	20
6 Palmer Olson	12	Bagley/Fosst	5:11.57	19
7 Rylan Hanson	9	Fisher/EGF S	5:13.93	18
8 Wesley Ramberg	12	Fertile-Belt	5:14.66	17
9 Wyatt Crist	9	Warroad	5:14.97	16
10 Karl Kallio	12	Northome/Kel	5:15.25	15
11 Brody Kasprowicz	9	Roseau	5:25.22	14

12 Alex Beckel	10	Lake of the	5:29.71	13
13 Brody Mistic	9	Northome/Kel	5:34.03	12
14 Josiah Bleess	7	Warroad	5:34.13	11
15 Cooper Deschene	9	West Marshal	5:44.66	10
16 Sammy Durand	7	West Marshal	5:46.74	9
17 John Henning	9	Walker-Hacke	5:46.83	8
18 Jack Erickson	8	Fertile-Belt	5:51.23	7
19 Caleb Richardson	9	Bagley/Fosst	5:59.57	6
20 Connor Murdoff	10	Walker-Hacke	6:07.53	5
21 Chase Chisholm	7	Ada-Borup-We	6:09.35	4
22 Alex Bramer	7	Red Lake Cou	6:35.03	3
23 Owen O'Neill	7	Red Lake Cou	6:51.46	2

Boys 3200 Meter Run

Name	Yr	School	Finals	
1 Seth Meikle	12	Lake of the	10:32.14	24
2 Van Munstenteiger	9	Roseau	11:20.20	23
3 Grant Martin	8	Fisher/EGF S	11:20.24	22
4 Nick Suchy	9	Red Lake Cou	11:41.23	21
5 Erik Stromstad	9	Fertile-Belt	11:44.92	20
6 Wyatt Crist	9	Warroad	11:48.88	19
7 Tony Meyer	8	Fertile-Belt	11:56.11	18
8 Hayden Shulstad	8	Red Lake Cou	11:56.55	17
9 Charlie Steinbach	10	Lake of the	12:14.16	16
10 Brody Mistic	9	Northome/Kel	12:14.66	15
11 Asher Munstenteiger	7	Roseau	12:46.95	14
12 Quinlon Frizzell	10	Walker-Hacke	12:51.73	13
13 Ethan Larson	9	Northome/Kel	12:53.43	12
14 Chase Schultz	12	Walker-Hacke	12:55.66	11
15 Chase Chisholm	7	Ada-Borup-We	13:24.91	10
16 Kahnen Hansen	9	Crookston	13:25.65	9
17 Bryant Schwegel	10	Bagley/Fosst	14:05.70	8
18 Drew Hemberger	9	Ada-Borup-We	14:07.69	7
19 Landon Adams	9	Warroad	14:26.35	6
20 Tanner Gornowicz	10	West Marshal	15:07.51	5
21 Drew Nelson	10	Bagley/Fosst	15:31.60	4

Boys 110 Meter Hurdles

Name	Yr	School	Finals	
1 Jonah Harstad	10	Fertile-Belt	17.81	24
2 Bryce Frenzel	11	Northome/Kel	17.97	23
3 Ryan Van Den Enide	12	Fertile-Belt	18.34	22
4 Eli Pfeiffer	12	Walker-Hacke	18.43	21
5 Sam Melting	11	Ada-Borup-We	18.66	20
6 Logan Koubandonh	11	Roseau	18.85	19
7 Jonathon Speicher	11	Fisher/EGF S	19.29	18
8 Caden Lee	11	Red Lake Cou	19.47	17
9 Hayden Rettke	9	Walker-Hacke	19.47	16
10 Kelby Kujanson	8	Ada-Borup-We	20.40	15
11 Wyatt Mehrkens	10	West Marshal	20.70	14
12 Colton Otero	10	West Marshal	21.10	13
13 Peyton O'Neill	11	Red Lake Cou	21.84	12
14 Jaycer Davis	8	Fisher/EGF S	21.92	11
15 Seth Ballou	9	Northome/Kel	22.37	10

Section 8A True Team
Ada-Borup-West - 5/9/2023

Results

Finals ... (Boys 110 Meter Hurdles)

Name	Yr	School	Finals	
16 Hudson Adams	8	Warroad	22.93	9
17 Yili Schiro	11	Lake of the	23.15	8
18 Seth Erickson	11	Roseau	23.48	7
19 Samuel Daniels	9	Warroad	23.70	6
20 Cyrus Thomopoulos	10	Lake of the	24.14	5

Boys 300 Meter Hurdles

Name	Yr	School	Finals	
1 Gerald Melin	12	Red Lake Cou	45.49	24
2 Bryce Frenzel	11	Northome/Kel	45.97	23
3 Gunnar Lund	11	Roseau	46.46	22
4 Andrew Deegan	12	Walker-Hacke	48.81	21
5 Colton Otero	10	West Marshal	49.39	20
6 Sam Melting	11	Ada-Borup-We	49.44	19
7 Ryan Van Den Enide	12	Fertile-Belt	49.56	18
8 Elijah Wellumson	10	Fisher/EGF S	50.02	17
9 Jonah Harstad	10	Fertile-Belt	50.15	16
10 Logan Koubandonh	11	Roseau	50.32	15
11 Caden Lee	11	Red Lake Cou	50.47	14
12 Eli Pfeiffer	12	Walker-Hacke	51.27	13
13 Yili Schiro	11	Lake of the	52.26	12
14 Sammy Durand	7	West Marshal	52.46	11
15 Kelby Kujanson	8	Ada-Borup-We	53.35	10
16 Jordan Waldo	10	Northome/Kel	53.58	9
17 Samuel Daniels	9	Warroad	54.38	8
18 Garrett Jenson	12	Lake of the	54.56	7
19 Trenton Wiese	9	Bagley/Fosst	55.07	6
20 Leo Marengo	7	Warroad	57.25	5
21 Drew Nelson	10	Bagley/Fosst	1:03.41	4

Boys 4x100 Meter Relay

Team	Relay	Finals	
1 Bagley/Fosston		45.73	36
2 Fertile-Beltrami		46.95	33
3 Walker-Hacke		49.02	30
4 West Marshall		49.65	27
5 Ada-Borup-West		50.18	24
6 Warroad		50.72	21
7 Northome/Kel		50.99	18
8 Fisher/EGF S		53.02	15
9 Roseau		53.45	12
10 Crookston		56.57	9
11 Red Lake County		57.78	6
12 Lake of the		58.52	3

Boys 4x200 Meter Relay

Team	Relay	Finals	
1 West Marshall		1:38.49	36
2 Walker-Hacke		1:39.51	33
3 Fertile-Beltrami		1:39.70	30
4 Bagley/Fosston		1:41.17	27

5 Northome/Kel	1:43.00	24
6 Ada-Borup-West	1:43.73	21
7 Warroad	1:44.02	18
8 Fisher/EGF S	1:44.26	15
9 Red Lake County	1:48.17	12
10 Roseau	1:51.09	9
11 Crookston	1:55.22	6

Boys 4x400 Meter Relay

Team	Relay	Finals	
1 Fertile-Beltrami		3:49.82	36
2 Warroad		3:49.84	33
3 Ada-Borup-West		3:50.33	30
4 Walker-Hacke		3:51.00	27
5 Northome/Kel		3:51.03	24
6 Bagley/Fosston		3:54.46	21
7 Lake of the		4:01.30	18
8 Red Lake County		4:03.23	15
9 Roseau		4:05.83	12
10 West Marshall		4:07.67	9
11 Fisher/EGF S		4:21.63	6

Boys 4x800 Meter Relay

Team	Relay	Finals	
1 Lake of the		9:20.51	36
2 Northome/Kel		9:22.05	33
3 Roseau		9:31.37	30
4 Fertile-Beltrami		9:35.20	27
5 Crookston		9:37.86	24
6 Walker-Hacke		9:51.35	21
7 Bagley/Fosston		10:00.95	18
8 West Marshall		10:24.67	15
9 Ada-Borup-West		10:27.09	12
10 Warroad		10:58.76	9
11 Red Lake County		11:13.17	6

Boys High Jump

Name	Yr	School	Finals	
1 Gerald Melin	12	Red Lake Cou	6-02.00	24
2 Charles Scholl	11	Ada-Borup-We	5-10.00	23
3 Gunnar Lund	11	Roseau	5-10.00	22
4 Isaiah Wright	10	Fertile-Belt	5-08.00	21
5 Joe Tande	10	Walker-Hacke	5-06.00	19
5 Kainen Koponen	9	West Marshal	5-06.00	19
5 Elijah Wellumson	10	Fisher/EGF S	5-06.00	19
8 Kyle Abrahamson	10	Fisher/EGF S	5-06.00	17
9 Andrew Deegan	12	Walker-Hacke	5-06.00	16
10 Ayden Gustafson	12	Warroad	5-04.00	15
11 Colton Connell	10	Northome/Kel	5-04.00	14
12 Brayden Weryp	12	Fertile-Belt	5-04.00	13
13 Brody Menge	9	Ada-Borup-We	5-02.00	11
13 Reed Hanson	11	West Marshal	5-02.00	11
13 Elias Lafond	12	Bagley/Fosst	5-02.00	11

Section 8A True Team
Ada-Borup-West - 5/9/2023
Results

Finals ... (Boys High Jump)

Name	Yr	School	Finals
16 Logan Gustafson	9	Warroad	5-00.00 9
17 Nate Powers	8	Red Lake Cou	4-08.00 8
18 Evan Lafond	10	Bagley/Fosst	4-08.00 6
18 Kaanan Forseen	10	Northome/Kel	4-08.00 6
18 Ethan McDonald	11	Roseau	4-08.00 6

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Tyson Mortimer	12	West Marshal	11-00.00 24
2 Hayden Rettke	9	Walker-Hacke	10-06.00 23
3 Will Stromstad	12	Fertile-Belt	10-00.00 22
4 Makoti Weber	9	Crookston	9-06.00 20.5
4 Caden Benson	10	West Marshal	9-06.00 20.5
6 Luke Jalbert	10	Ada-Borup-We	8-06.00 18.5
6 Gunnar Lund	11	Roseau	8-06.00 18.5
8 Elijah Cox	9	Walker-Hacke	8-06.00 17
9 Wesley Ramberg	12	Fertile-Belt	8-00.00 16
10 Bryce Frenzel	11	Northome/Kel	8-00.00 15
11 Natan Visser	8	Ada-Borup-We	7-06.00 14
12 Jonah Lucas	12	Roseau	7-00.00 13
13 Brody Mistic	9	Northome/Kel	7-00.00 12
14 Micah Arnesen	10	Warroad	6-06.00 11
--- Billy Sisouvong	11	Warroad	NH

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Isaiah Wright	10	Fertile-Belt	18-09.25 24
2 Kainen Koponen	9	West Marshal	18-02.25 23
3 Gerald Melin	12	Red Lake Cou	18-02.00 22
4 Gunnar Lund	11	Roseau	17-11.25 21
5 Dawson Meikle	10	Lake of the	17-00.00 20
6 Dante Frank	12	Northome/Kel	16-10.00 19
7 Reed Hanson	11	West Marshal	16-09.75 18
8 Logan Gustafson	9	Warroad	16-08.75 17
9 Brody Raaen	12	Fertile-Belt	16-08.25 16
10 Christopher Rusek	10	Roseau	16-05.25 15
11 Evan Lafond	10	Bagley/Fosst	16-04.00 14
12 Peyton O'Neill	11	Red Lake Cou	15-10.00 13
13 Damon Skappel	11	Warroad	15-05.00 12
14 Kasey Clark	10	Northome/Kel	15-04.50 11
15 Joseph Bieloh	10	Walker-Hacke	14-11.25 10
16 Adrian Reyes	10	Ada-Borup-We	14-07.00 9
17 Connor Murdoff	10	Walker-Hacke	14-04.25 8
18 Supparerk Potirsangsee	10	Ada-Borup-We	14-04.00 7
19 Caleb Richardson	9	Bagley/Fosst	14-03.25 6
20 Gavin Reitmeier	7	Crookston	13-07.50 5
21 Aaron Gosse	8	Crookston	13-00.00 4
22 Dylan Larson	7	Fisher/EGF S	11-10.25 3
23 Grant Martin	8	Fisher/EGF S	11-08.75 2
24 Alex Beckel	10	Lake of the	11-08.00 1

Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 Tyson Mortimer	12	West Marshal	37-10.50 24
2 Ryan Van Den Enide	12	Fertile-Belt	37-01.00 23
3 Jonah Harstad	10	Fertile-Belt	35-10.25 22
4 Reed Hanson	11	West Marshal	35-09.00 21
5 Nick Freimark	10	Walker-Hacke	35-06.50 20
6 Kolden Gustafson	12	Warroad	35-04.50 19
7 Keani Loonsfoot	9	Northome/Kel	34-00.00 18
8 Vincent Perucho	9	Walker-Hacke	33-08.00 17
9 Etthan Gray	11	Bagley/Fosst	33-04.50 16
10 Peyton O'Neill	11	Red Lake Cou	33-03.25 15
11 Brody Menge	9	Ada-Borup-We	33-01.00 14
12 Yili Schiro	11	Lake of the	32-03.75 13
13 Jordan Waldo	10	Northome/Kel	31-02.00 12
14 Logan Koubandonh	11	Roseau	30-10.50 11
15 Natan Visser	8	Ada-Borup-We	30-09.00 10
16 Hayz Hanson	10	Red Lake Cou	30-06.50 9
17 Trenton Wiese	9	Bagley/Fosst	30-06.25 8
18 Hudson Adams	8	Warroad	30-01.25 7
19 Christopher Rusek	10	Roseau	28-07.25 6

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Jake Borowicz	10	Roseau	47-04.00 24
2 Dante Frank	12	Northome/Kel	41-04.25 23
3 Eli Pfeiffer	12	Walker-Hacke	40-11.25 22
4 Quinten Friborg	12	Bagley/Fosst	39-07.25 21
5 Noah Nelson	10	Bagley/Fosst	39-03.75 20
6 Ridge Flatness	12	Northome/Kel	37-09.50 19
7 Joe Hed	11	Walker-Hacke	37-09.00 18
8 Gabriel Mertz	12	Ada-Borup-We	35-01.75 17
9 Josh Dorrow	11	Lake of the	34-04.75 16
10 Tucker Bolstad	12	Fertile-Belt	33-05.25 15
11 Jack Leiser	10	Fertile-Belt	32-08.25 14
12 Dylan Korynta	12	Fisher/EGF S	32-05.50 13
13 Zach Umerski	11	Lake of the	31-11.00 12
14 Alex Borne	10	Ada-Borup-We	31-10.00 11
15 Kainen Koponen	9	West Marshal	31-05.50 10
16 Rylee Habiger	11	Roseau	31-04.25 9
17 Alex Reitmeier	8	Fisher/EGF S	31-02.25 8
18 Chase Kalt	9	West Marshal	30-07.00 7
19 Makoti Weber	9	Crookston	29-10.00 6
20 Wil Anderson	10	Warroad	28-09.75 5
21 Lennon Prudhomme	9	Crookston	26-05.50 4
22 Wyatt Crist	9	Warroad	22-09.50 3

Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Jake Borowicz	10	Roseau	139-06 24
2 Quinten Friborg	12	Bagley/Fosst	138-06 23
3 Eli Pfeiffer	12	Walker-Hacke	128-07 22

**Section 8A True Team
Ada-Borup-West - 5/9/2023
Results**

Finals ... (Boys Discus Throw)

	Name	Yr	School	Finals	
4	Dante Frank	12	Northome/Kel	126-08	21
5	Joe Hed	11	Walker-Hacke	121-05	20
6	Jack Leiser	10	Fertile-Belt	109-06	19
7	Dylan Korynta	12	Fisher/EGF S	108-01	18
8	Garrett Jenson	12	Lake of the	107-10	17
9	Keyton Wang	10	Fertile-Belt	106-05	16
10	Connor Woidtke	11	Roseau	104-06	15
11	Alex Borne	10	Ada-Borup-We	96-08	14
12	Tristen Triplett	12	Ada-Borup-We	95-02	13
13	Matthew Johnson	9	West Marshal	94-03	12
14	Jacob Anderson	12	Bagley/Fosst	91-04	11
15	Chase Kalt	9	West Marshal	91-04	10
16	Seth Ballou	9	Northome/Kel	90-03	9
17	Alex Reitmeier	8	Fisher/EGF S	86-07	8
18	Zach Umerski	11	Lake of the	84-02	7
19	Wil Anderson	10	Warroad	83-04	6
20	Lennon Prudhomme	9	Crookston	69-04	5
21	Leo Marengo	7	Warroad	66-09	4

Women - Team Rankings - 18 Events Scored

1)	West Marshall	816.5
2)	International Falls	646.5
3)	Fertile-Beltrami	619.5
4)	Bagley/Fosston	618.5
5)	Ada-Borup-West	514
6)	Fisher/EGF Sacred Heart/Clim	512.5
7)	Crookston	489.5
8)	Northome/Kelliher/Blackduck	486
9)	Warroad	483.5
10)	Roseau	402
11)	Walker-Hackensack-Akeley	359
12)	Kittson County Central	336.5
13)	Lake of the Woods/Indus/Rain	267
14)	Red Lake County	194

Men - Team Rankings - 18 Events Scored

1)	Fertile-Beltrami	640
2)	Walker-Hackensack-Akeley	556
3)	Northome/Kelliher/Blackduck	519
4)	West Marshall	488.5
5)	Ada-Borup-West	478.5
6)	Roseau	456.5
7)	Bagley/Fosston	434
8)	Warroad	398
9)	Lake of the Woods/Indus/Rain	296
10)	Fisher/EGF Sacred Heart/Clim	294
11)	Red Lake County	288
12)	Crookston	162.5