



# ST. ANTHONY BOOSTER BASKETBALL DURING COVID-19

Guidelines and protocols, while complicated at times, are put in place for the safety of everyone. Please show good sportsmanship to other players, coaches, and staff by following these guidelines. Your compliance and honesty of your health status will be imperative to allow our season to continue.

## GUIDELINES AND SAFETY MEASURES

- The [Minnesota Department of Health Decision Tree](#) will be used to determine if a child has symptom(s) and will or will not attend practice or tournaments. More common symptoms include: fever greater than 100.4 degrees F, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell. Less common symptoms include: sore throat, nausea, vomiting, diarrhea, chills, muscle pains, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose
- Participants should not attend St. Anthony Booster Youth Basketball Association (BYBA) programs if they are:
  - sick with COVID-19
  - were recently exposed (within 14 days) to someone with a lab confirmed positive COVID-19 diagnosis
  - or have symptoms (ie, fever, cough, or shortness of breath) - participants observed with symptoms will be asked to leave their current session, with future follow-up from team personnel.
- If any player has had a direct COVID-19 exposure, taken a COVID-19 test, or has tested positive for COVID-19, you must contact your team's COVID-19 manager immediately. We will work with MDH to determine the exposure risk to others and communicate where appropriate.
- Parents must screen their child before every event (practice, league game, and/or tournament). Proof of screening is required by the parent before each event in electronic form. If the team's COVID-19 coordinator does not have proof of screening, the child will not be allowed to participate that day.
- Coaches will screen themselves before each session. If they have any symptoms, they will not participate.
- Participants should not arrive more than 5 minutes before the start of their session. Teams are expected to leave the gym immediately after their session. Do not enter the gym until previous teams have exited.
- Masks must be worn by anyone entering the building when they are outside of the gym. Coaches will coach with masks, where appropriate.
- Wash or sanitize hands upon entering the building and just prior to exiting.
- Arrive ready to play with only what you need. Restrooms during practice will not be available for changing.
- Non-participants (parents, volunteers, spectators) will not be allowed during practices and may not be allowed in tournament facilities, depending upon gym capacity constraints and their protocols. COVID-19 procedures governing off-site tournaments and games will be determined by the host site.
- Participants will be asked to bring their own water bottle(s). Drinking fountain use will not be available.
- Refrain from contacting others (ie, no high fives, handshake lines, and chest bumps). Team discussions or huddles should be conducted with 6 feet of social distancing whenever possible.
- When not engaged in a drill or play, coaches and players will maintain 6 feet for social distancing.
- St. Anthony gyms will be sanitized prior to use when transitioning from other school activities.
- We cannot guarantee that you and/or your child(ren) will not become infected with COVID-19. Further, attending session activities could increase your risk and your child(ren)'s risk of contracting COVID-19.

### Other COVID-19 resources:

[Resources for Youth Sports Associations - COVID-19](#)

[MN Youth & Amateur Sports COVID-19 Protocol](#)

[MYAS: Back to the Hardwood](#)

[Considerations for Youth Sports: CDC](#)