

# **GULF COAST UNITED FUTBOL CLUB**

## **COVID-19 Return to Play**



**\*The following information does not supersede or replace any applicable local, state, regional or federal health guidelines or requirements, which will be strictly adhered to.**

### **General Return To Play Criteria**

In order to participate in any soccer activities other than individual activities at home, an individual including, but not limited to, players, coaches and Club staff (“participants”) must satisfy the following criteria:

- No signs or symptoms of COVID-19 in the past 14 days and have not been exposed to someone that has been tested positive for COVID within the past 14 days.
- Reside in training location/community for 14 days prior to beginning group training.
- Take temperature before participating in any soccer activity.

### **Club Responsibilities**

- ❖ Create and distribute protocols to its members.
- ❖ Have an effective communication plan in place and identify strategies for working with public health to notify Club officials, youth and their families if the organization learns a participant has developed COVID-19 and may have been infectious to others while at a soccer activity - Confidentiality of the participant must be strictly maintained.
- ❖ Have an action plan in place, in case of a positive test.
- ❖ Train and educate all Club staff to protocols and requirements, including state and local regulations, CDC recommendations and other necessary information.
- ❖ Make sure appropriate infection prevention supplies are present in multiple targeted areas (e.g., hand sanitizer, facial tissues, etc.)
- ❖ All soccer activities must be outdoors.
- ❖ Provide adequate field space for social distancing.
- ❖ Provide hand sanitizer and waste receptacles at fields.
- ❖ All Club staff and coaches must take their temperature prior to the start of each training session and report any high or abnormal temperature to the Club for further instructions.

### **Coach Responsibilities**

- ❖ Ensure the health and safety of all players
- ❖ Before each training session a Coach must organize “stations” for each player at or around the bench area that are at least 6 feet apart in which players must keep all of their belongings. They shall be required to return only to their “station” during breaks.
- ❖ Before each soccer activity ask all players how the athletes are feeling and whether they are experiencing any signs or symptoms of COVID-19 (e.g. cough, fever, or loss of taste or smell).
- ❖ If the athlete has any signs or symptoms of COVID-19, they should be sent home and instructed to contact their healthcare provider.
- ❖ Follow all state and local health protocols and ensure social distancing at all times including team meetings/talks before during and after soccer activities.
- ❖ Ensure all athletes have their individual equipment (ball, water, bag etc.).
- ❖ Coach is the ONLY person to handle ALL training equipment (e.g. cones, disk, flags, etc.).
- ❖ Coach is responsible for ensuring no training vests are shared and will collect vests at the end of each session to be cleaned/disinfected before next training session.
- ❖ Coach will ensure a maximum of 20 players at training (including coaching staff on field)
- ❖ Enforce NO GROUP CELEBRATIONS, NO HIGH 5’S, NO HUGS, NO HANDSHAKES.

## Parent Responsibilities

- ❖ Ensure your child is healthy.
- ❖ Check your child's temperature daily and ask whether they are experiencing any symptoms of COVID-19 (e.g. cough, fever, or loss of taste or smell).
- ❖ No carpooling.
- ❖ Parents are not permitted on or near the field.
- ❖ Parents must stay inside or in close proximity to their car when at any soccer activity. If outside their car, parents must wear a face mask and must adhere to social distancing guidelines.
- ❖ Ensure child's clothing is washed after every training session.
- ❖ Ensure all equipment, cleats, ball, shin guards etc. are washed or sanitized before and after every training.
- ❖ Notify club immediately if your child becomes ill for any reason.
- ❖ Do not assist coach with equipment before or after training.
- ❖ Be sure your child has necessary sanitizer with them at every soccer activity.
- ❖ Should parents feel the need to communicate with a coach, it must be done via email or by telephone.

## Player Responsibilities

- ❖ Take temperature daily
- ❖ Wash hands thoroughly before and after soccer activity.
- ❖ Bring and use, hand sanitizer with you to every soccer activity.
- ❖ Observe the separation of the "stations" established by the Coach at the bench area and make certain to place all of your belongings (bags, water bottle and equipment) at least 6 feet apart.
- ❖ Do not touch or share anyone else's equipment, water, snack or bag.
- ❖ Practice social distancing
- ❖ Wash and sanitize all equipment before and after every soccer activity.
- ❖ Observe social distancing.
- ❖ NO GROUP CELEBRATIONS, NO HIGH 5'S, NO HUGS, NO HANDSHAKES, etc

GULF COAST UNITED FC is committed to protecting the health and safety of everyone. In light of the world-wide COVID-19 pandemic. Our response to the coronavirus and the phasing, protocol and responsibilities in our Return To Play pathway are the product of multiple resources and our recognition that COVID-19 has affected several families along the Mississippi Gulf Coast.

### Designated Gulf Coast United FC COVID-19 Point of Contact:

Pamela Ezell, ATC 228-365-4369 [pam.ezell@yahoo.com](mailto:pam.ezell@yahoo.com)

### Additional Resources:

- CDC recreational guidance: <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/index.html>
- EPA list of COVID-19 effective disinfectants: <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>
- Caring for Our Children(CFOC) standards for cleaning, sanitizing and disinfecting educational facilities for children: <https://nrckids.org/CFOC/Database/3.3>