



Join us for the  
15th Annual  
Super Cooper 5K  
& 1-Mile Race

**When & Where? ~**

Saturday, March 27, 2021  
Pinocchio's Pizza Playhouse  
117 Prevost Dr, Houma 70364



All kid racers age 14 &  
under get a  
**FREE LASER TAG**  
session to be played  
after race!  
(minimum 48" tall)

Registration begins at 7 a.m.  
1 Mile Fun Run begins at 8:00 a.m.  
5K Run immediately following

**Register Online with NO ADDED FEE!**  
[www.cooperlifefund.org/sc2021](http://www.cooperlifefund.org/sc2021)

**5K = \$15** Until Mar 16 / **\$25** After Mar 16  
**1-Mile = \$15** Until Mar 16 / **\$20** After Mar 16

**\*\*5K Runners (male & female categories):**

**CASH PRIZE for Top 3 Men/Women Overall**

Awards for 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Place age groups:

**14 under; 15-19; 20-29; 30-39; 40-49; 50-59; 60+**

**\*\*5K Walkers (men & women categories):**

Overall 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Place

**\*\*1-Mile Kids Run Awards:**

Top 5 Overall Kid Finishers (12 & Under)

**Music, Refreshments, Door Prizes and  
Awards Ceremony following the race**

**SUPER COOPER 5K**

**5K & 1 Mile Run/Walk**  
**March 27, 2021**

**Register Online with NO ADDED FEE!**  
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**What's Cooper Life Fund?** ~ We are a nonprofit created to help families of children born with serious medical conditions while promoting a healthy lifestyle through exercise and physical fitness. John and Ashley Fontenot founded the nonprofit after their second son Cooper Fontenot was born with a Congenital Heart Defect in 2004 and underwent 6 hours of open-heart surgery. He is alive and well today because of prayers, support and great medical care!

Find Us On  
**facebook**



**Contact John or Ashley Fontenot for more Info:**  
985-258-5751 Or [info@cooperlifefund.org](mailto:info@cooperlifefund.org)

**Entry Fee made out to:**

**Cooper Life Fund**  
**276 Riverwood Drive**  
**Houma, LA 70360**

**Who Benefits?** ~ The money provides families with car seats, strollers, lodging vouchers, gas cards, gift cards and other items while their newborn baby was unexpectedly admitted into intensive care at Terrebonne General Medical Center - NICU. Please visit their website at [www.tgmc.com](http://www.tgmc.com)



**Deadline for Early Entry – Mar 16, 2021**

**ENTRY FORM – Please Print Clearly**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Check one:**  5K  1-Mile Age: \_\_\_\_\_

**Check one:**  Male  Female

**Shirt Size :** \_\_\_\_\_

S - M - L - XL - 2XL - 3XL

Youth S - Youth M - Youth Large

I am making an additional contribution of \$ \_\_\_\_\_

**Total Amount Enclosed \$** \_\_\_\_\_

**Shirt & Towel Guaranteed w/Early Registration**  
**While supplies last on race day.**

All pre-registered participants are guaranteed a Super Cooper T-shirt. Race day registrants will be given a T-shirt on a first come first serve basis. In consideration of you accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Cooper Life Fund, Terrebonne General Medical Center, Pinocchio's Pizza Playhouse, Split Second, LLC, Terrebonne Parish Consolidated Government & their employees, any race officials, associated sponsors, their representatives, successors, and assigns for any injuries suffered by me in said event. I attest and verify that I will participate in this event as a foot race entrant, and that I am physically fit and have sufficiently trained for the completion of this event. I hereby grant permission for any officials associated with this event to use any photographs, videotapes or audio recordings from this event, as they deem appropriate.

Signature of Participant: \_\_\_\_\_

Parent's Signature (if under 18): \_\_\_\_\_

Date: \_\_\_\_\_

Race timed by: **SPLIT SECOND LLC**  
[www.splitsecondllc.com](http://www.splitsecondllc.com)