MITES / U8
DAILY SCHEDULE
WEEK 1 (June 15 - June 18)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
9:00 - 10:00	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (Lessons)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 1:30	Field Time - Organized Games
2:00 - 3:00	Ice
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:45	Outside / Structured Freetime
10:45 - 11:30	Lunch
11:45 -12:45	Ice
1:00 - 3:00	Swimming
3:00 - 4:00	Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 2:00	Field Time - Organized Games
2:30 - 3:30	Ice
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 2 (June 22 - June 25)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
9:00 - 10:00	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (Lessons)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 1:30	Field Time - Organized Games
2:00 - 3:00	Ice
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:45	Outside / Structured Freetime
10:45 - 11:30	Lunch
11:45 -12:45	Ice
1:00 - 3:00	Swimming
3:00 - 4:00	Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 2:00	Field Time - Organized Games
2:30 - 3:30	Ice
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 3 (June 29 - July 2)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
9:00 - 10:00	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (Lessons)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 1:30	Field Time - Organized Games
2:00 - 3:00	Ice
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:45	Outside / Structured Freetime
10:45 - 11:30	Lunch
11:45 -12:45	Ice
1:00 - 3:00	Swimming
3:00 - 4:00	Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 2:00	Field Time - Organized Games
2:30 - 3:30	Ice
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 4 (July 13 - July 16)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
9:00 - 10:00	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (Lessons)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 1:30	Field Time - Organized Games
2:00 - 3:00	Ice
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:45	Outside / Structured Freetime
10:45 - 11:30	Lunch
11:45 -12:45	Ice
1:00 - 3:00	Swimming
3:00 - 4:00	Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 2:00	Field Time - Organized Games
2:30 - 3:30	Ice
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 5 (July 20 - July 23)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
9:00 - 10:00	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (Lessons)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 1:30	Field Time - Organized Games
2:00 - 3:00	Ice
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:45	Outside / Structured Freetime
10:45 - 11:30	Lunch
11:45 -12:45	Ice
1:00 - 3:00	Swimming
3:00 - 4:00	Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 2:00	Field Time - Organized Games
2:30 - 3:30	Ice
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 6 (July 27 - July 30)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
9:00 - 10:00	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (Lessons)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 1:30	Field Time - Organized Games
2:00 - 3:00	Ice
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:45	Outside / Structured Freetime
10:45 - 11:30	Lunch
11:45 -12:45	Ice
1:00 - 3:00	Swimming
3:00 - 4:00	Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 2:00	Field Time - Organized Games
2:30 - 3:30	Ice
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 7 (August 3 - August 6)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
9:00 - 10:00	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (Lessons)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 1:30	Field Time - Organized Games
2:00 - 3:00	Ice
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:45	Outside / Structured Freetime
10:45 - 11:30	Lunch
11:45 -12:45	Ice
1:00 - 3:00	Swimming
3:00 - 4:00	Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 11:40	Lunch
11:40 - 12:40	Plyometrics / Dryland
12:40 - 2:00	Field Time - Organized Games
2:30 - 3:30	Ice
4:00 - 5:00	Pick-up