



The Torch

SYC Weekly Digest

September 7, 2021

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Office Closed for Move

SEPTEMBER 13 -17

The SYC office will be moving the week of September 13th - 17th. Our office on Newington Rd. will be closed to visitors but staff will be available to take phone calls and emails from 9AM - 4PM each day. Additionally, A Spanish speaking staff member will be able to accept calls on Wednesday from 2PM - 4PM.

We will reopen our new office at 7201 Lockport PL. on September 20th.

The SYC warehouse will be moving to the new location on a staggered schedule and we will let you know when that is completed. Please make an appointment if you need access to our warehouse.

We appreciate your patience as we get settled in at our new location!

OPEN REGISTRATIONS

ANNUAL SPORTS

[Travel Soccer 2021-2022 TRYOUTS](#)

FALL SPORTS

[Fall Lacrosse Novice Clinic - NEW!](#)

[Fall Tackle Football](#)
[Fall Powerlifting](#)
[Fall Rugby - NEW!](#)
[Fall Rec Soccer MNT & GK Training](#)
[Fall Pee Wee Kickers](#)
[Fall U5 Cubs Soccer](#)
[Fall UP Soccer](#)
[Fall Softball](#)

FEATURED SPORT



Last chance to sign up for Fall Powerlifting. Powerlifting is open for coed players in grades 5 through 12. Options for once a week and twice a week. Program starts Thursday. Space is limited. REGISTER TODAY!

[Read More and Register Here](#)

NEWS AND SPECIAL EVENTS

TACKLE FOOTBALL Want to Play?

Football is seeking players in these weight classes:

- 90LB
- 100LB



Tackle Football is looking for individuals interested in playing tackle football this 2021 season.

We could use a few more players in the 90lb & 100lb weight classes. These weight classes roughly estimate to players ages 9-13 years old (as of October 1) who weigh anywhere between 105-120lbs.

The ages and weights above are ROUGH ESTIMATES for our high-need weight classes. We are currently waitlisting players in all weight classes until weight class can be determined for team availability. Please go [HERE](#) and click on the register button

for the Tackle Football program.

Thank you!
#SYCTackleFootball

[Read More and Register Here](#)



Hey Fall Volleyball Coaches! Mark your calendars for the upcoming equipment pickup and coaches clinics.

Equipment Pickup

11AM-1PM at the [SYC Office/Warehouse](#) at 7075G Newington Road

Coaches Clinic

7:30PM at [West Springfield Elementary School](#)



Rec Soccer Picture Day
Sept 18



COACH!
**BOOK YOUR TEAM'S
TIME SLOT**

Fall Rec Soccer Picture Day - All Day Event, September...

Rec Soccer Coaches - Please email admin@memorymakers.com or call (703) 671-9293 with your team name and your contact number for an appointment time on picture day scheduled for Saturday, September 18th. Be sure to pass along the appointment...

[Read more](#)
www.sycva.com



Your Children Can Still Eat Healthy Snacks for Their...

The best snacks for active kids in sports help them support growth while having enough energy to be active in their sport. This involves not just refueling for practice and play, but also refueling to ensure adequate energy stores for the next...

[Read more](#)

www.verywellfamily.com



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The latest edition is always available at sycva.com.

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