

**Woodbury Girls Golf- Parent Meeting Agenda and Team Information**  
**Monday, March 2, 2026- 6:00-7:15, WHS Lecture Hall**

**Coach Intro**

**Captains Intro**

**Program Priorities – The “Why and How”. Compete vs Participate**

- Pursuing golf with a purpose and a **competitive mindset** provides endless opportunities for building self-esteem, personal growth and positive habits.
- We practice with purpose and effort
- We embrace and learn from mistakes- “no fail zone”
- We focus on “Team Golf” concepts in order to motivate each player individually.
- We embrace a **competitive mindset**

**Coaches’ Commitment and Goals**

- To provide players with a challenging and rewarding experience. Remember that golf is a technical game that does not assure a straight path to improvement. It’s our job as coaches to provide the road map and the guard rails.
- To help every player, no matter their current skills, grow as a player and a person: physically, mentally, and emotionally. **We will attempt to “set the bar” for each player above their comfort level, but withing their grasp.**
- To inspire self-motivation, perseverance, competitive drive and a love for the game
- To communicate openly and honestly with all players and their support team.

**Team Selection Process- (weather permitting)**

- All registered players will spend the first 2 weeks participating in our practice and evaluation process. They will be expected to attend their designated time slots and get out on the golf course for (1-2) 9-hole rounds (if weather permits)
- We will conduct both a “Standard of Practice” and a “Standard of Play” evaluation. That criteria will be further explained during our first week of practice.
- After the first 2 weeks the team go through a try-out process and will be divided into players who will be practicing 5 days a week (Varsity/JV - with the opportunity to compete in Conference Varsity and JV Matches, and players practicing 4 days a week, B Team – for those players who will be developing their games and will play in “friendly matches” the second half of the season.

**Practice- Player requirements**

- Attendance at assigned practice is mandatory. When situations arise where a player cannot be at practice it is the players responsibility to contact Coach Weiss as soon as possible. A commitment to timely and honest communication is essential to team success.
- **If you miss school, you are not allowed to practice or compete on that day.**
- Players are required to get themselves to practice on time and **at least 15 minutes before any assigned tee-times at Eagle Valley. Early excusals will be arranged for high-school students so that they can get to Eagle Valley in time to prepare for tee-times.**
- We will also be utilizing the WHS ETS program for speed and strength training this year. We have reserved dedicated times on Tuesdays, Thursdays and Fridays.
- Practices opportunities at EV will consist of range, short-game, playing and caddying
- We will structure a weekly schedule based on Coach coverage, player practice needs and available tee-times.
- Players are expected to come to practice fully prepared for the weather conditions. **Large bulky clothing does not work for golf.** That means no big, hooded sweatshirts, or jackets that hang loose or don't zip or close. Always have a warm hat!
- **Dress in appropriate golf attire. No yoga style leggings, gym shorts or casual loose-fitting footwear.**
- Players should have a small notebook or index cards (something other than their phone) so that they have instruction notes available for daily review
- We expect players to dedicate some personal time practicing on their own (evenings and weekends) to fully utilize their instruction and guidance.

### Team Behavior Policy

- **We will follow all Minnesota State High School League rules regarding school code of conduct, use of drugs, alcohol, tobacco and social media.**
- We are fortunate to have the use of Eagle Valley golf course. We will comply with all their rules and regulations relating to course etiquette, range behavior and tee time compliance.

### Program Communication

- **An availability form regarding practice and match options will be sent out every Friday for the following week. Players will be expected to fill them out and return them promptly.** These forms are utilized to organize our team schedule and coach coverage. This allows us to maximize teaching and development opportunities. **Players will be expected to fill them out in a timely fashion and commit to their schedule.** We will also provide a weekly game plan and review of the previous week - usually on Sunday night.
- Team calendars will be updated on the WHS Activities website under Girls Golf. Players and families should subscribe to the team calendar link as well as the Suburban East Conference calendar link and set to refresh on a regular basis.
- The golf season has weather challenges - sometimes daily! Practice updates will be sent through email and/or an agreed upon text message method. (GroupMe)
- Communicate school and test conflicts to both teachers and coaches at least 1 week in advance of matches so that accommodations can be made.

## **Role of parents**

- Parents have a role in facilitating proactive and positive communication. Parents will have the opportunity to opt into or out of team communications other than the required scheduling forms for non-drivers. Parents of non-driving students will receive all scheduling communications along with their student/athlete.
- Support your daughter by coming to matches. Note: Parents cannot give advice and must stay 25 yards away and in the rough at all times during competitions.
- **Read activities page** for updates.
- Encourage your daughter to stay positive even during times when results are less than hoped for. Golf can sometimes feel relentlessly difficult, but there is always learning opportunities that can lead to growth
- If you are part of your daughters "instruction team", or she receives other outside instruction, schedule time with Coach Weiss to discuss goals
- If your daughter has a team related disagreement or concern such as playing time or ranking, please have them reach out to the coaches before you get involved.
- Volunteer to assist with team functions: pictures, team gathering, awards banquet, carpool to meets when needed.

**Support the Booster Club**-Board Members- Sarah Koehnen, Brian Simdars

## **Team Apparel**

- Team Apparel store will close on March 16
- We will use both previous year's shirts as well as additional new shirts for competition uniforms

## **Summitt Orthopedics**

### **Dates to Remember**

- Practice starts week of March 16
- Team Pictures- April 2nd
- Team try-outs- March 30th-April 8th
- First Varsity match - Wednesday April 15<sup>th</sup>- 18 holes
- First JV match - Wednesday April 15<sup>th</sup>
- Blaine overnight May 1-2 (Varsity)
- JVB Applewood Invitational -May 12
- JV Rosemount Scramble May 14
- Friends and Family Day- JV and Varsity Match at Stillwater CC on Monday May 18
- Conference Finals- May 21st
- Sections- May 28-29
- End of Season Banquet- May 26<sup>th</sup>, River Oaks
- MSHSL Girls Golf State Tournament- June 9th and 10th

