

## CONCUSSION VITAL SIGNS

The test will take approximately 30 minutes to complete.

Take test in distraction free environment. Please turn off your cell phone.

Be well rested prior to taking test.

You will be measured based on speed and accuracy of your responses.

If you do not give your best effort on this test, you may have to repeat the testing.

### INSTRUCTIONS TO LOGIN

Access the website:

[www.concussionvitalsigns.com](http://www.concussionvitalsigns.com)

Click on **athlete assessment LOGIN** on the right side of the screen.

Enter user name: *GLHSathlete*

Enter password: *gogators*

You will then be asked to enter your information.

Enter pre-test data:

1. **Subject Reference/ID:** Use your *last name dot first name date of birth without spaces*.

EXAMPLE Jane Smith born 07/04/1999 would use **smith.jane070499** as her subject reference/ID

2. Date of Birth

3. Select **Concussion Vital Signs, Athlete Information & Medical History, and Concussion Symptom Scale** for type of assessment.

4. Select appropriate choice for type of supervision during test.

- Unsupervised
- Supervised by parent/guardian
- Supervised by athletic trainer or coach

5. Indicate type of testing environment.

- Alone
- Group of 2-5, 6-15, 16 or more

During testing you will use the following keys on your keyboard.

ENTER key: start and advance each test or rating scale

SPACE BAR: primary response key for most of the tests

ARROW KEYS: used for the shifting attention test

NUMBER ROW: keys for other tests and medical rating scales. Do NOT use the keypad

At the end of the test, please complete the medical history questions.