

Schedule A
North Lake Sailing School Covid-19 related Policy and Procedures
June 3, 2020

In order to maintain the safety of our sailors, their families and our staff this summer, skippers, crews, and instructors need to sign the NLSS COVID-19 waiver before attending classes. Skipper and their crew acknowledge by each signing the waiver that they are also making the decision to sail together.

Extra rules this summer while on yacht club grounds and docks if others present:

- I will maintain 6 ft apart from others as much as possible when social distancing rules are in place
- I will wear my buff/ cloth mask on shore, and other times at coaches' discretion
- I will wash my hands before lunch or snack
- I will properly wash my hands every time I come off the water
- I will apply sunblock before arriving at class

Before sailing season starts:

- Cleaning and sanitization supplies located dockside and in clubhouse garage
- Touchless faucets & soap dispensers to be installed
- Posters displayed about social distancing and handwashing
- Picnic tables in rows outside for X-boaters with designated seating and spacing
- Picnic tables in garage for RWB and KP with designated seating and spacing
- Green and LTS Optis sit on grass in shaded area

First day of class:

- Every sailor should bring a bin from home labelled for stowing their gear (lunch, towel, markers, I Can chart, etc.)

Before class: Instructor duties

- Open gate and garage
- Restroom doors propped open and lights/fan on for the day
- Write out lesson/ drills on whiteboard
- Lay out opti stuff (see Opti section) --- instructors wearing gloves during this

Safety officer:

- Greet at gate with questions to parents and sailor:
 - Have you been experiencing any of the symptoms of COVID: new/ worsening shortness of breath, fever, cough?

- Has anyone in your family been experiencing those symptoms?
- Has anyone you've recently interacted with experiencing the symptoms?
- Parent will remain in car at drop off and pick up
- Attendance/Safety check sheet filled out for each day
- Encourage positive behaviors on shore for compliance to these rules

Optis:

- Set up before student arrival
 - Boats flipped by instructors on arrival with boards in them
 - Sails and boards set out on grass to be set up
 - Chalk talk on the grass. Sit apart in a circle on life jackets
- Assign labelled dollies so they are not shared during the day

X-Boats:

- Lead instructor send out drills by 9 am by email
- Staggered arrival/departure times
 - Group A 10:30 arrival/4:00 departure
 - Group B 11:00 arrival/4:30 departure
- Staggered lunch: come in boat by boat (same order they arrived)
- Lunch boxes with ice packs- We will not be using the NLSS fridge

Cleaning/Sanitizing at end of day:

- Markers - each instructor has their own during the day (kept in their bin)
- White boards
- Knot-boards or any things used
- Coach boat: Keys, steering wheel, throttle, lift wheel
- Buoy clips, buoy line reels, and buoy anchors
- Lifejackets if forgotten and borrowed
- Dolly handles and boards
- Picnic tables
- Restroom contact points
- Door-handles and Garage door buttons

Unsaleable days

- Classes may be postponed, end early, or cancelled due to weather or wind conditions
- Notification via group text message
- Activities on zoom/ virtually: participate at home
 - US Sailing and ILYA have lots of great tips and strategy topic videos

If the sailor, someone in their household, or anyone they encounter since attending the previous class shows Covid related symptoms, stay home until tested. If there are any concerns related to another student or instructor, please contact Rebekah Janssen, our primary safety officer, at 414-940-4714. Or if she is unavailable or on the water contact our secondary safety officer, Tess Kreutzmann, at 262-347-7138. Finally, if you'd like to speak to one of our sailing school directors you can contact Laura Johnson at 262-361-2104.

NOTICE: Failure by any individual or family to comply and strictly follow these guidelines may result in a suspension from NLSS classes and/or additional action by the NLSS Board.

We hope everyone can be flexible and tolerant in this changing environment. Thank you in advance for your cooperation and for the health of all our students and instructors. Sailors should continue to comply with Federal, State, County, and CDC guidelines, and recognize that as changes occur that updates to these rules will be emailed to all registered students and posted on the NLSS website.