



LDSC 2020 - Minutes
3/10/2020 9-11pm - Moose

Attendees: Tom Breski, Deny Adelman, Tessa Adamec, Joe Adamec, Pat Uttheg Jr, Joe Cianciosa, Kevin Weise, Chuck Marino, Chuck Donner, Ken Kwasniewski, Braden Kwasniewski, Mike Davis, Neil Gladstone, Wendy Surdej

Agenda:

General Meeting

Welcome and Introductions

Travel Updates - Brian A

- BWNYSL Alignment Update- U10 the biggest challenge. Brian represented the club and we had no issues.
- Reminder email to coaches to stay off the fields until the club notifies they are open - will work with Donner to figure out issues with firemans park and when the town will allow up on the fields.
- Coaches meeting date 4/22/2020 7-10p

CoronaVirus Policy- Pat U

- Implement school policy handouts provided- Pat motioned and Joe C 2nd to follow the lancaster school protocol and all were in favor.

House Updates - Kim C

- Soccer balls Tom will work with Kim to order for spring and fall. We will order from we got soccer because packaged nicer for storage. Price went from \$8.25 to \$11.00. Must order by 7/1/2020.
- New Era Field play book sport opened up free training space for all groups 4/19.

Other

- Scholarship - Joe C All schools have been contacted we will need to share with older teams that have folded. Chrs Brown and Al longo who picked up some of those girls
- Chuck Marino- One up sports performance training- tabled

Closed session House discussion:

Issue #1 Weekly Plan Tessa post online and sends to all trainers. Plans can be found on the LDSC website.

Expectations, preparedness and confidences of trainers. Balance off curriculum vs knowing when to make an audible. Lead trainer's call. Noted trainers start at age 11 years old.

TBD Trainer Quality vs Program issue

TBD Do we talk about soft skills?

TAKE AWAY Are we setting the proper parent expectations?

Trainer availability is an issue often time has to double up teams and Braden has to jump in and train.

Look into using the horigan app for scheduling?

We must improve the recertification program.

Chuck Marino said we should video a session and use it for training

Tessa to set expectation to parents of trainers also Tessa role

Need more supervision to monitor execution. Kim role

Action U6 to U7 jump in game format. They need to know the rules

- Can we post for internal/external candidates (Kim)
- Could we partner with school a group like AOF (Wendy)
- Could we bring a whole team to help (Neil)

US soccer age group recommendation U7/U8 4v4 no goalie (Chuck M)

Trainer capability (Braden)- Using the phone for feedback survey really work or does it give parents the perception he is use on his phone

Joe A believe this was not coming from surveys but Kim has surveys from 2-3 sessions where this is states as a problem

Braden comes back to the quality of the trainer and certification.

Chuck M states that AI was the focal point for all and doesn't understand why Kim doesn't have the weekly plan. Tessa to email both Kim and Bryaden weekly plans.

Braden asked should we recertify trainers in the summer or is there a better time of year?

Chuck M asked if the trainer program really worth it anymore? Should we pay lead trainers more. Tessa said she tried that but it didn't work.

Kim suggests we assign a trainer per team.

Phones are an issue with trainers conflict with lead trainer phone surveys. Should we go back to paper and a clipboard?

Tessa was asked how many good trainers we have she said 15/60.

Chuck M stated that at U4 it should be fun lots of games by U6 we should start teaching skills

Tuesday/Wednesday training sessions U6 games vs skill. Kim stated that training day should be different from game day but currently are not.

We need to set careful parent/ coach expectations

Kevin jumped in to say doesn't the week to week plan already do this yes for the trainer no for the parents/coaches because they aren't getting the plan.

Braden suggested we recruit from outside Lancaster for trainers.

Tessa notes:

1. Parent meeting of new trainers
2. Schedule better trainers more often
3. Strict recertification
4. Use U11/U12 teams as junior assistants
5. U6 more skilled based
6. Send plan to parent coach and set the expectation that they are to deal with behavior and the trainer to deal with skills
7. Stress exception following setup
8. Send email to club to recruit new trainers possible other clubs or older house players
9. Send Kim the plan
10. Trainer hierarchy to aid Braden

Very good discussion around house expectations and changes. Better communication is key to a successful program.