

**The Saints 2019-2020 Season is almost here.....below is ALL the details!**

**GO SAINTS!**

**Regular Practice Schedule:**

*\*Practice starts the week of Sept 4th\**

U8: Friday (6:00 pm - 7:10 pm) and Sunday (4:50 - 5: 50 pm)

Squirt: Wednesday ( 5:40 - 6:50 pm)

PeeWee: Wednesday (7:00 pm - 8:10 pm)

Bantam: Wednesday (8:20 pm - 9:30 pm)

**Extra Pre- season Practice Times:**

U8: 9/9-9/29: Monday (6:50 pm - 8:00 pm)

Squirt: 9/7-10/5: Saturday (9:10 am -10:10 am)

Peewee: 9/7-10/5: Saturday (10:20 am - 11:20 am)

Bantam: 9/7-10/5: Saturday (11:30 am - 12:30 pm)

*\*\*Please refer to the calendar on the Saints website for the most up to date info.*

**Declaration games are scheduled for September 27th- 29th ( Squirt, Peewee and Bantam) and October 4-6th (U8).**

**HIGH SCHOOL**

**Regular Practice times**

*\*starts September 5th\**

Thursday (7:00PM - 10:00PM)

**Additional Pre-Season Practices**



## Saturdays

9/7, 9/21, 9/28 - from 4:30PM - 6:40PM

10/5, 10/12, 10/19 - from 6:20PM - 8:30PM

Pre-Season Jamboree in Wichita, weekend of 10/25 - 10/27.

No Practice on Halloween - 10/31

The Saints will roster 1 Varsity and 1 JV Team for the 2019-2020 season; Schedule will be announced in late September.

### **Jerseys:**

U8 : Jerseys are provided this season on a check-in, check-out basis.

### Squirt through High School:

- All players must report to the main table the first week of practice for a jersey number check in and ordering process details. (Sept 4th, 5th, 6th and 7th) Please be on the look-out for the Jersey table!

### **2019-2020 Select Info- Riverkings**

#### **RiverKings Pre-Season Conditioning Sessions:**

Saturdays (9/7, 9/21, 9/28 and 10/5) from 12:40AM - 1:40PM

#### **RiverKings Tryouts - Sunday October 6th:**

- Squirts - 10:50AM - 11:50AM
- PeeWees - 12:00PM - 1:00PM
- Bantams - 1:10PM - 2:10PM

Practices begin Monday 10/7 - 6:50PM - 8:20PM; Coaches will determine what divisions practice each Monday.

#### **Select Weekends:**

- December 6th - 8th
- January 10th - 12th
- January 31st - February 2<sup>nd</sup>

Please reach out to [KCFSGeneral@gmail.com](mailto:KCFSGeneral@gmail.com) for more Select details.