

Chaska Baseball Association COVID Preparedness Plan

Chaska Baseball Association is committed to providing a safe and healthy community for all our participants and families. To ensure we have a safe and healthy workplace, CBA has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Coaches, players and visitors are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our community, and that requires full cooperation among our workers and management. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our environment.

The COVID-19 Preparedness Plan is administered by the CBA Board, who maintains the overall authority and responsibility for the plan. However, participants and families are equally responsible for supporting, implementing, complying with and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan. CBA's coaches have our full support in enforcing the provisions of this plan.

Our players are our most important assets. CBA is serious about safety and health and protecting our players. Participants and family involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan.

CBA's COVID-19 Preparedness Plan follows the industry guidance developed by the state of Minnesota, available at the Stay Safe Minnesota website (<https://staysafe.mn.gov>), which is based upon Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19, Minnesota Occupational Safety and Health Administration (MNOSHA) statutes, rules and standards, and Minnesota's relevant and current executive orders. It addresses:

- Ensuring sick players and coaches stay home and prompt identification and isolation of sick persons
- Social distancing – players and coaches must be at least six-feet apart
- Player and coaches hygiene and source controls, including face coverings
- Cleaning and disinfection protocol
- Additional protections and protocol
- Communications and training practices and protocol

CBA has reviewed and incorporated the industry guidance applicable to our association provided by the state of Minnesota for the development of this plan.

Ensure sick participants stay home and prompt identification and isolation of sick persons

Participants have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess both players' and coaches' health status prior to entering the facilities and for participants to report when they are sick or experiencing symptoms.

If players or coaches are sick or showing symptoms or have been around someone exhibiting the following symptoms, it is required to report to team staff so further measures may be taken:

- If ONE OR MORE of these symptoms
 - Fever of 100.4 degrees Fahrenheit or higher
 - Difficulty/hard time breathing
 - New cough or a cough that gets worse

- New loss of taste or smell
- AT LEAST TWO of these symptoms
 - Sore throat
 - Nausea, Vomiting and/or Diarrhea
 - Chills, Muscle pain and/or Excessive fatigue/feels very tired
 - New severe/very bad headache
 - New nasal congestion/stuffy or runny nose

CBA has implemented leave policies that promote players and coaches staying at home when they are sick, when household members are sick, or when required by a health care provider to isolate or quarantine themselves or a member of their household.

CBA has also implemented a policy for informing participants/families if they have been exposed to a person with COVID-19 at practices or games and if requiring them to quarantine for the required amount of time.

Wherever possible exposure has been reported to team staff and COVID Preparedness Coordinator, CBA will report to the Minnesota Department of Health and follow their recommended guidance.

Afterwards, families will receive a letter explaining whether their player has been indirectly exposed and may continue regular play OR whether it has been determined between MDH and CBA if a player must take a temporary leave from play, along with other conditions.

Each team must keep an accurate log of their rostered players, spectators, and opponents, including opposing coaches' contact information. In the case of someone being infected, this document will be necessary for MDH to perform contact tracing.

Social distancing – Participants must be at least six-feet apart

Social distancing of at least six feet will be implemented and maintained between players, coaches and spectators at facilities:

- Coaches and players must maintain a 6ft distance from any other persons at the best of their abilities.
- Practices will be kept to small sizes, using a “pod” like mentality.
 - Teams are responsible for ensuring that members of different pods do not practice together, interact, or otherwise come into close contact while organized sports are occurring. The smaller the pod size, the more the team can minimize broader transmission of COVID-19 among teammates.
 - Whenever close proximity is necessary between coaches and/or players physical distance should resume immediately upon completion of the play.
- Parents and visitors are requested to not be attending practice sessions.
- Parents and visitors are requested to limit to 1 or 2 per player/shared household; this does not include visiting small siblings. It is requested the visitors do not arrive at the field until scheduled game time.
- In a game setting, it is strongly recommended that spectators remain at least 12 feet away from the closest participant—meaning, at least 12 feet from the field or the bench, whichever is closest. Also maintain at least 6ft from other spectators.

Hygiene and source controls

Basic infection prevention measures are being implemented at our facilities at all times. Players are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout playtime, but especially at the beginning and end of their playtime. All participants within the facilities are required to wash or sanitize their hands prior to or immediately upon entering the facility.

Face coverings are not required if players, coaches or visitors can stay at least six (6) feet away from others; players and coaches are required to wear a mask when around others (dugout/bench area/etc) and any other time in close proximity with other persons. Players, coaches and visitors are also asked to not participate in the following while at facilities: No spitting, chewing gum, or eating sunflower seeds. No sharing of food or drinks.

Cleaning and disinfection protocol

Regular practices of cleaning and disinfecting have been implemented, including routine cleaning and disinfecting of high touched surfaces and equipment. Players are asked to be using their own equipment (gloves, bats, helmet, catchers gear, etc.) to the best of their ability. If equipment must be shared between one another, equipment will be sanitized between uses.

Additional protections and protocols

Games and practices will have staggering times to avoid crowding and congestion when participants are arriving, playing, and leaving. Parents and visitors should exit the venue/fields if the team is not playing. Grouping of any kind before/after and between games is discouraged. Depending on the venue, separate points will be established for entering and exiting.

In a game or tournament setting, teams must also minimize the time they spend in the venue/event setting. Teams should only arrive early enough to warm up before their competition, and teams should leave as soon as their game is over. If athletes linger after a game to eat or watch games, they are considered spectators and must be counted toward the overall occupancy of the facility. They must also follow guidance requirements that apply to the venue/event (e.g., they must eat in designated seating areas, wear face coverings, be in an assigned seat as a spectator or some similar accommodation, etc.). The other option would be for the participants to get their food to-go. Currently, CBA will not be providing food or concessions options; new information will be shared if/when this may change.

Parents' and visitors' primary contact information should be collected by the participating team's coaching staff so that quick notification can be done if an individual develops COVID-19.

Parents, visitors and volunteers must abide by the following:

- Do not enter if experiencing COVID-19 symptoms
- The venue's attendance limits.
- That they are required to adhere to hygiene and social distancing instructions, should not cluster at entry/exit points, observe signage and markings that promote social distancing.
- That they are required to follow requirements for wearing face coverings.

Communications and training practices and protocol

This COVID-19 Preparedness Plan was communicated by email to all families and is found on Chaska Baseball Association's website. If additional communication will need to go out, it will be ongoing via email. Instructions will be communicated to all CBA Board members, coaches, players, families, visitors, and volunteers about protections and protocols.