



23RD ANNUAL BREAKFAST OF CHAMPIONS

In partnership with the City of Hamilton

Tuesday, November 14, 2023
Hamilton Convention Centre



**Congratulations to all
Athletes and Coaches
on your Outstanding
Achievements!**

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Message from the President

Welcome to the 23rd Annual Breakfast of Champions presented by Stelco. I am so happy that SportHamilton was invited to be a Community Partner of the Grey Cup Festival as Hamilton hosts the 110th Grey Cup in the Hammer.

It is my honour, on behalf of the SportHamilton Board of Directors, to congratulate our "Hamilton Home Grown Champions" at the 23rd Annual Breakfast of Champions celebrating the outstanding accomplishments of Hamilton area athletes, teams and coaches for the 2023 season.

No athlete or team achieves success alone. Thanks to the commitment and effort of your coaches, teammates, teachers, parents and of course, your own personal hard work and determination, are you able to grow and develop as an athlete and individual to achieve such great success. Remember to give back to others. Be a positive role model and an inspiration to younger and developing athletes. Always demonstrate positive sportsmanship and respect for all. How you practice and play demonstrates your character and values. The valuable lessons learned and developed through sport are lessons for life.

I would like to extend sincere thanks to our partners with the City of Hamilton for their continued support of SportHamilton, especially Mayor Horwath, the many Councillors and Healthy and Safe Communities leadership and Recreation Division staff. As well, thank you to Stelco and the Hamilton Sports Group for their support as community partners and our many local sponsors for their generosity. Special thanks to the SportHamilton Board members and our support staff who have contributed to making this annual event happen.

SportHamilton proudly applauds all award recipients and wishes you all continued success in all that you endeavour.

Yours in sport,
Helen Downey
President, SportHamilton
The Official Sport Council for the City of Hamilton

presidentsporthamilton@gmail.com
www.sporthamilton.com



The Office of
MAYOR ANDREA HORWATH
CITY OF HAMILTON

On behalf of the City of Hamilton, and my Council colleagues, I am truly honoured to welcome you all to SportHamilton's 23rd Annual Breakfast of Champions.

Today, we gather to celebrate the remarkable achievements and successes of our hometown sports champions. Competing at the Provincial and National level, these athletes, teams, and coaches have represented our city with enthusiasm and pride, their dedication and sportsmanship a testament to the ambitious and hardworking spirit of Hamilton.



I want to personally congratulate today's award recipients- from athletic excellence to leadership and community service, these young athletes have shown tremendous dedication to their sports, their peers, and their community.

Thank you to today's wonderful emcee, former Hamilton Tiger Cat Peter Dyakowski; all the proud sponsors, but especially presenting sponsor Stelco; and, finally, SportHamilton President Helen Downey and the entire SportHamilton team. Your efforts and contributions have made today's event a phenomenal success.

Yours Sincerely,

A handwritten signature in black ink that reads "Andrea Horwath". The signature is fluid and cursive.

Andrea Horwath
Mayor



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Championship Teams and Athletes!



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Congratulations!

*2023
Champions*





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GREY CUP TICKET DRAW!

Save your registration ballots for a chance to win
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Draw will take place approximately 10:15 – 10:30 with the
Grey Cup Trophy and CFL Commissioner Randy Ambrose.



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PROGRAM

WELCOME

MASTER OF CEREMONIES

Peter Dyakowski

LAND ACKNOWLEDGEMENT

O CANADA

GREETINGS

Mayor Andrea Horwath
City of Hamilton

Honourable Neil Lumsden
Minister of Tourism, Culture and Sport

Trevor Harris
Stelco, Vice President of Corporate Affairs

Helen Downey
President, SportHamilton

SPECIAL PRESENTATION

Pure Energy Junior Tiger-Cat/Forge FC Dance Team

BREAKFAST

Basket of Breakfast Pastries, Western Omelette, Spiced Home Fries, Bacon, Pancakes, Hollandaise Sauce on the Side, Juice and Coffee, Tea

PRESENTATION OF AWARDS



R. A. RIDDELL SPORT ACADEMY ATHLETIC AWARDS

sponsored by Hamilton Tiger-Cat Alumni Assoc.

RECIPIENT: Sport Academy High Performance Award:
Kari Ostermeier

SCHOOL: Westmount Secondary School

RECIPIENT: Basketball Academy: Caitlin Connolly
SCHOOL: St. Thomas More Catholic Secondary School



HWCD SB ATHLETIC EXCELLENCE AWARD

Sponsored by Hamilton Bulldogs Foundation

RECIPIENT: Lauren Marrazzo
SCHOOL: St. Claire of Assisi Catholic Elementary School

RECIPIENT: Jacob Fidanza
SCHOOL: St. Teresa of Calcutta Catholic
Elementary School



MARY KEYES LEADERSHIP AWARD

Sponsored by PromoPlace

RECIPIENT: Addyson Hinrichs
SCHOOL: Sir Winston Churchill
Secondary School



GENE SUTTON YOUTH LEADERSHIP AWARD

Sponsored by Rising Stars

RECIPIENT: James Martin
SCHOOL: Sir Allan MacNab
Secondary School

RAY LEWIS YOUTH COMMUNITY SERVICE AWARD

Sponsored by T Litzen Sports Ltd.

RECIPIENT: Abigail Woods

SCHOOL: Mohawk College



STELCO PERSERVERENCE AWARD

RECIPIENT: Charlotte McElroy

CLUB: Burlington Vipers

SPECIAL FEATURE PRESENTATION

World Ironman Triathlon Champion
Sharon and Kevin Mackinnon

RECOGNITION OF SPONSORS

Introductions

INTRODUCTION OF HONOURARY GUESTS

1986 Grey Cup Champions
Tiger-Cat Alumni: Less Browne, Rocky DiPietro,
Leo Ezerins, Rob Hitchcock, Jason Riley

GREY CUP PRESENTATION & DRAW

CFL Commissioner Randy Ambrosie and
Grey Cup Trophy Draw for Grey Cup Tickets

SLIDESHOW OF HOMEGROWN CHAMPIONS

Video Presentation

MEDALLION PRESENTATION

Presenters: Brent Brandham, A.J. Gallagher
Hamilton Tiger-Cat Alumni

CLOSING REMARKS

Ed Valtenbergs, VP SportHamilton

Use your ballot to redeem your “special gift” after awards upon exit

THANK YOU FOR DONATING TO THE FOOD DRIVE TODAY

KEYNOTE SPEAKER

Sharon Mackinnon



Mackatak Triathlon Club - 60-64 Female
International Level - 1st Place Age group at Ironman World Championships

Sharon Mackinnon started running track and field as a nine-year-old and has made sports and athletics an integral part of her life ever since. Last year, she became the Ironman world champion in the women's 60 to 64 age group. Along the way, she competed in track and field in high school, university and with Hamilton Olympic Club, racing at the 1992 Olympic Trials in the 800 m. She continues to train almost every day, swimming, biking and running with her husband/coach (Kevin) and Mackatak Triathlon Club training buddies. In addition to her win in Hawaii last year, Sharon also won her age group at the World Triathlon Sprint Championships in 2008.

Sharon is currently working for the City of Hamilton Public Health Services as a Supervisor in the Vaccine Program. She has dedicated her entire career to Public Health Services and has a lifelong passion for learning. Sharon is a proud graduate of the University of Toronto (BPHE), Queen's University (BScN), and Yorkville University (MEd).



photo Kevin Mackinnon

Sharon Mackinnon finishes the Ironman World Championship

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HAMILTON HOMEGROWN CHAMPIONS

ANCASTER ANGELS BASEBALL - U13 MALE BASEBALL

COACHES/STAFF: Geoff Brown, Greg Dunnett, Joe Hawkins, Greg Kostandoff

Chase Brown	Liam Hawkins	James Kostandoff
Mason Brown	Henry Hawkins	Connor Southworth
Cohen Dixon	Andrew Hopcraft	Peyton Young
Camden Dunnett	Josh Hopcraft	

ANCASTER LITTLE LEAGUE DIAMONDBACKS - U13 MALE LITTLE LEAGUE BASEBALL

COACHES: Ryan Green, Ryan Hall, Sean Hall, Matt Smart

Evan Armstrong	Brady Hall	AJ King
Jacob Ault	Christian Hall	Holden Mullen
Wesley Boyd	Matteo Hall	Liam Smart
Keegan Green	Nic Hustler	

BISHOP RYAN CATHOLIC SECONDARY SCHOOL - GIRLS WRESTLING

COACHES: Sheldon Francis, Alexis Hill-Francis, Derm Tilley

Elma Albaba	Charlize Goddard	Deanna Rawn
Ella de Almedia	Claudia Landry	Isabella Rendina
Taylor Engelen		

BISHOP TONNOS CATHOLIC SECONDARY SCHOOL - SENIOR GIRLS VOLLEYBALL AAA

COACHES: Dennis Cerovac, Alvisia Maga

Eva Aleksa	Kennedy Llewellyn	Maryn Petrie
Estelle Buist	Avaya Maga	Abby Smith
Alyssa Cerovac	Katie Malarczuk	Olivia Solly
Ava Connelly	Coralie Muco	Emma Sukan

BURLINGTON GYMNASTICS CLUB - FEMALE 12-14

COACHES: Jenna Gleza, Kathy Hubbard, Alexa Takacs

Cassandra Janicas

CATHEDRAL HIGH SCHOOL - SENIOR GIRLS BASKETBALL AAA

COACHES: Kevin Daly, Sandra Daly, Luca Fortino

Atteyla Barichello-Herrera	Nicole Daly	Kaylor Rosos
Nubeah Clarke	Rachel Daly	Kylie Rosos
Beatrice Clausen	Maya Flynn	Tea Papalia
Keira Daly	Angelina Medeiro	Amy Varrasso

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COACHES: Susan Canfor, Cathy Isowa

Swimming

John Addison
Susan Canfor
Brian Knight
Maryann Knight
Joan Millard
Marianne Paciocco
Aubrey Smith

Cycling

Larry Madill
Susan Wakele

Bridge

Gudrun Mitterling
Peter Vanderwerf

Pickleball

Linda Kawamoto
Tom Kawamoto
Steve McCoy
Blair Sicard

Golf

Irene Stuckey

DUNDAS VALLEY SECONDARY SCHOOL - OFSAA CROSS COUNTRY NOVICE BOYS

COACH: Mike Smith

Matthew Beyer
Owen Craddock

Fynn Gibson
Jackson Ortwein

Jakob Peshko
Noah Weingartner

EVA MARTENS - FEMALE 40-45 (81KG) WEIGHTLIFTING

Battlefield Strength

COACH: Craig Vandeweghe

FLAG FOOTBALL ACADEMY PIRANHAS - U10 BOYS

COACHES: Jon Behie, Bryan Crawford

Jayden Asselstine
Will Behie
Thomas Crawford
Conor Duffy

Wes Hall
Brayden Heaney
Van Lewis

Draeden Meade
Riley Rol
Eduard Valtenbergs

GOLDEN HORSESHOE CYCLING HUB

COACH: Amy Maher

U13 Track/Cycling

Addi Marcynuk

Women's Cycling (Track & Mountain Bike)

Amy Maher

HAMILTON INTERNATIONAL CHILDREN'S GAMES - U15 FEMALE VOLLEYBALL

COACHES: Janine Gaunt, Samara Sevor

Tayanna Bernal

Zile Eglitis

Suraya Khan

Chloe Lessard

Ava Montesano

Avery Rutledge

Layla Sevor

Abby Swackhammer

HAMILTON LACROSSE BENGALS - U9 MALE

COACHES: Brent Love, Adam Solonenko

Nicholas Barclay

Adrian Di Cenzo

Quinn Edwards

Kane Farmer

Wesley Gibbs

Korvin Hill

Owen Howie

Evan Jones

Kaleum Miller

Bennett Montague

Arlin O'Marra

Brett Solonenko

Landen Tolman

Owen Welch

Xavier Williams

HAMILTON LACROSSE BENGALS - U15 FIELD TEAM

COACHES: Greg Gillis, Jacob Moir, Derek Searle

Matthew Cafagna

Liam Dolman

Kason Edwards

Anerahitine Green

Ryan Hedgcock

Daniel Herder

Ethan Hicks

Corbin Hill

Carson Jamieson

Jack Morrison

Cole Murphy

Jake Peshko

Anthony Rao

Chase Sanislo

Myley Vidal



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all the teams and
athletes on your
accomplishments!**

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HAMILTON OLYMPIC CLUB - AGES 14 - 20 DIVISION A, CO-ED TRACK AND FIELD

COACHES: Marcello Campanaro, Heidi Davidson

Deon Amoo

Quintin Nelson

Greyson Smiarowski

Simone Gravesande

Luca Rosa

Victoria Zolaturiuik

Michael Kerr

HAMILTON OLYMPIC CLUB - U15 INTERMEDIATE CO-ED TRACK AND FIELD

COACHES: Michael Smith, Jane Castelli

Tori D'Angela

HAMILTON SKATING CLUB

COACHES: Jennifer Jackson, Bryce Davidson

Angela Huang

Abbie Baltzer

Quinn Startek

HAMILTON SPECIAL OLYMPICS SKATING PROGRAM - LEVELS 1-5 CO-ED SKATING

COACHES: Kathy Pickard, Jenna Smith-Turchyn

Brianna Dilipkumar

Tim Goodacre

Nicole Vespa

HAMILTON TRANSWAY BASKETBALL - U12 MAJOR ATOM FEMALE

COACHES: Adele Badke, Lisa Ciancone, Janice Opsteen

Adriana Tecu

Brianna Turkstra

Maya Turkstra

Alli-May Haalstra

Madeline Munn

Payton Turkstra

Angelina Ricca

Madeline Wadden

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HAMILTON VARSITY TIGER-CATS - U18 MALE FOOTBALL AAA

COACHES/STAFF: Rob Underhill, Barb Watts, Anthony Macaluso, Chris Bartolomeo, Lino Battalana, Matt Giordano, Sal Fieta, Jamie Barresi, Adam Grandy, Josh Keus, Cartier Shields, DeEmetrius Masuka, Nanayeh Serbah, Giuseppe Fabrizio, Curtis Newton, Brandy Ireland-Keus, Dave Watts

Lucas Barresi
Ryan Begadon
Michael Borota
Zephi Brooks
Logan Carne
Tyler Chomos
Jack Cino
Brody Corbett
Austin Edmonds
Dante Finoro
Luca Finoro
Matthew Frketchi
Nicholas Garcia
Trenton Garden
Jonah Glueheisen
Carter Gooden
Ky'Mani Grant
Justin Haynes
Michael Horvat

Kaleb Horvat-Rankin
Jahkeem Irons
Conor Lavery-Tomlinson
Asher Lavoie
Marlon Mcpherson
Nolan Methot
Anthony Misale
Trey Montour
Malcolm Moore
Aidan Moore
Gianluca Muraca
Zachary Pain
Markus Palermo
Mikhael Pegg
Braxton Peters
Aiden Pielechaty
Aidan Pietrzyk
Collin Quan-Soon

Francesco Romano
Jack Rousell
Mason Said
Dante Santos Dos
Arjun Sharma
Isaiah Shields
Kymari Smith
Jack Stanley
Ben Swick
Luca Tassone
Jackson Taylor
Jacob Tiffany
Sean Underhill
Juan Vasquez
William Wilkinson
Evan Wilson
Shane Wismer
Adam Woods

HAMILTON WILDCATS - 18+ FEMALE AUSTRALIAN RULES FOOTBALL

COACHES: Melissa Mancini, Jeff Winstanley, Trent McIlroy, Tricia Rolfe

Gabriel Arias
Carmen Boutot
Melissa Charron
Christina Ciulla
Abbey Clark
Narelle Day

Caroline Desmeules
Brittany Fletcher
Krysta Geloso
Sofia Gordon
Kelli Gruhl
Jaclyn Halliday

Lise Kiefer
Aveda Mancini
Melissa Mancini
Julia Morgan
Joanne Nguyen
Sarah Ross

JUMPSATIONS COMPETITIVE ROPE SKIPPING TEAM

COACHES: Craig Crawford, Shannon Fox

Vienna Bielicz
Marissa Bigelow
Mackenzie Blair
Meghan Booth
Rachel Booth
Allysa Ciancio
Matthew Delorey
Alexis Dias
Julia Dias

Ryanne Evans
Hannah Evans
Esther Evans
Rosie Gladstone
Emily Hambleton
Brittany Harding
Evelynn Hoover
Mya Hruska
Sophia Jeffrey

Violet McKenzie
Mio Owen
Aylla Peters
Kiana Russell-Sedore
Kaitlyn Simpson
Amanda Taylor
Mackenzie Thompson
Taylor Thompson
London Wright

MCMASTER MARAUDERS JR. WRESTLING CLUB - U16 CADET FEMALE

COACHES: Alexis Hill-Francis, Emily Ling

Ella de Almeida

Taylor Engelen

MCMASTER MARAUDERS JR. WRESTLING CLUB - U18 JUVENILE CO-ED

COACHES: Emily Ling, Derm Tilley

Baylee Benttencourt-Charron

Aiden Nedelko-Payne

MOHAWK COLLEGE CURLING

COACHES: Betty Calic, Simon Ouellet

Jacob Jones
Eric Just

Hunter Kuhlmann
Liam Little

Joel Matthews

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MOUNTAIN VOLLEYBALL CLUB - U18 FEMALE

COACHES: Karen Graham, Albie O'Hanian

Mary Andrikopoulos	Maya McNabney	Ava Roodbal
Claire Carter	Talia Nixon	Hope Simpson
Ava Connelly	Ada Nunn	Brianne Whalen
Lauren MacPhail	Shelby O'Hanian	

PICKLEBALL HAMILTON

55+ Division 4.0 Co-Ed **55+ Division 3.5 Male**

Linda Kawamoto	Steve Mcoy
Tom Kawamoto	Blair Sicard

LINDA ROUSSEAU

Team Canada/Iron Valley Strength and Powerlifting – Powerlifting Master 4 (70-80)

COACH: Frances Manias

STEELTOWN BOXING CLUB - FEMALE 16-19

COACHES: Chris Kawamura, Dante Powell, George Vergos, PJ Chalak,
Robert Wilcox, Spencer Wilcox

Victoria Vergos

STONEY CREEK SABRES HOCKEY - U15 FEMALE AA

COACHES: Lee Bishop, Kathryn KennedyMorrison, Alissa Settini

Sadie Allen	Briar Deckers	Aubrey Morrison
Ashlyn Armstrong	Lily Farago	Maddie Round
Mackenna Banfield	Mackenzie Ferguson	Aubrey Sartor
Mikayla Barnes	Gulianna Kalpakis	Brynn Sartor
Hunter Burch	Cady Kowalow	Julia Sayej
Anna Corfield	Aubrey Lagrotteria	

STONEY CREEK SABRES HOCKEY - U18 FEMALE AA

COACHES/STAFF: Spencer Abbott, Taylor Abbott, Carley Blomberg, Brad Carter,
Scott Morrison, Alissa Settini

Peyton Anzivino	Maren Capannelli	Nicole Rowan
Tara Bach	Ashlyn Carter	Chelsea Tiller
Ava Beck	Jaela Carter	Caleigh Tiller
Aviah Bramer	Mya Castrillo	Jordyn Vandenakker
Darragh Browne	Rylie Griffiths	Holly VanNetten
Madison Burr	Karsyn McManus	

THE WARRIOR FACTORY HAMILTON - MALE 9-10, NINJA

COACHES: Selina Buesink, Jeremy White

Hunter Buesink

KYLE SCOTT - BC1 PARA ATHLETE, BOCCIA

SPORT ASSISTANTS: Silvana and Colin Scott

COACHES: Kim Morgan, Ed Richardson



Congratulations athletes!

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